



Summary

+	Getting to the essentials	5
+	Courses and orientation	8
	SUPPORT AND ADMINISTRATIVE INFORMATION	
	ENROLMENT	
	STUDENT LIFE	
	DISABLED STUDENTS	
	STUDYING ABROAD	
	EDUCATIONAL INSTITUTIONS	
	ORIENTATION	
+	Housing	16
	SOME ADVICE FOR THE SEARCH	
	THE VARIOUS TYPES OF HOUSING	
	PRACTICAL TIPS BEFORE YOU MOVE IN	
	MOVING IN	
	A SHORT GLOSSARY OF HOUSING TERMS	
+	Getting insurance and healthcare	30
	GETTING HEALTHCARE COVERAGE	
	GETTING TREATMENT	
	PREVENTION AND COUNSELLING	
+	Practical information	40
	FINANCING YOUR STUDIES	
	EATING	
	GETTING AROUND	
+	Enjoying the cultural life of Lyon	54
	HISTORICAL HERITAGE	
	MAJOR CULTURAL EVENTS	
	LIVE ENTERTAINMENT	
	MUSEUMS	
	CINEMAS, LIBRARIES AND BOOKSTORES	
	CULTURAL LIFE AT YOUR EDUCATIONAL INSTITUTION	
+	Integrating and participating	66
	GOVERNING BODIES AND ASSOCIATIONS	
	FORUMS FOR DEBATE	
	PLACES OF WORSHIP	
	PLAYING SPORTS	
+	International students - Find out more	78
	THE ADMINISTRATIVE STEPS TO TAKE WHEN YOU ARRIVE	
	THE EUROPEAN HIGHER EDUCATION AREA	
	IMPROVING YOUR FRENCH IN FRANCE	
	GETTING INSURANCE AND HEALTHCARE	
	WORKING WHILE YOU STUDY	
	BANKS AND MONEY	
	EATING	
	ASSOCIATIONS TO HELP YOU INTEGRATE	
	CULTURAL CENTRES	
+	Understand abbreviations	100
+	Hotline	

Édito

To the students of Lyon: you, and your educational institutions, are one of this city's greatest strengths.

You are one of Lyon's greatest strengths because there are more than 120,000 students enrolled in the institutions of higher education, which offer you a wide range of study programmes. These programmes are underpinned, in the universities and the grandes écoles, by the scientific research activities of your instructors, who represent a potential for creativity that is truly remarkable and that contributes substantially to the international renown of our city. You are one of our city's greatest strengths thanks to your presence in the city, your activities and your talent for leadership. All these things weave the social fabric that brings us together, and help make our city more appealing.

Welcome, new students!

Welcome, international students! Every year, more and more of you enrol in the educational institutions of the network of universities in Lyon, the PUL, thanks to the support of the Rhône-Alpes Region, the City of Lyon, the PUL and the CROUS, which together wish that you will become this city's best ambassadors.

This 2006/2007 guide is designed to help you succeed in your role as a student and citizen in Lyon. It is a tool that will help you with:

- your everyday life, by giving you practical information, as well as places and resources that will be able to give you advice
- the city and its region, by helping you discover them and become a player in your own right in the university life of the city.

Welcome to Lyon. We wish you an excellent start to your study programme.



Gérard COLLOMB
Senator
Mayor of Lyon



Pierre LAREAL
Deputy Mayor
University and Research
Delegate
Councillor of Greater Lyon



Philippe GILLET
President of the PUL



Denis LAMBERT
Director of the CROUS



Lyon and its region

THE SECOND-LARGEST ECONOMIC CENTRE IN FRANCE

The Rhône-Alpes region is the second-largest economic centre in France and ranks amongst the leading major economic areas in Europe. Its population is as dense as Denmark or Finland. In terms of size, it is comparable to the largest German regions. It shares borders with Switzerland and Italy.

Its remarkable location at the heart of Europe means that Lyon is an average of an hour and a half away from all the major European cities, thanks to a high-performance transportation network including air (Lyon Saint-Exupéry Airport), road and rail (3 high-speed train stations) links. By train, Lyon is just 2 hours from Paris and the Mediterranean Sea, an hour and a half from the Alps, 2 hours from Switzerland (Geneva) and 4 hours from Italy (Turin).

It owes its vitality to a very broad range of agricultural, industrial (mechanics, pharmaceutical, healthcare, chemicals, textiles, IT etc.) and service businesses. Other key sectors include high technology, which is underpinned by research and higher education, as well as tourism, both in the winter and summer months. The Rhône-Alpes region is committed to a very active international policy, investing in many cooperation programmes with various regions in Europe and around the world. It supports the international development of its educational institutions and the mobility of its students.



3

+ Population :

Lyon	450 000 habitants
Communauté urbaine de Lyon	1 200 000 habitants
Région Rhône-Alpes	5 700 000 habitants

+ Students in Rhône Alpes

Pôle Universitaire de Lyon	98 000 étudiants
Université de Grenoble	48 000 étudiants
Université de Savoie	12 000 étudiants
Université Jean Monnet St Etienne	14 000 étudiants



Lyon and its region

AN EXCEPTIONAL ENVIRONMENT

4

+ An exceptional environment:

Due to the diversity of the influences on its climate and to the variety of its landscapes, with the Massif Central Mountains to the west, the Valley of the Rhone in the centre and the Alps to the east, the Rhône-Alpes region has a remarkable, well-protected natural environment. Nature parks cover 10% of its area.

Being so close to Provence, the Mediterranean Sea, the Alps and key wine country areas means that you have a vast array of possibilities for day trips. As Lyon is geographically situated at the heart of the Rhône-Alpes region, it's easy to go on cultural, sports or gastronomic outings, or simply sightseeing trips.

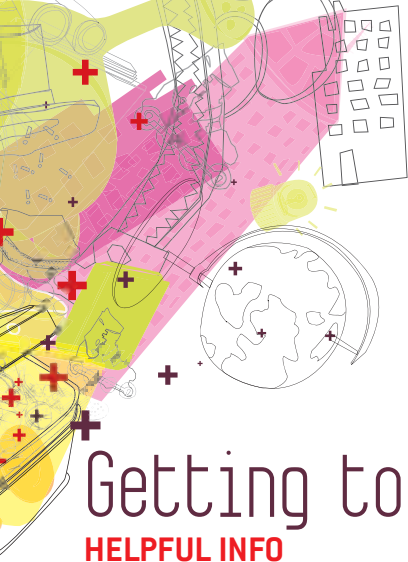
+ A few day and weekend trips:

- To the north east, La Dombes, which you can discover on the "Route des Etangs" or Pond Road, is a natural haven for birds: the Bird Park of Villars-les-Dombes counts some 250 species (45 minutes away).
- The "Village des Pierres Dorées", in the Beaujolais Mountains (45 minutes away)
- Hiking in Lyon's mountains (30 minutes away)
- Sapins Lake in the Beaujolais highlands (30 minutes away)

- The many castles and villages around Lyon (30 minutes away)
- Pilat Nature Park (www.parc-naturel-pilat.fr) and its 1,500 km of marked footpaths (1 hour away)
- The ski resorts of the Alps (www.skifrance.fr) (an hour and a half away)
- The Gorges of Ardèche (2 hours away)
- The Provencal Drome area (an hour and a half away)
- Heading due south, the Lubéron or the Mediterranean Sea, with Marseille and its coves, are feasible for weekend trips (2 and a half hours away).

+ For more information:

- Tourist Office of Lyon – phone: 04 72 77 69 69
Place Bellecour- (Monday through Saturday from 10:00 am to 6:00 pm; Sundays from 10:00 am to 5:30 pm) www.lyon-france.com
- <http://www.crt-rhone-alpes.fr/>
phone: 04 72 59 40 00
- The "Guide du Routard de Lyon et environs", sold in bookstores and online at www.routard.org



Getting to the essentials

HELPFUL INFO

+ Lyon Campus:

www.lyoncampus.org

Lyoncampus.org is a website for students in the Lyon urban area; it's a goldmine of information to help you get by in our city and make the most of your courses and your spare time. Lyon Campus also posts daily news updates to keep you in the know about the latest student initiatives, cultural events, conferences, competitions, job and job-placement ads and more.

Also, check out the websites of the City of Lyon and the Tourist Office:

www.lyon.fr - www.lyon-france.com

+ Espace Multi Services Etudiant (Multi-Service Student Centre):

This centre is open at the beginning of term, from September 4 through 29, 2006, Monday-Friday from 10:00 am to 5:00 pm.

CROUS of Lyon

Madeleine Cafeteria

360, rue Garibaldi - Lyon 7th district

This centre offers support and information at the

beginning of term, to help you settle in and to answer your questions:

- For information on practical matters, sports and culture: Rhône-Alpes Region, City of Lyon, Com'Et/PUL, International Information Centre/PUL-Office of the Rector, CROUS of Lyon St Etienne

- Support for international students: Rhône Prefecture, CII

- Housing/job info: "Logement en ville" (Housing in town) of the CROUS, CAF, CLLAJ, CRIJ of Lyon, AFIJ

- Healthcare and health promotion: Mutual insurance companies (LMDE and SMERRA), Counselling associations and other health-promotion associations

- Disabled students: Support services for disabled students at the PUL locations and at partner service associations

- Services: Telephony, Banking, SNCF (train tickets), TCL (Lyon Urban Transit System)

- Computer access: 16 self-service computers, WiFi hotspot

Find out more from:

. **www.universite-lyon.fr/vie-etudiante**

. **www.lyoncampus.org**

. **vie-etudiante@universite-lyon.fr**

. **comet@universite-lyon.fr**

. **www.crous-lyon.fr**

getting to the essential

CAMPUS INITIATIVES

25, rue Jaboulay - Lyon 7th district - 1st floor -
04 78 58 51 89

www.lyoncampus.org/initiatives

This resource centre supports associations and student projects, providing students with totally free access to media to help them publicize their humanitarian, solidarity-related, sports and recreational projects.

We offer space, tools and a website to promote student initiatives. Come see us and start a project!

+ Com'Et – Support - Info - Culture

PUL (Lyon University Network)

25, rue Jaboulay - 7th district - 04 37 28 05 06 -

comet@universite-lyon.fr

www.lyoncampus.org/comet

www.universite-lyon.fr/vie-etudiante

Open Mondays from 9:30 am to 12:00 noon and from 1:00 pm to 5:30 pm, and Tuesday through Friday from 9:30 am to 5:30 pm non-stop.

This centre offers support and information to put culture within your reach, through their monthly "Plan'E't Culture" programme and discount tickets and invitations to shows with your student card. They also support cultural projects led by student associations.

Com'Et offers free Internet access and discount services, and will direct you to other organisations that might be helpful to you.

Services: free Internet access, photocopying [€0.15 a page], printing [€0.10 a page], faxes [€1 in France; €1.50 to foreign countries].

+ CII (International Information Centre)

25, rue Jaboulay - 7th district - 04 72 73 24 95 -

cii.lyon@ac-lyon.fr - cii@universite-lyon.fr

www.universite-lyon.fr/cii helpline operates

Monday through Friday from 9:00 am to 5:30 pm.

Open to walk-in public from 1:30 pm to 5:30 pm.

The CII advises and informs international students about study in Lyon, language courses and administrative procedures. They also inform French students about study-abroad programmes [studies and work placements abroad].

The CII is also part of the European Euroguidance network, which links together orientation resource centres with the aim of promoting youth mobility.

www.euroguidance-France.org

They speak English, Italian and Spanish.

+ CROUS of Lyon

59, rue de la Madeleine - 69366 Lyon cedex 07

04 72 80 17 70

www.crous-lyon.fr

The CROUS is the primary source of assistance for students. You can get valuable advice there on: housing, restaurant services, grants, healthcare and all the administrative steps you need to take. Additionally, their social assistance services are there to help if you run into problems. Access for disabled people: facilities are usually on the ground floor – some residence hall rooms are specially equipped for students with motor disabilities. The central CROUS locations offer most of their services on the ground floor and can be reached from street level. The Puvis de Chavannes and Madeleine restaurants, as well as the Com'Et and Europe (Bron) cafeterias, offer access for disabled people. The Althéa, Antonins, Puvis de Chavannes, Paradin, Garibaldi, Croix du Sud, Paul Bert and Arches d'Agrippa residence halls feature rooms designed for disabled people.

+ CRIJ Rhône-Alpes Lyon (Regional Youth Information Centre)

10, quai Jean Moulin 69001 Lyon

04 72 77 00 66 - www.j-net.org

Open Monday through Friday 10:00 am to 6:00 pm

They have 500 fact files that provide answers to all sorts of questions on teaching, careers, employment,



training, daily life, housing, sports and cultural activities, foreign countries, healthcare and holidays. They also have reference materials and legislation documents about employment and new business creation, and they keep directories (i.e. Kompass). They offer Internet access (5 terminals), at their "Point Cyb" centre for €1.50 per half hour or with a card that costs €10 for 3 months or €20 for the whole year.

Check out their job offers (supervision, babysitting, youth measures, social sector etc.) and housing ads in person or with Minitel:

The CRIJ also publishes a guide to Lyon and winter and summer job guides.

+ "Lyon en direct" helpline:

04 72 10 30 30

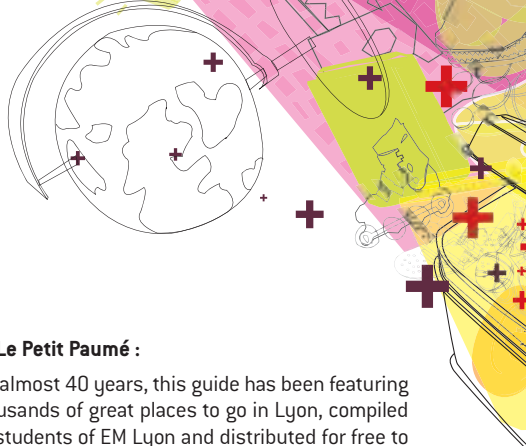
Here's the city at your fingertips! Need help completing a procedure? This city-sponsored service is here to listen and try to answer any questions you may have about topics concerning Lyon. Also, don't forget about the official website of the City of Lyon: www.lyon.fr

+ "Allo Service Public" helpline (dial 3939):

This phone service will get you answers in less than 3 minutes to any question you may have about topics as varied as formalities and procedures, spending, housing, healthcare, work, agriculture, customs, the national education system and more.

You can call anytime Monday through Friday from 8:00 am to 7:00 pm and on Saturdays from 9:00 am to 2:00 pm. The charge is €0.12/minute.

www.service-public.fr



+ Le Petit Paumé :

For almost 40 years, this guide has been featuring thousands of great places to go in Lyon, compiled by students of EM Lyon and distributed for free to all Lyon inhabitants at the end of October, on the big squares in Lyon (Bellecour and the Part Dieu shopping mall). Also available online:

www.petitpaume.com

+ Internet access

The higher-education schools and universities now offer free Internet access. Find out more at your educational institution.

At Internet cafes and other places: find their locations on:

www.carto.lyon.fr/lapi





Courses and orientation

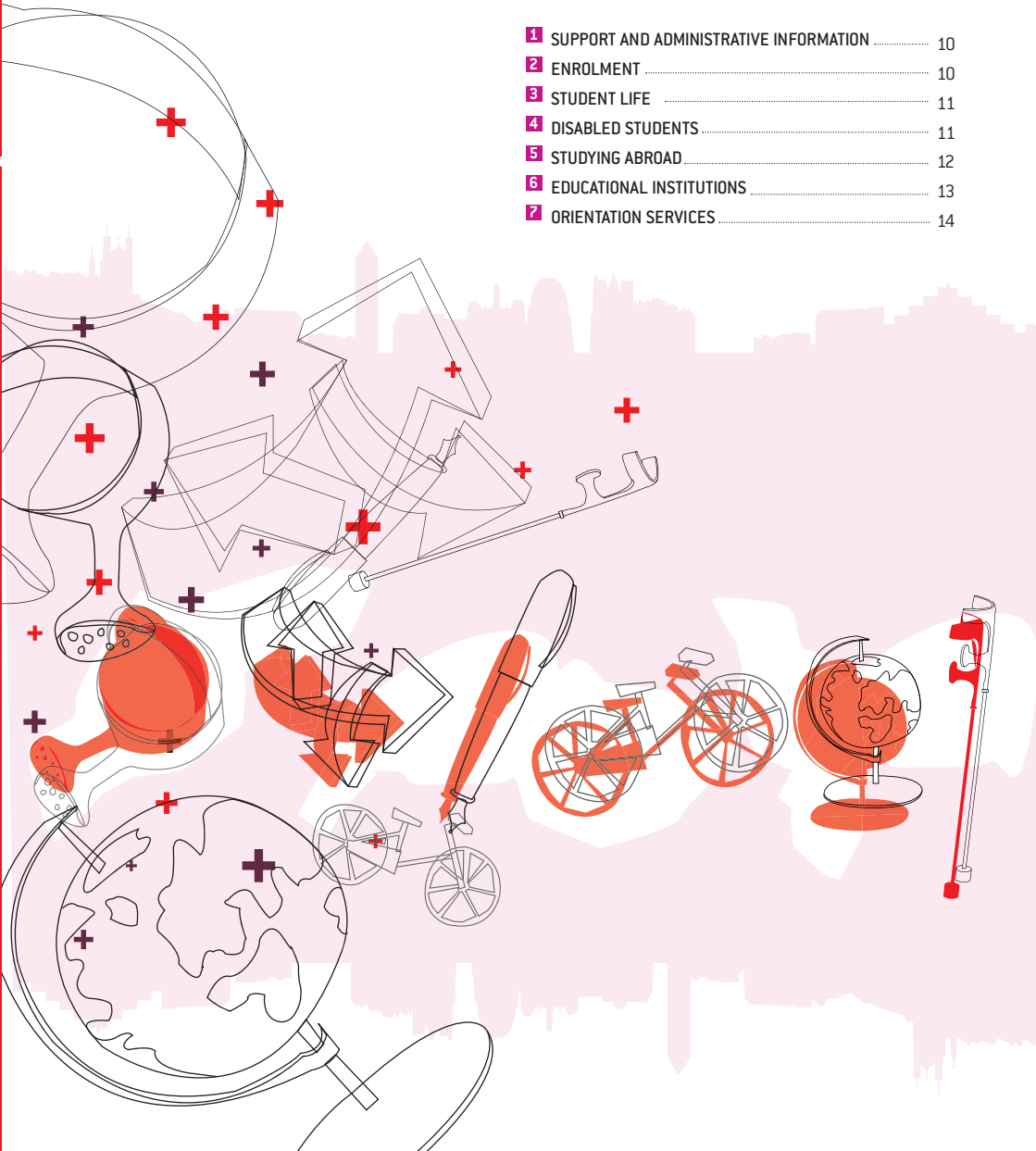




You are now one of the 120,000 students who come to Lyon every year. Lyon is the second-largest university town in France, after Paris. The educational institution you are attending is the best place to go for answers to any questions you may have about your studies.

15,000 international students study in Lyon, including 2,500 through exchange programmes. They represent over 13% of all students.

1	SUPPORT AND ADMINISTRATIVE INFORMATION	10
2	ENROLMENT	10
3	STUDENT LIFE	11
4	DISABLED STUDENTS	11
5	STUDYING ABROAD	12
6	EDUCATIONAL INSTITUTIONS	13
7	ORIENTATION SERVICES	14



Courses and orientation

1 SUPPORT AND ADMINISTRATIVE INFORMATION

Need some information or help about the courses you have chosen? Are you missing some documents, or have you got stuck in red tape? Each university offers information and orientation services to answer your questions or refer you to the appropriate department for help with the enrolment process:

+ Claude Bernard Lyon 1 University

The SOIE (Service for the professional orientation and integration of students)
Doua Science Park - Building Quai 43
04 72 44 80 59 - soie.univ-lyon1.fr

On the Rockefeller campus:
8 avenue Rockefeller 69373 - Lyon cedex
08 - 04 78 77 70 92 (Tuesdays and Thursdays)

+ Lumière Lyon 2 University

SCUIO Porte des Alpes – Guidance/Orientation Centre:
04 78 77 23 42 et 23 61 - www.univ-lyon2.fr -
scuio@univ-lyon2.fr

NEW! CYBER SCUIO

At Lyon 2, students can use their own computers [fourni ?], to look up fact sheets from the CIDJ [Career Advisory Centre] for guidance and information, free of charge.

Berges du Rhône Campus - 4, bis rue de l'Université,
Lyon 7th district - 04 78 69 74 38 or 74 32

+ Jean Moulin Lyon 3 University

- Central Information Office
04 78 78 77 88 - accueil@univ-lyon3.fr
- SCUIO office 6, cours Albert Thomas
69008 Lyon
04 78 78 78 40

Self-service documentation room: 04 78 78 78 32 or 31
scuio@univ-lyon3.fr

+ Catholic University of Lyon

University Office and Student Life Information Centre
25, rue du Plat – 69288 Lyon cedex 02
su@univ-catholyon.fr
Contact : Sophie Jamin - 04 72 32 50 95

2 ENROLMENT

+ To get a feel for your future institution before moving to Lyon, or if you would like to switch to another one the following year, come to the Open House Days organised by the educational institutions (usually sometime in February).

+ To enrol at a university for the first time, check these sites as early as March:

www.univ-lyon1.fr
www.univ-lyon2.fr
www.univ-lyon3.fr

+ To enrol at a higher-education school, go directly to their website or call the number indicated. You will be required to provide the following items:

- a copy of your family record book or of your ID card
- a copy of the health insurance certificate of your parents or of the person whose healthcare plan provides coverage for you, or of your own health insurance certificate ("Vitale" card for students residing in France)
- for international students, a copy of your passport or of your residence permit
- your definitive grant certificate, if you have a student grant
- your employment contract, if you are employed

→ International students: further information on p. 80



3 STUDENT LIFE

In every educational institution, you will find a Registrar's office, a student life office and an information centre. The centres listed below are places where you can go to find information, support, interaction and associations. Don't hesitate to go check them out.

+ Claude Bernard Lyon 1 University

- Bureau de la vie étudiante (Student Life Office) - Astrée Building
69622 Villeurbanne cedex - 04 72 43 19 64
bureau.vie.etudiante@univ-lyon1.fr
- Open on Mondays on the Rockefeller campus from 10:00 am to 4:30 pm. - 04 78 77 75 00

+ Lumière Lyon 2 University

- Maison de l'étudiant (Students' House) - Porte des Alpes Campus Avenue Pierre Mendès-France - 69676 Bron - Reception : 04 78 77 43 83
The "Maison de l'étudiant" (Students' House) hosts 4 services :
- Associations with SESAME (Association Service of the Students' House) To contact the associations - go to office 112 - or phone 04 78 77 26 13
contactassoetudiantes@univ-lyon2.fr
 - The office of student vice presidents. Contact Baptiste Trallero : Baptiste.Trallero@univ-lyon2.fr 04 78 77 43 39 or Chaineze Kabouya : Chaineze.Kabouya@univ-lyon2.fr - 04 78 77 31 50
 - Commission for disabled people [cf. p.8]
 - MAEVA : the information centre for international students [cf. p.9]

+ Jean Moulin Lyon 3 University

- Point d'accueil vie étudiante - vie sociale (Student Life / Social Centre) 18, rue Rollet - 69008 Lyon (Entrance Pavillon FG – 1st floor) 04 78 78 74 67 ou 04 78 78 70 09
Michelle Bonnamour (bonnamou@univ-lyon3.fr)
Michelle Machet (machet@univ-lyon3.fr)

SCHOOL HOLIDAYS AND BANK HOLIDAYS:

- Autumn holidays, from October 27 through November 6, 2006
- 11 November (Armistice)
- Christmas 2006: from Friday December 22, 2006 in the evening through Wednesday January 8, 2007 in the morning
- February 2007: from Friday February 16, 2007 in the evening through Monday February 26, 2007 in the morning
- Spring break 2007: from Friday March 30, 2007 in the evening through Monday April 16, 2007 in the morning
- May 1 (Labour Day) and May 8 (Armistice)
- Ascension Thursday – May 24, 2007 (usually, the universities are closed on Friday so students have a long, 4-day weekend)
- Summer holidays at the beginning or middle of June
- July 14 (Bastille Day)
- August 15 (Assumption)

Administrative agencies, banks and businesses are mostly closed on bank holidays.

11

4 DISABLED STUDENTS

The universities are equipped to facilitate access for disabled students (installation of access ramps, clear signposting for the visually impaired and disabled toilets).

Disabled students are legally entitled to special arrangements for exams (written tests): an extra third of the exam time (as long as the student has made an official request to the university and has been issued a medical certificate by the physician of the university's preventive medicine unit).

Example: where an exam is scheduled to last 3 hours, the disabled student will have 4 hours. Disabled students may also be provided with an exam secretary

Courses and orientation

“Missions Handicap” (services for disabled students) brings together able-bodied and disabled students through the work of a university coordinator, in order to ease the integration process of disabled (and injured) students into university

+ Mission Handicap Lyon 1

Manager: M. Charlin

Doua Campus

43, bd du 11 novembre 1918 - bâtiment Astrée
(Ground Floor)

1st cycle - 69622 Villeurbanne cedex - 04 72 43 14 77

<http://handy.univ-lyon1.fr>

+ Commission Handicap Lyon 2

Porte des Alpes Campus – MDE office 109

5, avenue Pierre Mendès-France - 69500 Bron

04 78 77 31 05

Contact Louisa CHARFA

louisa.charfa@univ-lyon2.fr

or Frédéric GUINARD

frederik.guinard@univ-lyon2.fr

+ Mission Handicap Lyon 3

Manager: Magali Lastricani

mлаstric@univ-lyon3.fr

18, rue Rollet - 69008 Lyon - Mezzanine pavillon EG

04 78 78 78 01

+ Catholic University of Lyon

The Catholic University works with Lyon 2 to accommodate disabled students. You can obtain information from the University and Student Life Information Office of the Catholic University.

04 72 32 50. The Carnot campus is equipped for disabled access.

+ URAPEDA

<http://www.urapeda-rhone-alpes.org>

Regional Union of Associations of hearing-impaired children. Guide service for deaf and hearing-impaired students.

27, rue Paul Verlaine - 69100 Villeurbanne

04 78 68 70 33

urapeda.rhone-alpes@wanadoo.fr

5 STUDYING ABROAD

Stays abroad are an increasingly common feature of university curricula, in particular through agreements between the universities of different countries, across Europe and beyond. The international relations services (or divisions) (SRI-DRI) of schools and universities are the first point of call for French students abroad on exchange programmes, and for international students who come to study in France.

Your contacts at the university are:

+ SRI Lyon 1

Service central – La Doua - Maison de l'Université –

1st Floor– 43 Bd du 11 novembre 1918 – 69622

Villeurbanne cedex – 04 72 43 12 13

+ SRI Lyon 2

- Campus Berges de Rhône - 86 rue Pasteur

69365 Lyon Cedex 07 - For students coming to

Lyon or going abroad as part of a programme or an exchange 04 78 69 74 53

- Campus Porte des Alpes - Maison de l'Etudiant

04 78 77 31 75 - 5, avenue Pierre Mendès France

69676 BRON cedex



+ SRI Lyon 2

Manufacture des tabacs - 6 rue Rollet (Wing F – South Courtyard – Ground Floor) 04 78 78 70 08 or 04 78 78 73 72

ortillez@univ-lyon3.fr - tabaret@univ-lyon3.fr

An association for law students at Lyon 3:
ELSA Lyon (European Law Student's Association)
6 cours Albert Thomas 69008 Lyon
04 78 78 79 35 or 06 77 82 76 28

www.elsafrance.org/lyon

TRANSLATION OF OFFICIAL DOCUMENTS

The list of sworn translators can be found on the website of the Court of Appeals of Lyon <http://www.ca-lyon.justice.fr/>, in the list of experts

CII (International Information Centre)

25, rue Jaboulay - 69007 Lyon

04 72 73 24 95 - cii.lyon@ac-lyon.fr

This service, of the PUL (Lyon University Network) and of the Office of the Rector of Lyon, welcomes students on the move, whether they are coming to Lyon or going abroad on an individual basis. It provides information and guidance to international students, about studying in Lyon and in France in general, as well as on enrolment procedures, administrative formalities and the problems they may encounter while settling in and going about their daily life in Lyon. The CII also informs all students about possibilities for study, training and work placement programmes abroad.

For nationals of the European Union (EU):

The CII belongs to the Euroguidance network, a guidance resource centre, which promotes mobility across Europe and the development of the European aspect of orientation programmes.

Want to travel to a European country? Visit

www.euroguidance-france.org

All the services of the international relation of establishments of PUL are on universite-lyon.fr

"ALTER EGO": BECOMING FLUENT IN A FOREIGN LANGUAGE

The "Alter Ego" programme, which was initiated by Lyon 2 University, links you up with an international student! Get more information at <http://etu.univ-lyon2.fr/etu793/>, or send an e-mail to alter-ego@univ-lyon2.fr

Other sources of information on funding for studying abroad :

- Rhône-Alpes Region : www.rhone-alpes.fr (under the student heading)

- Ministry of Foreign Affairs:

www.diplomatie.gouv.fr

- Egide : www.egide.asso.fr/bfe

6 EDUCATIONAL INSTITUTIONS

13

Most of the institutions of higher education in Lyon and the Lyon area can be divided up into two categories: the Lyon University Network (PUL) and the Alliance of Higher Education Schools of Rhône-Alpes (AGERA). They offer students a wide range of very helpful services :

+ PUL (Lyon University Network)

Rue du repos 69007 Lyon (Quartier Sergent Blandan) 04 37 37 26 70 - vie-etudiant@pul.fr

PUL is a public-interest network of 16 institutions of higher education, which are united through shared priorities: international relations, research, student life, scientific culture, new technologies and hosting foreign researchers.

These institutions provide education for 98,000 students. You will find the list of institutions, the courses offered and the various services available on www.universite-lyon.fr

There are two student support and information centres: International Information Centre and Accueil Com'Et, for practical and cultural information.

Courses and orientation

+ AGERA

[Alliance of Higher Education Schools of Rhône-Alpes]

37, avenue Jean Capelle - 69621 Villeurbanne cedex
www.agera.asso.fr - 04 72 43 62 30

Contact : Emmanuelle Roy, , general representative
eroy@agera.asso.fr

Network of multidisciplinary higher education schools
(engineering, management, architecture etc.)

- You will find the list of all the other advanced
courses (IUT, BTS, preparatory classes, etc.) on
www.orientation-lyon.org and in the "Après Bac"
brochure from the ONISEP [http://www.
orientation-lyon.org/choix/formations/
guidebac.php](http://www.orientation-lyon.org/choix/formations/guidebac.php).

- To find more information about a course, go to the
website of the ONISEP

www.onisep.fr

- The "Student Portal" of the French Education
Ministry may also help you find courses through
its search engine:

www.etudiant.gouv.fr

UNIVERSITY LIBRARIES

The list of university libraries is available on the
PUL website:

www.universite-lyon.fr

7 ORIENTATION

The schools and colleges all have orientation centres,
either called SOIE [Service for the professional
orientation and integration of students] or SCUJO
[University information and orientation service],
depending on the institution. They will help you find
information on possible courses and careers, come
up with a career plan, access reference materials
and look for employment. In other words, they can
provide you with the tools you need to make and
develop your plans



- You can make an appointment with a career
advisor at the CIO centres [Information and
Orientation Centre] in town. Look up the CIO
centres in the Rhône region on
www.orientation-lyon.org

- The ONISEP is a publishing house that provides
guidance for choosing a career and appropriate
courses of study.

16, place des Terreaux - 69001 Lyon

04 78 28 66 49 www.onisep.fr

7 1 ORIENTATION SERVICES

These centres offer a wide range of services: in
addition to holding office hours, conducting
private interviews and providing free access to
reference materials in many forms (CD-ROMs, the
Internet, periodicals etc.) they also lead theme
mornings on careers, orientation, student life etc

+ Claude Bernard - Lyon 1 University

- at the Doua Science Park: The SOIE - Quai 43
04 72 44 80 59 - soie.univ-lyon1.fr

- on the Rockefeller Campus - 04 78 77 70 92

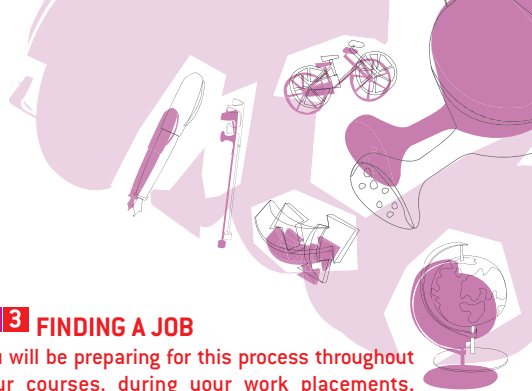
+ Lumière - Lyon 2 University SCUJO

5, avenue Pierre Mendès-France - 69676 Bron
04 78 77 23 42 et 23 61 - www.univ.lyon2.fr

CyberSCUJO [free access to CIDJ fact sheets]
04 78 69 74 38 ou 74 32

+ Jean Moulin - Lyon 3 University SCUJO

Manufacture des Tabacs - 6, cours Albert Thomas -
69008 Lyon - 04 78 78 78 40 - scujo@univ-lyon3.fr



7.2 WORK PLACEMENT SERVICES

These services are complementary to those presented above. They serve as an interface between you and company representatives in particular and with the world of the economy in general. They will help you look for work placements and they'll facilitate your search process by providing access to job offers.

Visit the website of Lyon companies in partnership with schools and universities

www.vip-stage.com

+ Mission stages - Lyon 1

"Le Quai 43" Building - 04 72 44 62 27

Contact : Pierre-Eric GALLET

Work placement offers available at the SOIE
mission-stages@univ-lyon1.fr

+ Lyon 2 and Lyon 3

In collaboration with GIL-MEDEF Lyon Rhône, the work placement and trainee period agencies called "Emploi-Stages" and "Mission Stages" compile training period offers and handle UEPs, or Professional Experience Units, which are long-term trainee periods for the Faculties of Arts and Civilisations, Language and Philosophy, Law and Humanities and Social Sciences.

+ Mission stage – Emploi Lyon 2

Bron Campus – Porte des Alpes - 04 78 77 26 04 -
www.univ-lyon2.fr (under the "Courses" heading) -
mission.stages@univ-lyon2.fr Training offers are posted online, but you have to go to "Mission Stage" in person to find out which company is concerned.

+ Emploi-Stages Office - Lyon 3

Manufacture des tabacs
6, cours Albert Thomas - 69008 Lyon
04 78 78 78 30 - bes@univ-lyon3.fr

7.3 FINDING A JOB

You will be preparing for this process throughout your courses, during your work placements, extracurricular activities, part-time jobs etc. Additionally, there are specific agencies that can help you out: the ANPE (French national employment office) at , as well as the following:

+ ANPE www.anpe.fr

+ AFIJ (Association for the professional integration of new graduates)

49, rue de Marseille - 69007 Lyon

Contact : Elise MARIE 04 72 71 01 68 - www.afij.org

Open Tuesdays through Thursdays from 9:00 am to 1:00 pm and from 2:00 pm to 6:00 pm (closes at 5:00 pm on Fridays). The AFIJ assists students and new graduates of higher studies in their search for training and employment in France and abroad.

+ APEC (Agency for executive employment) :

Gare des Brotteaux - 14, place Jules Ferry - 69006 Lyon - Tel : 04 72 83 88 88.

www.apec.asso.fr

+ CROUS - services jobs in contact

04 72 80 13 26

SPECIFIC AID FOR DISABLED STUDENTS

Since the French law for equal opportunity, rights, participation and citizen rights of disabled people was passed on 11 February 2005, the support system for disabled students has been completely reorganised. The Commission for Rights and Autonomy has replaced the "Cotorep". The Departmental House for Disabled People is in the development stage. Further information on this topic is available on the website of "PUL - Mission Handicap" at www.universite-lyon.fr. Also visit the website of ADAPT, the association for the social and professional integration of disabled people at: www.ladapt.net

→ Foreign students informations on p.90



Housing



Finding somewhere to live is the main difficulty you'll encounter when you move here. This is why it's very important to start planning this process several months before you arrive in Lyon, if possible as early as springtime.

1	SOME ADVICE FOR THE SEARCH	18
2	THE VARIOUS TYPES OF HOUSING	19
3	PRACTICAL TIPS BEFORE YOU MOVE IN	24
4	MOVING IN	26

A SHORT GLOSSARY OF HOUSING TERMS



Housing



1 SOME ADVICE FOR THE SEARCH

1.1 FIRST, A FEW TIPS

- How should you set about searching for housing?

First of all, take the time to decide what your needs and priorities are (location, surface area, university accommodation or rental market etc.). Commuting time between your place of learning and where you live is an important factor to consider: don't hesitate to look in towns adjacent to Lyon, as the rent will be lower there, and the metro and tramway/bus lines make it easy to get around. Check the maps on :

www.viamichelin.fr to figure out what kind of access you'll have with public transport

- **Use your connections:** ask acquaintances, relatives or friends living in Lyon to act as your representatives during your search process. Also, try contacting the student associations of your host institution (contact information is available on the website of each institution). Ideally, coming to Lyon for a preliminary visit before summertime will enable you to prepare efficiently for your arrival at the beginning of term

- **If you think you may not have enough time** to find a permanent place to live, to be on the safe side, reserve temporary housing, which you can always cancel later

Set aside funds to pay the deposit and advance rent. Important: don't count on getting the housing subsidy right away, as it will be paid on a deferred basis

1.2 WHERE TO GO FOR HELP

+ EME (Student Multi-service Centre)

Open 4 - 29 September 2006

This is a centre offering information on all aspects of student life: housing, jobs, insurance, banks, healthcare, culture etc

CROUS of Lyon - 360 rue Garibaldi - 69007 Lyon

+ CROUS

www.crous-lyon.fr

59, rue de la Madeleine - 69366 Lyon cedex 07
04 72 80 17 70

The CROUS city housing service assists students who were unable to obtain university accommodation and who wish to find housing either in private homes or in studio flats. You can check their offers in person or on their website. They charge a fee of €1 for the year. Bring your student card with you. Open Monday through Friday from 9:00 am to 4:00 pm.

+ OSE Point Logement (Housing Association)

www.leclubetudiant.com

78 rue de Marseille - 69007 Lyon
04 78 69 62 62

This association, which is reserved for high school and college students, has a large selection of rentals on offer. The vacancy notices are updated daily (ranging from studios to 3-bedroom flats) on-site and online (or low-rate number: 0 820 202 330 (€0.12/min). Minimum 3-month leases. Furnished studios (T1), one-bedroom (T2) and duplex flats start at €350 (Eligible for ALS or APL housing subsidies).

Go in person to register and get information. Membership costs 55 euros, or 30 euros for students affiliated with SMERRA.



2 other branches:

- 5, cours Albert Thomas - 69003 Lyon
04 72 33 90 05
- 128, bd du 11 novembre - 69100 Villeurbanne
04 72 44 22 39

+ CLLAJ (Local committee for autonomous youth accommodation)

3, rue de l'abbé Rozier (place du Forez)
69001 Lyon - 04 72 07 87 17

The local committees for autonomous youth accommodation provide support and assistance to youth, to help them find and get access to housing. To be eligible, you have to live, work or study in the area managed by the committee. Their website: www.cllaj-rhone-alpes.com is a valuable source of information.

+ CRIJ (Regional youth information centre)

10, quai Jean Moulin - 69001 Lyon - 04 72 77 00 66
www.j-net.org - crijlyon-serviceaccueil@voila.fr

Here, you will find housing offers all year long: the CRIJ provides young people with a whole array of practical information about housing. The various types of accommodation are presented on sheets indicating addresses and telephone numbers.

A very efficient system of classified ads is at your disposal on the premises of the association.

- Also visit the following websites

- . www.universite-lyon.fr
- . www.lyoncampus.org
- . www.anil.org for general legal issues and the list of local agencies
- . www.lyoncampus.org/cllaj-logement.pdf

2 THE VARIOUS TYPES OF HOUSING

2.1 UNIVERSITY RESIDENCE HALLS

University residence halls, reserved for students (including doctorate students), are managed by the CROUS, which is a public organisation whose purpose is to facilitate the living and working conditions of students at institutions of higher learning. The quality/price ratio of these offers is by far the best. However, it is difficult to get a room in a university residence hall, as demand is high and places are reserved for certain categories of students (i.e. grant holders).

For international students not in exchange programmes and without grants, it is extremely unlikely to get CROUS housing in September. Take advantage of cancellations in January instead!

For housing and grant applications, go to www.crous-lyon.fr from January 15 through April 30. You can also file an application when you arrive, in order to take advantage of any cancellations. Find out more from the Student Social Application Office (Service du dossier social étudiant):
25, rue Camille Roy
69365 Lyon cedex 07
04 72 80 13 00

Important: you have to renew your application every year. A word to the wise: it's best to do so before the rush that occurs when young French students have received their "baccalauréat" results.

Certain halls have rooms equipped for people with impaired mobility



+ Traditional university residence halls

Information on 04 72 80 13 14

Traditional rooms, measuring 9 square metres, are furnished and bedding is provided and laundered. Renovated rooms, measuring between 9 and 11 square metres, have private bathrooms. Amenities include caretaker, launderette, gym room, parking etc.

Rooms are rented out for 9 months starting on September 1 or October 1. The monthly rate for 2006-2007, for a room in a traditional university residence hall, runs from €134 to €149 ([more information on www.crous-lyon.fr](http://www.crous-lyon.fr)). You might benefit from the ALS (housing subsidy); you can check with the CAF (French family allowance agency) at www.caf.fr

+ The new CROUS residence halls (studio flats)

These residence halls feature studios measuring from 18 to 45 square metres (for 1 or 2 people), furnished, with bedding provided, a kitchenette, a shower, a sink and a toilet. A 12-month rental agreement is made between the CROUS and the student, from September 1 - August 31

The rent for these accommodations varies with the type of facilities offered. On average, the rate for a studio (T1) is €270 a month. This type of studio is eligible for the APL housing subsidy and is exempt from the tax on furnished accommodation.

The full list of traditional university residence halls and descriptions are available on www.crous-lyon.fr

Housing

2.2 PRIVATE RESIDENCE HALLS

+ Amenities: these halls are more expensive than university housing, but they are more modern, usually furnished, and designed as genuine little flats ranging from studios (with kitchenette, one room, private bathroom) to one-bedroom flats (T2) and sometimes even two-bedroom (T3) and duplex flats.

Most of these halls feature extra amenities for residents: a cafeteria, a lobby, a TV lounge, a study room, a fitness room, a laundry room with washing machines and dryers, housekeeping, parking etc

Another advantage is that many of these residence halls are located in the city centre, near campuses, public transport and shops.

Temporary or short-term lodging is possible, depending on vacancies.

+ Rates: On average, prices range from an 18-square-metre furnished studio at 280 euros/month to a one-bedroom flat (furnished or unfurnished) for 450/500 euros/month. Most residence halls require a deposit worth a month's rent, as well as a guarantor. If you can't manage that, you can pay a year's rent in advance.

Reserving from abroad: two months of rent are required for the deposit.

This type of housing is eligible for housing subsidies (ALS or APL).

+ The full list of these residence halls is available at:

- www.lyoncampus.org

- ADELE student housing: www.adele.org
0 892 350 370

- OSE Housing Office: www.club-etudiant.net
04 78 69 62 62

- Other residence halls are featured on: www.antaeus.fr



23 PUBLIC HOUSING FOR STUDENTS (HLM)

Two organisations manage the residence halls. Very few flats are reserved for students. They may be somewhat far from the city centre, but they are usually well served by public transport. All the addresses for Rhône-Alpes are available on www.arra-hlm.org

+ Axiade Rhône-Alpes

173 avenue Jean Jaurès 69364 Lyon Cedex 07.

. Rental service: tel 0820 22 224. Appartements meublés et non meublés.

. Full list on: www.axiade.com (English version)

. Rates: on average €300/month

. Deposit/guarantor: deposit + one month advance rent + guarantor required or Locapass possible

. Temporary or short-term housing: yes

. Housing subsidies : possible

+ **OPAC** has a few student flats, both furnished and unfurnished.

. OPAC of Greater Lyon www.opac-grandlyon.com

. OPAC of Rhône www.opacdurhone.fr 04 78 95 52 00

. OPAC of Villeurbanne www.opacdevilleurbanne.fr 04 72 04 67 71

. Rates: from 215 to 325 euros/month (heating included)

. Deposit/guarantor: deposit + one month advance rent + guarantor required or Locapass possible

. Temporary or short-term housing: yes

. Reservation: in person or through a contact in Lyon

. Housing subsidies: possible

Important: very few units are available!

24 HOSTELS

Hostels house young workers as a priority, but they will take students if they have vacancies. The amenities can be quite basic.

No guarantor is required but it is preferable to provide one. Students must above all else prove that they have an income and they must show a valid student card. International students also need to present a residence permit. Contact the hostels for more details.

+ ARALIS Living space for all (36 hostels)

15 rue du Dauphiné – 69003 Lyon - 04 78 53 40 01

www.aralis.org

Furnished. Private and group rooms, studios and flats. Common living areas. Students, workers and trainees are eligible. Temporary or annual housing. Foreign languages are spoken (English, Spanish, German, Turkish and Yugoslavian).

+ Rhône-Alpes SONACOTRA Hostels

Visit www.sonacotra.fr or call headquarters on 04 72 83 22 83

+ Young workers' hostel on

www.ufjt.org/menu.htm

(Search by region, department or city)

+ Other student hostels:

Find a list of hostels on www.lyoncampus.org

www.lyoncampus.org



Housing

TEMPORARY AND SHORT-TERM HOUSING

+ For a short stay (2 to 6 months):

- **Le Tamaris** : 36, rue des Antonins 69100 Villeurbanne, 04 72 73 43 92 13 : studio or one-bedroom (T2) type flats (€335 to €460). Short-term availability starting in March.
- **La Maison des Etudiants du Rhône** : 13, avenue Joannes Masset Lyon 9ème, 04 78 64 66 09 : €370/month (electricity not included). Availability starting in March for a minimum of four months. Guarantor or advance payment of rent required
- **Le Major** : 8 rue de l'Epargne -69008 Lyon 04 78 75 88 05
- **CROUS In summertime** : the CROUS university residence halls may have vacancies. Contact them directly, sending a copy of a piece of identification and a copy of your enrolment certificate at a university. The addresses of the residence halls are listed on: www.crous-lyon.fr
- **Résidence étudiante Albert Camus** : 23, rue Victor Laprade 69008 Lyon 90 euros per week (all inclusive) - phone albertcamus@resilogis.com

SERVICED FLATS

Consider this option as a last resort, as it is quite pricey, although neighbourhoods outside of the centre will be cheaper. Allowing for exceptions, these accommodations, which are not regulated, are not eligible for housing subsidies. On the other hand, this type of lodging is much more flexible; there is no lease and it is run like a hotel

Addresses of serviced flats:
www.lyon-france.com

- **Inexpensive hotels** : Pick one on the Tourist Office website, either in the 0 star or 1 star category. www.lyon-france.com

- Rates: €25 to €50 a night

- Helpful website www.club-etudiant.net
www.adele.org

+ Where to find temporary lodging when you arrive in Lyon

- **Youth hostels** : lyon@fuaj.org the location of the one in Vieux Lyon is great, but it is often full. The one in Vénissieux is outside of the centre, but it is well served by public transport and demand for it is lower.

Rate: one night + breakfast: around €13; sheet rental (mandatory): around €3. You can book by phone; the staff speaks several languages. You will also be charged €2.90 a day for the international youth hostel card fee. The FUAJ card membership is mandatory.

You will be able to stay 12 days maximum. In the high season, you cannot stay for more than three consecutive nights. Don't hesitate to book for the longest possible time, as looking for a permanent place to stay can take a while. You will find a more detailed description of the youth hostels on the following website:

www.hostelbooking.com/ibnpub/english/index.asp

- **Vieux Lyon Youth Hostels (Lyon 5ème)** :

Phone 04 78 15 05 50 - Réservation internet : www.hihostels.com. Maximum stay 6 nights

- **Vénissieux Youth Hostel:**

Phone 04 78 76 39 23

- **Bed and breakfast:** an association that lists the B&Bs in Lyon (around 50) Phone: 04 74 05 87 21
www.bb-lyon.com. Rate: from €22.50 to €45 a night, including breakfast. The APL housing subsidy is possible.



27 THE TRADITIONAL RENTAL MARKET

Renting a studio or a flat through the traditional rental market, either from individuals or real estate agents, is a common solution.

- **CISL (International Stay Centre of Lyon) :**
103 boulevard des Etats-Unis, 69008 Lyon.
Phone: 04 37 90 42 42 - www.cis-lyon.com
TRate: around €32 a night, including breakfast

- **The TOTEM:** : 90 cours Tolstoï 69100
Villeurbanne. Phone: 04 72 65 19 19
www.ifrance.com/totemfjt
Rates: single room: 29 euros / night with
breakfast included. Double: 17 euros / night –
Monthly rates on a sliding discount scale

- **Relais Jeunes Charpennes** - Logement Relais
Jeunes - 2, Impasse Métral - 69100 Villeurbanne
Phone: 04.72.82.33.40 - www.relaisjeunes.com

- **L'escale lyonnaise** - 11, rue Bossuet 69006 Lyon
04 72 83 06 60 - www.escale-lyonnaise.org
Young adults from 18 to 30 years of age, for 1
week minimum, 2 years maximum
Single equipped rooms for 349 euros/month
(breakfast and meal included)

26 FLATSHARING

Sharing a flat means you won't be alone and you'll be able to find housing in town easier. There are many financial, practical and social advantages to this option, but you have to be careful to avoid certain traps. To help you identify them, try checking the ads, tips and local activities on the following websites:

www.colocation.fr - www.kel-koloc.com
www.e-cologis.com - www.appartager.com
www.cosmolyon.com.

Important: some of these sites charge fees

+ **Going directly through individual landlords :**
this will save you from paying fees to a real estate agency. You will look for your housing yourself, with no intermediary, through classified ads in the press, online, or in certain neighbourhood shops.

- Ads posted at the CROUS and at the CRIJ.

+ **Websites with classified ads from individuals and professionals:** www.pap.fr ; www.bonjour.fr ;
www.petites-annonces.fr ; www.paruvenu.fr ;
www.crous-lyon.fr

- **Free classified-ad papers :** Paru/vendu, Top Affaires, Bonjour, le 69.

- **Newspapers for sale:** Le Progrès, le Dauphiné, Lyon Matin and Lyon Figaro on Mondays (special real-estate section)

+ **Going through real estate agencies :** real estate agencies [and "régies" – property management agencies] will show you flats, but you won't have to pay agency fees unless you decide to rent a flat they have shown you (the fee is roughly equivalent to one month's rent).

- You will find the contact information for the various agencies and "régies" of the Lyon Metropolitan area at the following sites: CNAB: www.cnab.fr ; FNAIM: **CNAB :** www.cnab.fr ; **FNAIM:** www.fnaim.fr or in the yellow pages <http://wfd.pagesjaunes.fr>.

Important

Never pay for a list of rentals, as most of the units will already have been rented out.

Housing

+ Association Godart

15 rue Justin Godart - 69004 Lyon - 04 72 98 82 82
www.associationgodart.org

This is an association that acts as an interface between the landlord and the tenant, by subletting accommodation. They offer equipped, furnished studio flats with Internet access located on rue Godart. They also offer housing in Croix Rousse. This option is eligible for housing subsidies. Rates begin at 370 euros/month

GUIDEBOOKS

Adele and OSE publish student housing guides that are distributed at the Espace Multi-services Etudiants (Multi-service student centre or EME) and at their own offices. Very helpful online guides are available on www.lyoncampus.org - www.leclubetudiant.com

24

3 PRACTICAL TIPS BEFORE YOU MOVE IN

3.1 THE LEASE OR RENTAL CONTRACT

+ This mandatory document specifies the rights and obligations of each party. It must be made in duplicate; one copy is given to the landlord and one to the tenant.

+ Sometimes you may have to make up your mind and sign a contract when you visit the flat. So make sure to bring along a chequebook as well as the required documents (photocopy of your ID, of your last 3 pay slips, of your last tax statement, a statement with your bank details (RIB), a certificate from your employer and a bond of indemnity from your guarantor).

+ The minimum duration for a lease is three years for an unfurnished flat on the traditional rental market. You can terminate a lease at any time, by sending the landlord a registered letter with return receipt ("lettre recommandée avec accusé de réception"), with three months' notice. Certain private residence halls will offer rental contracts for shorter durations

IMPORTANT: WHEN YOU SIGN THE LEASE

- Read the contract carefully, especially the clauses concerning the penalty for breaking the contract, the deposit and everyday life: this is the only reference document in case of a dispute.
- Never pay any money before signing a rental agreement. For each amount paid, demand a receipt specifying exactly what the amount covers.
- L'électricité, les charges locatives, l'eau, le chauffage, le gaz etc. ne sont généralement pas Electricity, rental fees, water, heating, gas etc. are not usually included in the rent. Find out!

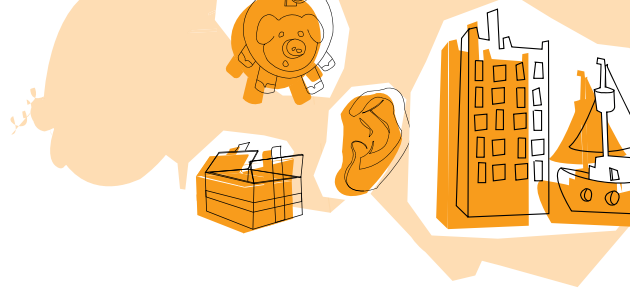
3.2 FINANCIAL GUARANTEES AND JOINT AND SEVERAL SURETY

+ The lease or rental contract

The guarantor (or joint and several surety): before signing the contract, the landlord or the agency will ask you for guarantees of solvency. You will have to prove that you have net income that is at least three times higher than the amount of the rent, excluding fees. Otherwise, you will be required to have someone stand surety for you, meaning that this person undertakes in writing to pay the rent and fees should you fail to do so. A guarantor is required in almost every situation, except in hostels and in certain private home arrangements. The guarantor will have to prove that he has income at least equal to three times the amount of the rent.

THE GUARANTOR FOR INTERNATIONAL STUDENTS

Theoretically, this guarantor may be a resident of the European Union. However, in practice, many landlords, property management agencies and real estate agencies require a guarantor residing in France. Note that the CROUS is one of the rare landlords that accepts guarantors from the European Union who do not reside in France



+ The security deposit

this is an amount equal to at least one month of rent that you will have to pay in most cases when you sign a rental agreement. It will be returned to you when you move out, if no damage is observed in the inspection report

+ Aid for paying the security deposit

- **The LocaPass service** (www.loca-pass.com)
This service offers 2 types of aid

- The reimbursable LocaPass advance pays the security deposit directly to the landlord. The tenant must reimburse the advance within 10, 20 or 30 months, 3 months from when the lease has been signed. (2 months of rent for private rentals and 1 month of rent in residence halls).

- The LocaPass guarantee is an advance at zero interest that covers up to 18 monthly payments (rent + fees) or up to 36 months in certain cases, if it is impossible for the tenant to pay. The tenant will have to reimburse the lending institution within three years.

It is crucial to file an application at the latest on the day you sign the lease agreement. It takes about a month for the money to be paid. Phone: 0 800 800 690 (toll free number from a landline).

Important: the LocaPass eligibility criteria are very strict, especially for international students. To obtain it, you must either:

- have a grant from the French state (French or international students).
- have a fixed-term contract of employment for at least three months when you apply.
- have a total of three months' worth of fixed-term contracts of employment during the six months before applying.
- be able to produce a work placement contract for at least a three-month period when you apply.

- ACAL (The Association for Housing Access)

can also stand surety and pay the security deposit for all employed international students (at least a part-time job).

AN EXPENSIVE FIRST MONTH

When you first move into your accommodations, plan to pay a security deposit worth two months' rent (this is a refundable deposit) one months' advance rent, possibly agency fees equal to a month's rent, housing insurance and the miscellaneous connection expenses (electricity, gas, telephone - See page 26 under the heading "Moving in

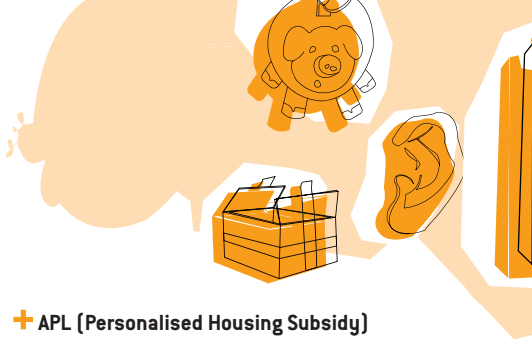
3 3 THE INSPECTION REPORT

This should be done in writing with the landlord as soon as the keys are handed over to you. Get a copy of this report, which will enable you to compare the condition of the premises at the beginning and at the end of the rental period, when the outgoing inspection report is written. This will determine whether the tenant or the landlord is liable for any repairs

Important: Within two months after you move out, the landlord has to refund the security deposit, less, where appropriate, any repairs for damage for which you are held responsible.

+ Tax on furnished accommodation : if you have a flat on January 1, 2007, in principle, you will have to pay tax on your accommodation (CROUS residence halls are not taxable). You have no tax statement to fill out; you will receive a tax notice. Ask how much this tax is when you sign the lease; it may be included in your fees

Housing



+ Housing insurance

all tenants are required to take out an insurance policy for tenant's risk (fire, water damage etc.). It is called "Householder's comprehensive insurance". Find out more from your mutual insurance company for students.

DISCRIMINATION

A toll-free number has been set up for reporting race and sex discrimination in the housing access process: dial 114

THE COUNTY AGENCY FOR HOUSING INFORMATION (ADIL)

Pour connaître vos droits et ceux du propriétaire (conseils gratuits) 9 rue Vauban - 69006 Lyon 04 78 52 84 84 - www.adil.org/69

26

3 4 HOUSING SUBSIDIES

As your housing budget is likely to be substantial (reckon on somewhere between €150 and €450 for a room or a studio flat), it might be helpful to find out about possible financial aid. These subsidies, of which there are two types, are paid by the French Family Allowance Agency (CAF), and may not be cumulated.

The amount granted depends on various criteria (amount of rent, income, family situation etc.). Request information from the CAF of Lyon (0 820 25 69 10). As soon as the lease has been signed, file your application with the Family Allowance Agency (CAF). You can apply online at www.caf.fr. Expect to wait 3 to 6 weeks after filing a complete application to receive the subsidy

DETAILS FOR INTERNATIONAL STUDENTS

To be eligible, you need a residence permit that is valid for more than 4 months. Important: due to the time it takes to obtain a residence permit, don't count on receiving the housing allowance for 3 months (but the subsidy will be paid with a 3-month retroactive effect).

+ APL (Personalised Housing Subsidy)

This is reserved for regulated housing. The landlord signs an agreement with the French state in which he undertakes to rent the unit for a fixed period. The amount of the APL varies according to your family situation, your income, and the amount of the rent.

This subsidy can go up to 149 euros per month, or 191 euros per month for students with grants. The APL is paid directly to the landlord, who deducts this amount from the tenant's rent.

+ ALS (Social Housing Subsidy)

This benefit is paid to tenants whose housing meets certain standards of surface area and comfort (net floor area of at least 9 square metres + 7 square metres per additional person etc.). The student must spend a certain percentage of his income on rent. This subsidy is usually paid directly to the tenant.

Important: the APL and the ALS cannot be cumulated

4 MOVING IN

4 1 THE TELEPHONE

To have the telephone line activated, contact the France Télécom agency closest to your home; to find it, dial 1014 (toll-free call) or visit their website: www.francetelecom.fr/69. They will ask for your rental agreement, an ID and the name of the last person to have the line or the old phone number.

You will be given a telephone number within 48 hours. You can keep it secret by requesting to be ex-directory ("liste rouge"), for 2 euros a month. Expect to wait between a day and a week for your phone line to be activated (costs €27,50). Subscription price (mandatory): €13,99 month.



As the market has been opened up to competition recently, you can now have your domestic and international calls handled at a discount by other phone companies (Cegetel, Télé 2, 9, etc.). Note that you have to have a France Télécom line already, in order to use the services of these other phone companies

- For directory service: dial 118 008.
- To call another country from France: dial [00] followed by the country code then the phone number.
- To phone France from a foreign country: dial [00] then France's country code [33] then the telephone number without the first [0].

There are phone booths in most public places. These operate with prepaid cards (domestic and international) or with credit cards (important: €3 minimum credit per month plus the price of the calls).

There are shops in town where you can go to make international calls, at lower prices. You will find the full list at: www.pagesjaunes.fr, under the heading "services de télécommunication". For example, a one-minute call to China, Brazil or Hungary costs around 45 euro cents, and a one-minute call to Africa costs 30 euro cents.

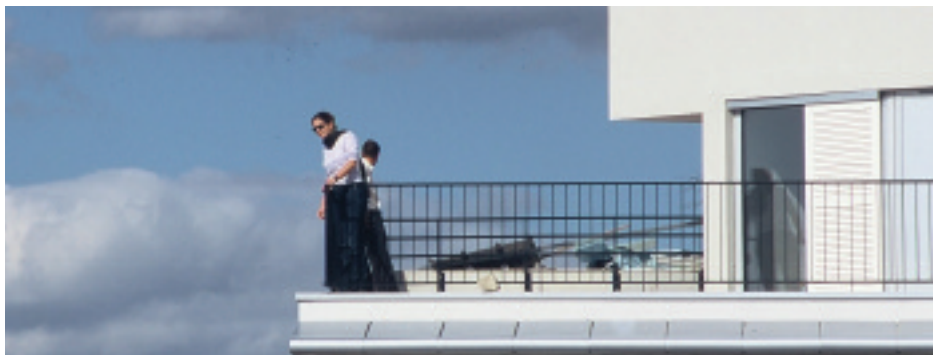
USING YOUR MOBILE PHONE IN FRANCE

The three French operators: France Telecom, SFR and Bouygues Télécom, have signed agreements with operators in many foreign countries so that mobile phones can be used in countries other than the one where the subscription has been taken out. These agreements are restricted by technological constraints. Check with your operator if they have signed a **partnership agreement** with one of the three French telecommunications companies. If this is the case, your mobile phone will work on the network of the French operator in question. It is cheaper to get a local subscription for 6 months or a year. Find out more from the operators.

4 2 GAS AND ELECTRICITY

To have the gas and electricity turned on, call EDF or GDF on 0810 69 2000 or contact them online: www.edf.fr.

- . It will be done within 48 hours. Service access charge: 14.02 euros per type of energy (gas and electricity).
- . Cost of electricity subscription: €4.20/month
- . Cost of gas subscription: €8.20/month



Housing

4 3 LA POSTE (POSTAL SERVICE)

In France, the postal service is operated by a public company, "La Poste", which has offices in every city and most villages.

In addition to sending and distributing mail and parcels, La Poste offers many other services, both postal and banking. The price of a stamp for a letter under 20 grams: €0.53 for France; €0.55 for a letter sent within the European Union and Switzerland. For other countries, the rates vary by zone.

4 4 INTERNET ACCESS

28

As soon as you have a landline (the usual subscription through France Telecom), you can get Internet access.

Some providers offer unlimited high-speed connections (DSL) as well as unlimited phone calls for a fixed monthly rate, with no need for a subscription with France Telecom. Request more information about the terms and conditions of their subscriptions.

Request information from the many access providers on the market, in order to find out what their subscription rates are and how much it costs to buy a modem. E-mail will be the least expensive and quickest means of communication, when you want to communicate with people outside of the local area.

Alternatives to phone-line access are cable (if your building has cable connections) or a satellite dish. If your building has cable, the operator will have affixed their logo and contact information in the common areas of the building, usually near the mailboxes.



A SHORT GLOSSARY OF HOUSING TERMS:

ASSURANCE HABITATION / HOUSING

INSURANCE: this is mandatory and must cover the home and civil liability.

BAIL / LEASE: this is the contract that stipulates the rules for occupying the premises.

BAILLEUR / LANDLORD: owner of the housing unit or his representative with whom you sign the lease

CAF: French allowance agency

CAUTION OU DÉPÔT DE GARANTIE /

SECURITY DEPOSIT: money deposited corresponding to one or two months of rent to be paid when the lease is signed, as a guarantee.

CAUTION SOLIDAIRE OU GARANT / JOINT

AND SEVERAL SURETY OR GUARANTOR: the person who stands surety, who must reside in France or in the European Union.

CHARGES LOCATIVES / RENTAL FEES:

collective costs, such as for the lift, maintenance of the common areas, possibly the heating, the water and the tax on furnished accommodation.

CC: this indicates that the rental fees are included in the rent.

F1, F2, F3: 1, 2, 3 rooms in addition to the kitchen and the bathroom.

HLM: Public housing

LOYER / RENT: monthly amount paid for housing. Ask if the rental fees are included in the rent or not.

PRÉAVIS / NOTICE: to leave your rental unit, you have to notify your landlord by sending him a letter with recorded delivery (RAR) within the timeframe set by the lease (usually from one to three months).

RIB: slip indicating your bank details.

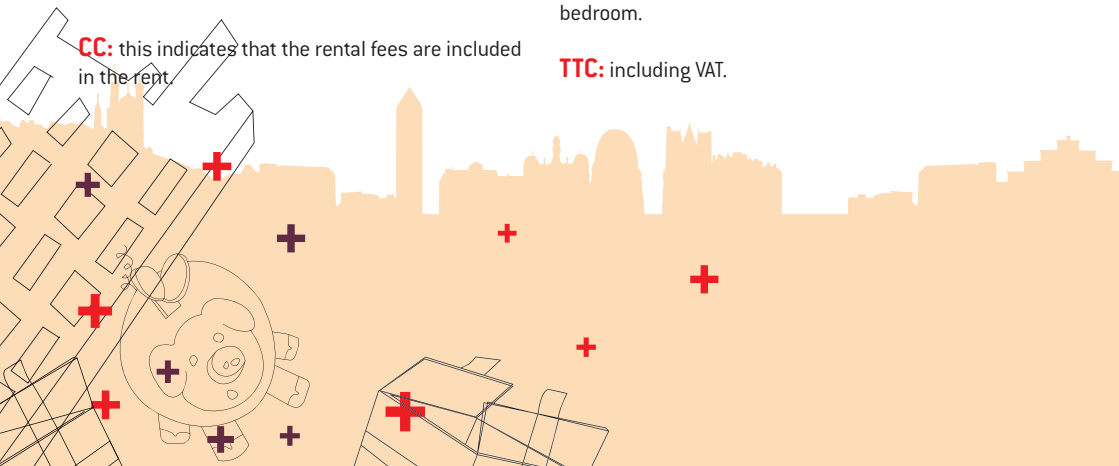
TAXE D'HABITATION / TAX ON FURNISHED

ACCOMMODATIONS: this is the local tax you will have to pay if you are occupying a rental unit on January 1. Ask your landlord if it is included in the fees. CROUS university housing is exempt from this tax.

T1: a room with a kitchenette.

T2: kitchen (usually a kitchenette) + lounge + bedroom.

TTC: including VAT.





Getting insurance and healthcare⁺

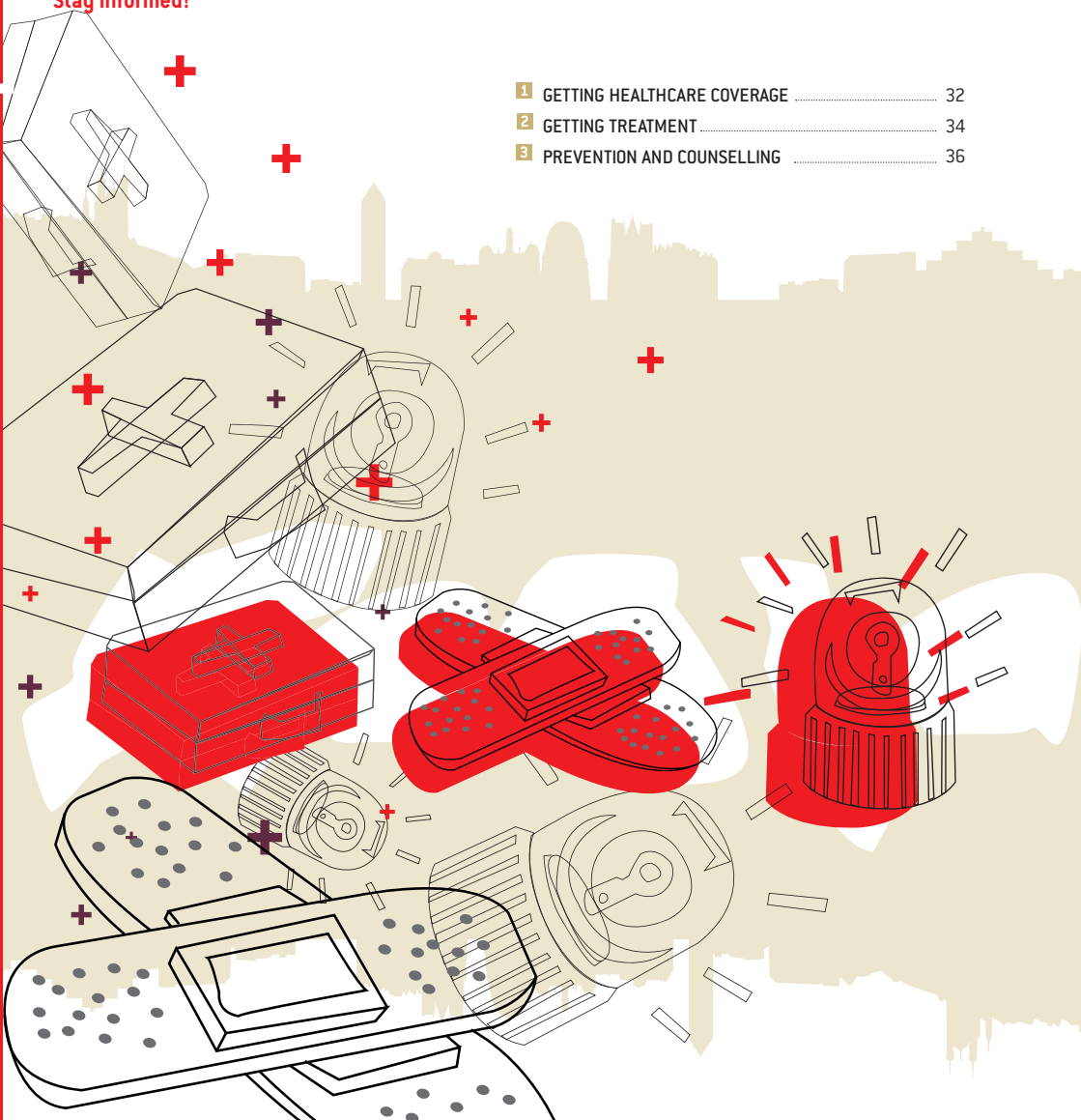




Health is neither an entitlement nor a right! Staying healthy means organising your everyday life to find a personal balance between different, but complementary elements: Being comfortable with your body: knowing it and keeping it in shape through exercise and diet, etc. Being comfortable with your mind: approving of your own choices and having good self-esteem. Being comfortable with others: get out there and meet people! In France, we have a very comprehensive healthcare and social-protection system. It helps you pay for your care and for preventive treatment. Healthcare workers are professionals, and they can help you be healthy and stay healthy for the long run.

Stay informed!

1	GETTING HEALTHCARE COVERAGE	32
2	GETTING TREATMENT	34
3	PREVENTION AND COUNSELLING	36



Getting insurance and healthcare

1 GETTING INSURANCE AND HEALTHCARE

1.1 STUDENT HEALTHCARE COVERAGE

Student healthcare coverage runs from October 1 through September 30 and entitles you to:

- refunds for doctors' fees and treatment costs (up to 70% of expenses incurred based on the state-regulated rate*)
- refunds for pharmaceutical products (from 40% to 60% of their cost)
- payment at 80% to 100% of hospital costs, depending on the gravity or length of hospitalisation. For hospital stays lasting longer than one day, you have to pay a flat fee of €14 per day. You will be reimbursed for this amount if you have taken out a complementary insurance policy with a mutual insurance company.

* The French national health system sets the regulated rates, above which it does not reimburse (e.g. 20 euros for a visit to a general practitioner).

Joining the student system of the French national health service (Sécurité Sociale) is mandatory from the moment you begin higher studies, from the age of 16 (age reached on October 1, 2005) until you turn 28.

The student health service concerns all students, regardless of their nationality.

However, students who are nationals of the European Economic Area and of Switzerland and who have the European Health Insurance Card (EHIC) or a certificate of membership with a private insurance company, are exempted from joining.

The subscription to the student health service (€186 in 2005-2006) will be required by your educational institution, except:

- if you are under 20 on September 30, 2006 and your parents are salaried employees
- if you have a grant from the French state and you present the definitive grant certificate
- if you have a steady job during the year (October 1, 2006 to September 30, 2007) working 120 hours per quarter or 60 hours per month.

The student mutual insurance companies, SMERRA and LMDE, manage the student health service.

THE VITALE CARD:

Once you have registered with the student health service, you will receive your health insurance card, called the "Carte Vitale". It will be valid as long as you are a student. You will be able to update it using the free Vitale terminals at many locations (pharmacists, national health centres etc.). When you show your card to healthcare professionals, you will be refunded automatically for your treatment within five working days. With certain professionals, you will be exempted from advancing the portion of the cost that is covered by the national health service.

1.2 COMPLEMENTARY COVERAGE

Complementary health insurance gives added coverage on top of the national health service and systematically entitles you to the "carte de tiers payant" (which exempts you from paying anything up front with certain healthcare providers) in hospitals, healthcare centres, at pharmacies and with your designated attending physician. Annual rates run from €50 to €300, depending on the coverage you choose.

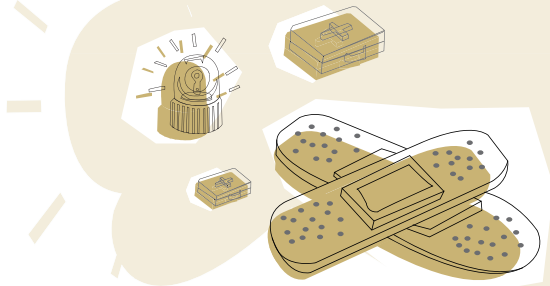


Taking out complementary health insurance is optional (it is only mandatory for international students who hold grants from the French government), but it is strongly recommended, as the costs for which you may be liable can be very high, if you are hospitalised, if you go to physicians who charge over the state-regulated rate, or if you get optical work (glasses) or dental prostheses.

Complementary health insurance completes the refunds from the national health service. For example, you will be partially refunded by the national health service for a medical visit priced at €20 with your attending physician, and by the mutual insurance company, less a flat fee of 1 euro that you have to pay.

CIVIL LIABILITY AND PERSONAL ACCIDENT INSURANCE:

The student mutual insurance companies also offer civil liability insurance, which covers you when your responsibility is involved in the event of damage or accidents that you may cause to third parties (to people or property). It is very important to take out this type of policy, which is actually mandatory in some educational institutions. Personal accident insurance covers you against any risks arising during your academic or extracurricular activities, such as sports or even work placements. The student mutual insurance companies, LMDE and SMERRA, offer full packages (including repatriation for international students) starting at 12.40 euros per year (2005-2006 rate).



The student mutual insurance companies: LMDE and SMERRA

These mutual insurance companies are also crucial players in health promotion, through the special connection they have with students: they are run by students and interact with them everyday. This is why they are committed to genuine prevention policies and to promoting health. All year long, they participate actively in the major national campaigns, such as International AIDS Awareness Day, Tasting Week and the International Day Against Smoking, and they raise awareness about addictive behaviours (drinking, smoking, eating disorders, sexually-transmitted diseases, AIDS, stress, drugs etc.) in all institutions of higher education.

These various actions are conducted in close collaboration with more specialised participants such as the University Preventive Medicine Unit (MPU), health-promotion associations, medical personnel from testing centres, family planning centres and the Departmental Health Education Association.

33

+ LMDE (La Mutuelle des Etudiants)

Phone: 3260 (0.15 euros including VAT/min) - www.lmde.com

- Doua agency – "Double Mixte" Building
43, bd du 11 novembre 1918 - 69100 Villeurbanne
- Quais agency - 19, rue de Marseille - 69007 Lyon

+ SMERRA (Mutuelle Etudiante de la Région Rhône Alpes Auvergne)

43, rue Jaboulay - 69349 Lyon cedex 07
0810 05 20 00 (cost of a local call from a landline)

www.smerra.fr

- Main office - 38, rue Chevreul - 69007 Lyon
- Manufacture des Tabacs - 5, cours Albert Thomas - 69003 Lyon
- INSA - 128a, bd du 11 novembre 1918 - 69100 Villeurbanne

Getting insurance and healthcare

1.3 CMU (UNIVERSAL HEALTHCARE COVERAGE)

People who are not eligible to join the national health service can get universal health coverage (CMU). This enables anyone holding (or in the process of obtaining) a residence permit and who has lived in France continuously for more than 3 months, to be entitled to national health service coverage for their health expenses.

+ **Students over 28 years** of age with income below €548.82 per month can get CMU for free. If their income is higher, they will have to pay a contribution in proportion to their income.

+ **Students under 28 years** of age may, however, be entitled to complementary CMU in certain cases: find out more from the CPAM (National Health Service Centre) in Lyon: 0820 904 115 - www.lyon.ameli.fr

COMPLEMENTARY CMU

Complementary universal health coverage is also granted under certain conditions of income. This enables the beneficiary to have healthcare costs covered 100%, without paying anything up front. It is granted for a one-year period and may be renewed every year. Find out more from your CPAM (National Health Service Centre).

+ Procedure to get CMU:

The student must obtain an application from a social assistant or a mutual health insurance company (LMDE or SMERRA). This form must then be sent to the National Health Service Centre (CPAM) that handles applications, and which will notify the student of the outcome within two months.

+ You can get more information from the Caisse primaire d'assurance maladie (CPAM, or National Health Service Centre) of Lyon.
69907 Lyon Cedex 20 - 0820 904 115
www.lyon.ameli.fr - courrier@cpam-lyon.cnamts.fr

Foreign nationals (from outside the European Economic Area) whose residency status is not in order may nonetheless request State Medical Aid (AME).

2 GETTING TREATMENT

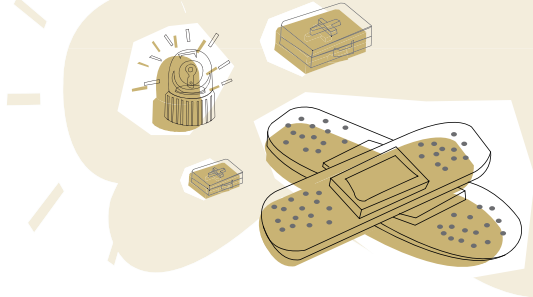
2.1 GOING TO THE DOCTOR

+ **Make sure to choose a doctor covered** by an official agreement (medecin conventionné), who has undertaken to charge the state-regulated fee in an agreement with the national health service. Doctors with "honoraires libres" are authorised to charge over this rate, but this overcharge will not be refunded by the national health service. The patient will only be refunded for the base rate (70% of 20 euros for a general practitioner).

To choose a doctor, ask around for advice. You will also find the list of doctors in your town online at www.ameli.fr under the heading "annuaires: professionnels de santé".

Important: a mandatory flat contribution of one euro is deducted from each treatment and is not refunded by the mutual insurance companies.

+ **The coordinated path of treatment:** for the cost of a medical visit to be reimbursed on the basis of the fee set by the national health service, you have to choose a general practitioner who will be your attending physician. To see a specialist, you have to get a referral from your attending



physician. At the first visit with the doctor you have chosen, fill in and sign with him the form titled *Déclaration de choix du médecin traitant* (attending physician declaration), which has been supplied by your national health service centre or by your mutual insurance company, and send it right away to your national health service centre (sécurité sociale). This declaration may also be done online from the doctor's office. If you go to doctors other than your attending physician, your refunds will be reduced.

+ Medications: Only medications bought with a doctor's prescription can be reimbursed. Some medications can only be bought with a prescription.

FOR EMERGENCIES AT NIGHT, ON WEEKENDS AND ON OFFICIAL HOLIDAYS:

You will find the list of doctors on emergency duty and night pharmacies displayed in pharmacies, in the regional press on weekends, through the SAMU (emergency response service) or the fire department (Phone: 18) and at police stations.

2 OTHER TREATMENT LOCATIONS WHERE STUDENTS CAN GO

+ MPU (University Preventive Medicine Unit)

Your mutual insurance company is the first place to go, but you can also go to the MPU. Various healthcare providers offer the following services, all of which are free: medical visits, check-ups, medical certificates, medical opinions, specialised visits, relaxation, vaccinations, medico-psychology, dietetics, gynaecology, dental evaluations and testing for sexually-transmitted diseases (free AIDS testing). Staff is bound by the Hippocratic Oath.

- MPU Lyon 1 University Claude Bernard
6, rue de l'Émetteur - 69100 Villeurbanne
04 72 44 40 80 - <http://mpu.univ-lyon1.fr>

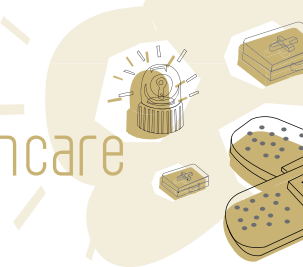
- MPU Bron Lumière Lyon 2 University - building I - 5, avenue Pierre Mendès-France, Bron
04 78 77 43 10 - www.univ-lyon2.fr
- SMPPS Lyon 3 University - 18, rue Rollet
building EG, ground floor - 69008 Lyon
04 78 78 79 83 - For first aid: 04 78 78 78 80
www.univ-lyon3.fr

+ Medical and dental treatment centres

They receive students all year long and quickly offer appointments for visits in general medicine and specialised medicine (gynaecology, ophthalmology, dermatology, ENT etc.), and for nursing care, radiology and dental care. They will follow your medical treatment throughout your student years and after as well if you so choose, thanks to computerised medical records. These facilities accept the "tiers-payant" arrangement, where you pay nothing up front. Also, when you show your Carte Vitale, you will only have to pay the share not reimbursed by the national health service for your healthcare costs. Some of them have agreements with the student mutual health insurance companies, in which case you will pay nothing up front, as long as the doctors in the facility do not charge over the state-regulated fee.

- Fondation dispensaire général de Lyon - 10, rue de Sévigné - 69003 Lyon - 04 78 14 14 14
- MGEN healthcare centre - 44, rue Feuillat - 69003 Lyon - 04 72 11 30 09
- CLIF (radiology centre) - 30, rue de la Part-Dieu 69003 Lyon - 04 72 84 06 11
- Mutual dental clinics www.mutualite-francaise-rhone.fr/services-mutualistes/ :
. 2, bis rue Montebello - 69003 Lyon
04 72 84 89 40
. 33, rue des Peupliers - 69003 Lyon
04 78 53 19 18
. 15, rue Masaryk - 69009 Lyon
04 72 19 89 00

Getting insurance and healthcare



- CPAM dental centres - 0 820 904 115

www.lyon.ameli.fr

There are several centres in Lyon: you can find out more from the centre located at 27 bis, cours Verdun - 69002 Lyon - 04 72 56 52 01

- Free healthcare providers

. Médecins du Monde - 10, rue Sévigné - 69003 Lyon - 04 78 89 99 99

This organisation is only for people without healthcare coverage, such as international students who have just arrived.

. Centre Mermoz (free check-ups): 11 rue Joseph Chalier 69008 Lyon – 04 78 75 06 93

AT NIGHT AND ON WEEKENDS: RHÔNE OFF-HOURS MEDICAL SERVICES (04 72 33 00 33)

In these off-hours medical centres (MMG), general practitioners will see you outside of normal working hours in medical offices for any sickness that is not a serious emergency. To find them, there is a single phone number to call, where the operator will direct you to the closest MMG. Open Monday through Friday from 8:00 pm to midnight, Saturdays from 8:00 pm to midnight and Sundays and bank holidays from 8:00 am to midnight.

+ CPEF (Family Planning Centres)

202, avenue Barthélémy Buyer - 69009 Lyon
04 72 57 41 09 (by appointment only)

These centres employ specialists bound by professional discretion. Their missions are varied:

- information: contraception, sexually-transmitted diseases
- advice before the first prescription of birth control and support to newly-delivered women
- pre-abortion interviews
- assistance to any person facing difficulties in their relationships, with a partner, family, at the workplace or place of study.

THE THREE MAIN HOSPITAL CENTRES

Lyon has 18 hospitals, the largest of which are Hôtel Dieu Hospital, Edouard Herriot Hospital and Lyon Sud Hospital. They are all run by the Civil Hospices of Lyon. For more information, check the site www.chu-lyon.fr

3 PREVENTION AND COUNSELLING

3.1 COUNSELLING LOCATIONS

+ MDR (Rhône County Services)

The Rhône General Council is active in many fields, including social action and health. MDR offers you an array of locally-provided services and advice, in particular regarding motherhood.

Visit their site www.rhone.fr to find out more about the services offered and to find the MDR nearest you.

+ L'espace santé jeune (Youth health centre)

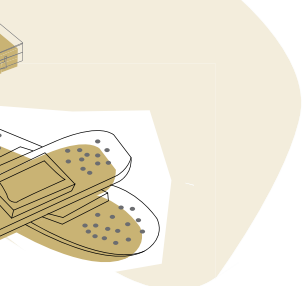
10, quai Jean Moulin - 69001 Lyon - 04 78 37 52 13
esj@j-net.org

This centre offers help, support and counselling from healthcare professionals.

+ The social workers at the CROUS

will see you at the CROUS and at the institutions of higher education. Their principle mission is to help improve the living and working conditions of students (information, advice, listening, psycho-social assistance etc.).

By appointment. Phone: 04 72 80 13 25, Monday through Friday from 8:30 am to 5:00 pm.



32 HELP WITH ADDICTIONS (SMOKING, DRINKING OR DRUGS)

This message cannot be repeated often enough: if you have a problem managing your use of cigarettes, alcohol or drugs, you need to talk about it; health-promotion specialists are here to listen to you.

+ Smoking:

- Info and services about smoking: 0825 309 310 (24 hours a day); anonymous and free
- United youth against smoking - 26, cours Gambetta 69007 Lyon - 04 72 73 21 37

+ Drinking

Even if it is a very French social custom, drinking can become dangerous when it gets to be a habit. Talk about it!

- Alcoholics Anonymous - 04 78 95 18 28 (Annie 04 78 89 73 40 / Robert 04 78 62 82 25)
 - National Association for Prevention in Alcoholology and Addictology - 22, rue Édouard Ahnard, 69100 Villeurbanne - 04 72 65 06 00 - www.anpa.asso.fr
 - Alcohol counselling and info hotline 04 78 84 89 89
- + **Drugs**, drinking and smoking info on 0 800 23 13 13 (free from a landline) or on 01 70 23 13 13 – Counsellors answer the phone 24/7; calls are anonymous, confidential and free.
- Red Cross Hotline - 0800 858 858 (free)
 - Association Ruptures - 36, rue Burdeau - 69001 Lyon - 04 78 39 34 89 - www.ruptures.assoc.fr Office open from 9:00 am to 1:00 pm; needle exchange programme Monday - Friday from 5:00 pm to 7:00 pm and Saturdays from 12 noon to 3:00 pm.
 - National Documentation Centre on Drug Use (CNDT): 9 quai Jean Moulin, 69007 Lyon. 04 72 10 94 30 (afternoons)



33 HAVE YOU HAD HIGH-RISK SEXUAL BEHAVIOUR?

If you have had unprotected sex, you can go the very next day to a testing centre for sexually-transmitted diseases and AIDS. It's anonymous and free, and doctors will listen to you and give you advice.

+ AIDS info service 0800 84 08 00

+ Free and anonymous information and testing centre (CIDAG)

Hôtel-Dieu (door 17) - 61, quai Courmont - 69002 Lyon - 04 72 41 32 91

+ Testing for sexually-transmitted diseases

Dermatology and Venerology Department of Professor Thomas
Hôtel Dieu (Door M) - 04 72 41 30 54 – Free service; no appointment required.

+ And some associations

- ALS - rue Pizay - 69001 Lyon - 04 78 27 80 80
- AIDES - 93, rue Racine - 69100 Villeurbanne 04 78 68 05 05
www.aides.org

+ Students Against AIDS (ECLS)

ECLS, an association that promotes student health on campuses, trains student representatives, carries out projects and provides event materials (flyers, photo shows, magic boxes etc.) and protection gear. ECLS network coordination: c/o Campus Initiatives, 25 rue Jaboulay 69007 Lyon
www.ecls-fr.net

Getting insurance and healthcare

3 4 FEELING DOWN?

You are the main defender of your own physical and mental well-being. Institutions, organisations and associations have been created to advise you and help you. Don't hesitate to turn to them: over the phone or in person, there are caring men and women who will find the words to comfort you in your moments of stress and when you're feeling down.

+ Ecoute des jeunes

(Youth counselling hotline)

24/7: 0 810 505 801 (cost of a local call)

+ SOS amitiés

(SOS Friendship Hotline) - 04 78 29 88 88 or
04 78 85 33 33 - 24-hour phone counselling

+ Porte ouverte

(Open Door) – in the Bellecour metro station -
04 78 92 97 80

+ Cap écoute

(Counselling Hotline) – 0 800 333 435

+ Espace santé jeune

(Youth Health Centre): rue Saint Bonaventure
69002 Lyon - 04 78 37 52 13

+ SOS Suicide Phœnix

(Suicide Prevention): 3 cours Lafayette,
69006 Lyon - 04 78 52 55 26

+ Lyon aide aux victimes

(Lyon Victim Support): 100 cours Lafayette
69003 Lyon - 04 78 60 20 21

+ SOS Ecoute PUL / Ecoute étudiants

(PUL/Student Counselling Hotline): 0810 505
801 (€0.091/min. and €0.034/subsequent
minutes (rate by the second))

+ Contraception IVG Sexualité

(Birth control/abortion/sexuality hotline):
0810 810 714, open to provide information
Monday-Friday from 12 noon to 6:00 pm)

+ Fil santé jeunes

(Youth Health Hotline): 0 800 235 236 (toll-
free number, open 7 days a week from 8:00
am to midnight)

38

GUIDE TO USEFUL NUMBERS ON:

- www.rhone.fr/annuaire-sante
(Rhône Department)

The Guide to student healthcare in Lyon is published by the PUL (Network of Lyon Universities) to meet students' needs for counselling and care. This guide is available from Com'Et (25 rue Jaboulay 69007 Lyon) and online on the site www.universite-lyon/vie-etudiante.fr.

→ International students: further information on p. 88







Practical information



1	FINANCING YOUR STUDIES	42
2	EATING	44
3	GETTING AROUND	47



Practical information

1 FINANCING YOUR STUDIES

Between the ages of 19 and 24, nine out of ten students receive financial aid from their parents on a regular basis, and according to a study by INSEE (February 2002), the average cost of five years of higher study is €47,750, including everything. While your parents' support is important, you can also look for supplementary financing (grants, loans, part-time jobs etc.) that will help you make ends meet.

Think about finding out more from organisations such as the CII, the CRIJ, the CROUS, the SCUJO or the CIO of your educational institution.

CII - 25, rue Jaboulay - 69007 Lyon
04 72 73 24 95

CRIJ - Rhône Alpes Lyon - (Regional youth information centre) 10, quai Jean Moulin - 69001 Lyon - 04 72 77 00 66 - www.j-net.org

CROUS - 59, rue de la Madeleine - 69366 Lyon cedex 07 - 04 72 80 17 70 - www.crous-lyon.fr

SCUJO-CIO - p. 15

1.1 GRANTS AND LOANS

+ Aid from the National Education Ministry

To find out about grants awarded on social or academic criteria, or about loans, visit the website of the CNOUS (www.crous-lyon.fr) or request information from the CROUS:

Service du dossier social étudiant (Student social application office)

25, rue Camille Roy - 69365 Lyon cedex 07
04 72 80 13 00

+ Aid from other ministries

- Social and paramedical studies: Ministry of Health
- Architecture and fine arts studies: Ministry of Culture
- Agricultural studies: Ministry of Agriculture Request information from the educational institution you are attending or where you are planning to go.
- Research grants: doctoral degrees. Get an application from the university office.

+ Aid from the county (Département du Rhône)

"Prêts d'honneur départementaux" (loans made with no guarantee of repayment) – Contact the Hôtel du Département - 04 72 61 35 33

Criteria: for French citizens with parents who are residents in Rhone county.

+ Aid from the Rhône-Alpes Region

Rhône-Alpes Region - 04 72 59 40 00

You will find all this information on their website: www.rhone-alpes.fr (under the heading espace jeunes étudiants).

STUDYING ABROAD WITH THE RHÔNE-ALPES REGION

Rhône-Alpes is the French region that supports the highest number of students studying abroad.

IN CASE OF SERIOUS FINANCIAL DIFFICULTIES

The social workers at the CROUS are there to help you resolve your social and financial difficulties. To make an appointment with a CROUS social worker: 04 72 80 13 25



12 EMPLOYMENT AND JOBS

There are student jobs to be had in all aspects of the economy. To find a job that suits you:

- + Go to the CROUS, the CRIJ, or to OSE (see contact details above). These 3 organisations display offers that you can check on their premises or online.
- + Check the classified ads in free newspapers (Paru/Vendu and Top Annonces) or displayed in shops (i.e. private tutoring or babysitting).

Furthermore, throughout the region, hundreds of grape-pickers and fruit-pickers are recruited through the ANPE (French national employment office). Find out more in springtime and autumn. Also, think about temporary jobs, which have several advantages: you can adapt your work schedule to the demands of your studies, get higher pay (there is an end-of-contract bonus worth 10% of your gross salary) etc.

MINIMUM WAGE (SMIC)

The hourly gross minimum wage is €8.03 (since 1 July 2005).

www.anpe.fr ; www.monster.fr ; www.keljob.com

+ Here are a few popular student jobs:

- Supervising in boarding schools and day schools: request information from the Office of the Rector of Lyon ("Rectorat")
- jobs offered by universities and student mutual insurance companies at the beginning of the academic year (providing enrolment assistance and information)
- home services: language lessons and private



- tutoring (from €12 to €25 an hour), babysitting (from €5 to €7 an hour), assisting the elderly
- supervision and reception-desk jobs: entertaining at children's parties (around €40 for 3 hours), attendants, hostesses and hosts
- corporate services: handing out flyers, salesperson in department stores, telemarketing, conducting surveys
- restaurant jobs: waiting on tables, working at fast-food restaurants, delivering pizzas

You will find all the job websites on www.lyoncampus.org

DON'T FORGET ABOUT TAXES

Important point: the money you are paid is taxable (the taxable amount is the net amount at the bottom of the pay slip; the total of all the sums for the calendar year). Students who file their tax statements individually are taxable if their net income exceeds €8,035, but if they are on their parents' statement, their parents have to declare the students' net income, even if it is below €8,035.

> International students: further information on p. 90

Practical information

2 EATING

+ With the CROUS

For every taste...

The CROUS of Lyon runs the university restaurant system through a network of "Resto'U", approved restaurants and cafeterias that you will find at most of the places of higher education and near the university residence halls. At the Resto'U, different menus are offered every day.

- Traditional French meal: this features a main dish, two sides (a starter, cheese or dessert) and a bread roll, paid with the "ticket-repas" (meal ticket).
- Food from the grill: steak, chips etc., for which you pay cash.
- Meals at the cafeteria-grill: chips, meat, salads, pastries, pizza, sandwiches, cold cuts, hot dishes, cheese, dessert, fruit etc., which you pay for either with a meal ticket or the equivalent in cash. You can get a menu (main dish, yoghurt and dessert) in certain cafeterias. The university restaurants are open every day, except Sundays and official holidays (see monthly schedule for business hours).

Traditional meals are paid for with a ticket: €2.70 in 2005-2006 (subsidised student rate). The other types of meals are paid for with cash. A "meal for a ticket" option is available in every CROUS restaurant.

+ In the cafeterias

at the institutions of higher education, there are cafeterias, some of which are run by the CROUS. They offer sandwiches, pizza, quiches and sometimes salads. They are often open all day long, unlike the traditional restaurants.

SUNDAYS AND BANK HOLIDAYS

- Cooked meals (a dish, yoghurt and a dessert) to be reheated are sold for tickets, at closing time of the Resto'U at the reception desks of the university residence halls.
- Also try having food delivered, or go to the many Lyon markets, which are held in the mornings.

+ Sale and refunds of Resto'U tickets

Tickets are sold at the CROUS (59, rue de la Madeleine), Monday through Friday from 9:00 am to 2:00 pm (except Wednesday afternoons; bring your student card). You can also get tickets at all the university restaurants.

Meal tickets cost €2.70 apiece in 2005-2006. They are sold in books of 10. The price changes on August 1. Unused tickets from the previous year are refunded from September to December (go to CROUS to get the exact dates). You have to present the old tickets and your student card to get a refund.

LYON: THE WORLD CAPITAL OF GASTRONOMY

Our city certainly lives up to its reputation: it abounds with restaurants for every taste and every budget. The "bouchons", which are the traditional restaurants of Lyon, offer authentic cooking best enjoyed with Beaujolais or Côte du Rhône wines... what a delicious way to spend an evening! You are sure to find a restaurant to your liking in the neighbourhoods of Vieux Lyon and on the "Presqu'île", notably on rue Mercière and rue des Marronniers, which are truly dedicated to good food.

> International students: further information on p. 94



+ List of “Resto’U” and cafeterias

You can also find them on www.crous-lyon.fr

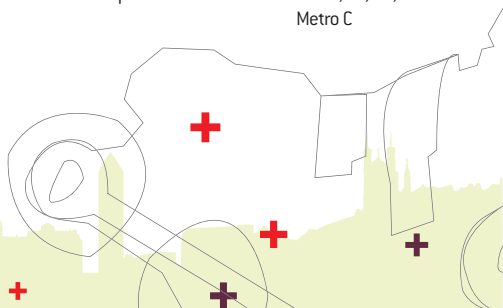
NAME	ADRESS	HOURS	ACCESS
André Allix	2 rue soeur Bouvier 69005 Lyon	Resto’U: every day 11:45 am to 1:15 pm and 6:45 pm to 8:00 pm	Bus 30/46/49 Funicular St Just
La Madeleine	360 rue Garibaldi 69007 Lyon	Resto’U: every day 11:30 am to 1:30 pm Cafet’U: every day 11:30 am to 2:30 pm	Bus 12/23/35/47/53 Metro B tram T2
Jean Mermoz	98 aveMermoz 69008 Lyon	Resto’U: every day 11:30 am to 1:30 pm 6h30 pm to 7:45 pm	Tram T2 Métro D
Puvis de Chavannes	118 Bvd du 11 novembre 1918 69100 Villeurbanne	Resto’U: every day 11:30 am to 1:45 pm, 6:30 pm to 8:00 pm Cafet’U: every day 11:30 am to 1:30 pm	Bus 38, Tram T1
Jussieu	3 ave Albert Einstein 69100 Villeurbanne	Resto’U: every day 11:30 am to 1:45 pm, 6:30 pm to 8:00 pm Cafet’U: every day 11:30 am to 1:30 pm	Bus 38, Tram T1
<i>Ouverture des Resto Jussieu et Puvis en alternance le soir une semaine sur deux.</i>			
IUT B Cybercafé	17 rue de France 69100 Villeurbanne	Resto’U: every day 11:30 am to 1:30 pm Cafet’U: every day 7:00 am to 2:30 pm	Bus 69, métro A
La Grignotte	ave Albert Einstein 69100 Villeurbanne	Cafét’U: Monday-Thursday 7:30 am to 6:30 pm Fridays 7:30 am to 2:00 pm	Bus 38, métro A
Café Lumière	5 ave Pierre Mendès France - Bron	Cafet’U: every day 7:30 am to 5:30 pm	Bus 81/62, Tram T2
Bron	5 ave Pierre Mendès France - Bron	Resto’U: every day 11:30 am to 1:45 pm	Bus 81/62, Tram T2
Café Filtre	5 ave Pierre Mendès France - Bron	Cafet’U: every day 7:30 am to 5:00 pm	Tram T2
Catholic University	19 rue du Plat 69002 Lyon	Cafét’U: every day 7:30 am to 6:30 pm	Bus 28/29/30, métro A/D, Presqu’île shuttle
La Manu	1 ave des Frères Lumière 69008 Lyon	Resto’U: every day 11:30 am to 2:15 pm	Bus 9/36/65T/69, Metro D

Practical information

+ Liste des resto'U et cafétérias (SUITE)

Egalement consultable sur www.crous-lyon.fr

NOM	ADRESSE	HORAIRES	ACCÈS
Bistrot de la Manu	cours Albert Thomas 69008 Lyon	Cafét'U: every day 7:30 am to 6:30 pm	Bus 9/36/65T/69, Metro D
Astrée	ave Gaston Berger 69100 Villeurbanne	Cafét'U: every day 7:30 am to 6:00 pm	Bus 38, tram T1
Com'Et	25 rue Jaboulay 69007 Lyon	Cafet'U: Monday-Thursday 7:30 am to 5:00 pm and Fridays 7:30 am to 4:30 pm	Tram T2 Metro D
La Buire	rue Paradin 69008 Lyon	Cafét'U: every day 8:00 am to 3:00 pm	Metro D
Rabelais	ave Rockefeller 69008 Lyon	Cafet'U: every day 7:30 am to 6:00 pm	Bus 9/29/34/38/65T 79/n8 métro D tram T1
Cafet' Laennec	rue Paradin 69008 Lyon	Cafét'U: every day 8:00 am to 3:00 pm	Metro D
IEP	ave Berthelot 69007 Lyon	Cafét'U: Monday-Thursday 7:30 am to 4:00 pm	Bus 98
Marcy	393 ave Bourgelat 69280 Marcy l'Etoile	Resto'U: every day 11:45 am to 1:45 pm	Bus 98
Cybercafé Doua	24 ave Gaston Berger 69100 Villeurbanne	Cafét'U: monday/tuesday 7:30 am to 6:00 pm and wednesday 7:30 am to 4:00 pm	Bus 38, tram T1
Cafet' Gerland	14 passage du Vercors 69007 Lyon	Cafét'U: every day 7:00 am to 4:00 pm	Bus 96 Metro B
Cafétéria des Sports	14 Bd Lатарjet 69100 Villeurbanne	Cafet'U: every day 11:00 am to 2:00 pm	Bus 38, tram T1
ENS	46 allée d'Italie 69364 Lyon	Resto'U: every day 11:30 am to 2:00 pm and 7:00 pm to 8:00 pm Cafet'U: every day 11:30 am to 2:00 pm	Metro B Gerland station
Cafet' Carnot	23 Place Carnot 69002 Lyon	Cafét'U: every day 7:30 am to 6:30 pm	Metro A, Tram T2
Cafet' IUFM	80 Bd de la Croix Rousse 69001 Lyon	Cafét'U: every day 7:30 am to 6:00 pm	Bus 2, 13, 45, 61 Metro C



3 GETTING AROUND

Thanks to the buses, the metro, the trains and the new tramway lines, it's easy to zip around town, but you can also walk, ride a bike or use other environmentally-friendly means of transport.



3 1 BUS, METRO AND TRAMWAY

+ The Lyon public transit network (TCL), which operates from 5:00 am to midnight, 7 days a week. There are nearly 100 bus lines, 4 metro lines and 2 tramway lines:

Campus dessert:

- . Line T1: Montrochet - IUT Feyssine
- . Line T2: Perrache - Saint-Priest Bel Air
- Information: www.tcl.fr - allo TCL: 0820 42 70 00 (€0.12 /min)

THE PLEINE LUNE (FULL MOON) LINE WILL GET YOU HOME WHEN THE METRO AND TRAMWAY ARE CLOSED!

4 departures a night on Thursday, Friday and Saturday nights at 1:00 am, 2:00 am, 3:00 am and 4:00 am from the beginning of October to the end of June.

The "Pleine Lune" concept is based on 2 departure points in the city centre and 2 itineraries serving the main outing locations and the student residence halls.

- Terreaux/La Doua/Cité Internationale Quai de Gaulle
- Hôtel de Ville/Mermoz/Grange Blanche

+ Maps, schedules, and the special TCL guide for students are available free of charge in the agencies (indicated on the network maps). You will also find TCL at the EME (Student multi-service centre), and at the main campuses at the beginning of term in October.

+ Rates (on April 1 2006):

- If you are a student and you are under 28 years of age, you can get the Campus Pass ("abonnement campus") for 30.60 euros / month. (Grant holders pay 24.70 euros for the same pass). To be eligible for the pass: you have to be under 28 on 1 September 2006, be a student or an apprentice or have a qualification contract. Present your student card or employment contract, an ID, proof of address and an ID photo.
- €3 pass fee (the pass is valid for 3 years).

Practical information

- Single tickets: €1.50 / Book of 10: €10.50 student rate
Tickets are valid for one-hour travel periods; you can make transfers, but you are not allowed to make a return trip with a single ticket.

FOR MOBILITY-IMPAIRED PERSONS:

- For disabled students: If you need a means of transport, contact Mr. Abdi at the General Council [county offices] to file your application, on 04 72 61 78 74.
- For students under 28 with a partial disability (greater than 50%): "GIHP Service Adapté" is a door-to-door transportation service that is totally free, carried out by driver/guides. To benefit from this service, get an application from the Rhône General Council or call 04 37 72 30 30.
- The Optibus service provides mobility-impaired and sight-impaired people with door-to-door transportation in the urban area of Lyon. This service operates every day, except on May 1, from 6:00 am to 1:00 am. The reservation switchboard is open every day from 6:00 am to 10:00 pm, on 04 37 25 24 24 – www.optibus.fr
- Metro access: By the beginning of academic year 2006, all the metro stations will have lifts!



3 2 BIKE RIDING

VELO'V: if you like to get around town on a bike, take advantage of the Vélo'V programme. Greater Lyon provides its inhabitants with a stock of 2,000 bikes that are parked at 200 stations throughout Lyon and Villeurbanne. The layout has been designed to ensure that there is a bike station every 300 metres and less than a 5-minute walk from each other. Depending on which pass you get, the first 30 minutes to 1 hour are free, so you can pick up a bike and drop it off at your destination. You can also keep it a little longer for a low fee. This system, which is the only one of its kind in Europe on this scale, has been a huge hit since it started in 2005.

+ How the VÉLO'V pass works

- **Long-term pass:** valid for one year. The first 30 minutes are free. From a half hour to an hour and a half: €0.50. Each subsequent hour: €1. Sign-up fee: €5. You just need to have a bank card and to accept the conditions for use indicated on each terminal, then you choose a personal code. The pass is issued and you can borrow a bike. The registration form can be downloaded on: www.velov.grandlyon.com
- **Short-term pass:** valid for 7 days, issued at each station. The first 30 minutes are free, then from a half hour to an hour and a half: €0.50. Each subsequent hour is €2. Sign-up fee: €1.
- **The Técély pass** may be used as a Vélo'v pass: simply fill in the subscription form and attach the required documents. The subscription terms are the same as for a long-term pass.



A deposit of 150 euros is required for all subscriptions (in case of theft or non-return within 24 hours).

For more information on Vélo'V (rates, station network): www.velov.grandlyon.com

toll free number: 0 800 08 35 68

The map of Vélo'V stations is also available from City Hall, TCL agencies and the Tourist Offices.

+ Pignon sur rue

10 rue Saint Polycarpe - 69001 Lyon

04 72 00 23 57 - www.pignonsurrue.org

10 rue Saint Polycarpe - 69001 Lyon

04 72 00 23 57 - www.lyonvilleavelo.fubicy.org

This association, which groups together three associations that promote bicycles in the city ("Vélo et Chemins de Traverse", "La Ville à Vélo" and "Le Recycleur"), offers a repair workshop and traffic maps, and it pressures political and public bodies to increase the number of bike paths, etc.

- Bike racks are available free of charge in the city's parking network. The bike and roller-skate website of Lyon Campus:

www.lyoncampus.org/pagesguideall6.htm

- A bike-path guide is available from Greater Lyon.

3 3 THE COACH NETWORK OF RHÔNE COUNTY

You can get information from "Allo Transports Publics": 04 72 61 72 61 - www.rhone.fr

+ Discount rates:

Students under 28 years of age with the "Ayant Droit" card get 50% off single tickets as well as off passes (except for annual passes).

+ Student road network

This network will let you get the most out of your weekends if you want to leave early on Fridays and come back late on Sunday nights. Coaches link up most of the university centres of the Lyon region to Chamonix, Chambéry, Evian, Modane, Bourg-Saint-Maurice etc. To find out the prices and connections of this network, call

Allo TER: 0 891 67 68 00 (€0.22/min)

3 4 TRAINS - SNCF

The French national railway company (SNCF) runs the rail system. TGVs (high-speed trains) link Lyon to Paris and Marseille.

+ Information and tickets

- At the station: at the Part-Dieu, Perrache and St. Paul stations, or by phone: 36 35 (€0.34 a minute)

- Online: www.voyages-sncf.com

+ SNCF agencies

- City centre: 2, place Bellecour - Lyon 2nd district - Monday through Saturday 10:00 am to 6:00 pm

- Croix-Rousse: 4, bd des Canuts - Lyon 4th district

- Monday through Friday 8:30 am to 6:00 pm and Saturdays from 8:30 am to 4:00 pm

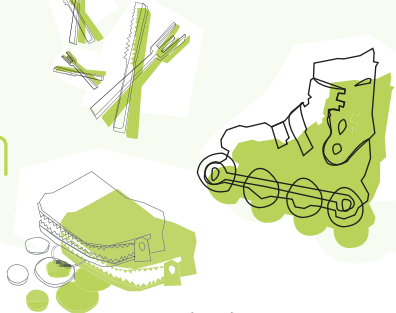
- Préfecture: 11, rue de la Part-Dieu - Lyon 3rd district - Monday through Friday 9:00 am to 6:00 pm

- Montplaisir: 115, avenue des Frères Lumières - Lyon 8th district - Tuesday to Friday 9:00 am to 7:00 pm and Saturdays 9:00 am to 5:00 pm.

+ Rates

- **Découverte 12-25** this rate gives you 25% off during "blue" periods depending on availability in the TGV

Practical information



- **12-25 pass:** €49 for an unlimited number of trips; the pass is valid for one year for any distance (outside of Ile-de-France). 50% discounts (subject to conditions) in most trains. You are guaranteed at least 25% off all trains. You can also get discounts on airfare, car hire and hotels of the Accor Group.

- **Prem's discounts (available for everyone):** Depending on the period and the places available when you reserve (you have to reserve at least two weeks before the trip). With Prem's rates you will get discounts ranging from 25% to 50%, depending on the connections and on the date of reservation. The tickets you reserve this way are non-refundable and non-exchangeable. They are only available online and must be paid for online.

www.voyages-sncf.com

- **For people who travel every day or very frequently** Students under 26: student, pupil or apprentice pass: this will entitle you to an unlimited number of trips between your home and the place you study for 7 consecutive days, or one month. It may be renewed throughout the academic year.

- **For people who travel every week** The "Campus Pass Rhône-Alpes", which is for students who live in the Rhône-Alpes region, provides a 50 % discount on all trips between their home and their place of study, whether the place of study be in Rhône-Alpes, Auvergne or Burgundy, for the whole academic year. The pass costs €30. Plus, holders of the Campus Pass Rhône-Alpes get half off any trip in Rhône-Alpes on Saturdays, Sundays and holidays!

- **Ticket book (carnet):** This is a book of 6 non-nominative tickets at a 20% discount, valid for 6 months for trips throughout the Rhône-Alpes region.

+ Regional train network (TER):

www.ter-sncf.com www.cr-rhone-alpes.fr (under the heading: espace jeunes/carte Rhône Alpes Coup de foudre)

- The Rhône student pass combines trains and urban transport. It will enable you to travel freely on the TER and TCL networks.

- The Rhône-Alpes "Coup de foudre" pass is for students under 26 who live or are pursuing higher studies in Rhône-Alpes. This pass costs €30 (a year ?) and will give you a 50% discount on the TER or national train networks, every day, in all regional trains and for up to 3 people travelling with you, only on weekends. You can buy this pass in all the stations of the Rhône-Alpes region.

- The "Coup de cœur" pass: this pass, which is available to everyone, is offered by the Rhône-Alpes region and costs only 40 euros a year. It can be used in any TER train or coach in the region, and it will give you 25% off during the week and 50% off for you and 3 people travelling with you on the weekend.

- The pupil, apprentice and student pass, either weekly or monthly, entitles you to an unlimited number of TER trips between your home and your place of study (excluding the TGV; for pupils under 21, apprentices under 23 and students under 26 years of age).

3 5 FLYING

Lyon-Saint-Exupéry Airport
0 826 800 826 (0.15 euros/min)

www.lyon.aeroport.fr

Getting to the airport

- By motorway: from Lyon A43 and A432
- By train: 11 TGVs a day go from Paris Gare de

Lyon station to Lyon St-Exupéry

- By shuttle: regular service every 20 minutes; the trip takes 35 minutes from the Part-Dieu station and 50 minutes from the Perrache station, for €6.20 (youth discount from 12 to 24 years): contact Satobus on 04 72 68 72 17 or online: www.satobus.com

TAXIS

You can find all the stations on the city's website: www.lyon.fr

3 6 TRAVEL FOR LESS

+ Driving - carpooling

- www.lyoncampus.org/pagesguide/all4.htm
- To carpool every day or only on weekends

OTU VOYAGES (the university's tourist office) is a travel agency for students: it offers discount tickets for air, sea, road and rail travel, as well as linguistic stays and low-budget packages. OTU also issues the International Student Identity Card.

There are two agencies www.otu.fr :

59, rue de la Madeleine, Lyon 7th district

Phone: 04 72 80 13 19

43, Bd du 11 novembre in Villeurbanne

Phone: 04 78 93 11 49

Also see www.ecotrajet.com

+ Rollerblading and scooters

If you are a city skater, you might be interested in two associations that organise weekly rollerblading trips across town:

- **Génération Roller** offers a weekly meeting on Friday evenings at Place Bellecour, at 9:00 pm for beginners and 10:00 pm for experienced skaters. Escorted by a safety crew, the group of around

1,000 people rollerblades on city streets. For more information, visit: www.generationsroller.asso.fr

- **MacadamRoller** : www.macadamroller.com

- **Roller in Lyon** keeps you up to date on the latest rollerblading news in Lyon: Where? How? What laws? <http://rollerinlyon.free.fr>

. The Inter-rail pass

With this pass, whatever your age, you can travel as often as you like in 29 countries in Europe and North Africa (except for your country of residence). The passes are available for periods of 12 days up to 1 month. Rates range from €182 to €389 (for people under 26, depending on the period and the travelling areas). In some cases, you can even take ferries.

- **Low Cost airlines**: take a look at websites such as Ryanair, EasyJet and lastminute.com, which feature very competitive prices!

EUROLINES INTERNATIONAL BUSES

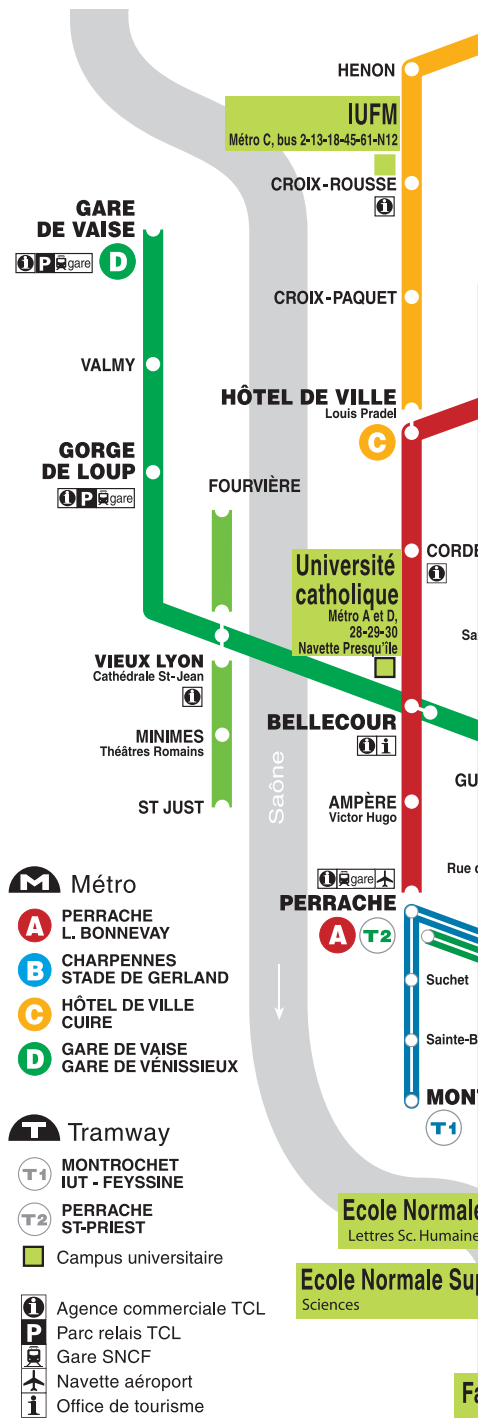
Buses connect up the main cities of Europe at a low cost, especially for students with the ISIC card. They are pioneers in travel packages
www.eurolines.fr - www.isic.fr

Also, check this website:

www.lyoncampus.org/pagesguide/II7.htm



SUBWAY-TRAMWAY



Accessibilité

Parmi les 90 stations métro-tramway : Brotteaux, Flachat, Les Minimes

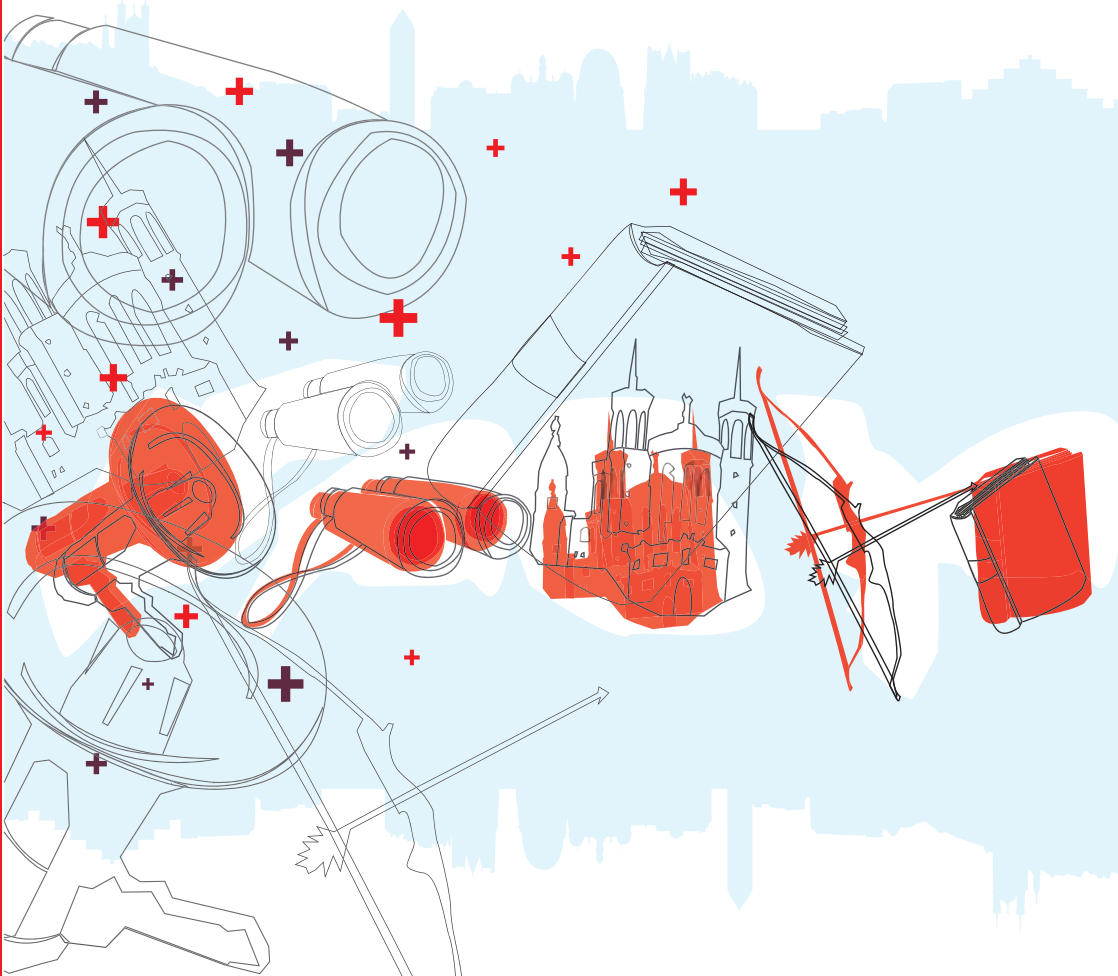


Enjoying the cultural



The rich artistic and creative scene in Lyon puts the city on the cutting edge of live entertainment and new music. Lyon also enjoys international renown: take advantage of your stay here to make the most of it. Visit the city, discover its vibrant cultural life, impressive heritage and major international cultural events.

1	HISTORICAL HERITAGE	56
2	MAJOR CULTURAL EVENTS	57
3	LIVE ENTERTAINMENT	59
4	MUSEUMS	62
5	CINEMAS, LIBRARIES AND BOOKSTORES	63
6	CULTURAL LIFE AT YOUR EDUCATIONAL INSTITUTION	64



Enjoying the cultural

1 HISTORICAL HERITAGE

Founded in 43 BC, the city of Lyon, which was called Lugdunum at the time, was the capital of the Western Roman Empire for the first few centuries of its existence. While the foundations of the city were being dug, a cloud of crows swept down on the place, hence the name "Lugdunum" (hill of crows). Fortified by this sign from the gods, Lyon grew to become a perpetual theatre with an economic life rich in colours and international trade.

The magnificent Antique Theatre of Fourvière Hill which can accommodate over 4,000 people, is the venue for the "Nuits de Fourvière" festival held every year from the beginning of June to the end of July.

"Vieux-Lyon" (Old Lyon) is the largest Renaissance area to be found in France, bearing witness to the splendour of Lyon in the 15th and 16th centuries. The "traboules lyonnaises", inner passageways leading from one street to another, are full of architectural curiosities: Renaissance façades, spiral staircases, courtyards opening onto terraced gardens etc. They also served to shelter the secret comings and goings of Lyon inhabitants during the Occupation.

The Croix-Rousse quarte was built in the 19th century, in response to changes in the silk-weaving industry brought on by the invention of the Jacquard technique. This "village within the city" has a lively market, sidewalk cafés and original events (such as "Vivantes les Pentes"). Its modest silk weavers' (Canuts) abodes have extremely sober façades and very high wooden French-style ceilings. Indeed, the silk weavers needed over 4 metres to accommodate their heavy looms, and it is said that the number of windows a workshop had corresponded to the number of looms operating. Now a neighbourhood of artists and artisans, the "slopes" also offer amazing views of the more middle-class Quais area of the city.

The "Presqu'île (peninsula), situated between the Rhône and the Saône rivers, was mostly developed during the 19th century, when the main roads were developed (République, Victor Hugo, Brest and Edouard Herriot streets). It boasts superb administrative and cultural buildings such as City Hall, which was rebuilt in the 18th century by the architect of Versailles, Jules Hardouin-Mansart, as well as the Museum of Fine Arts, Célestins Theatre and the National Opera House of Lyon. But it owes its special charm to the art of juxtaposing classic and contemporary architecture with uncommon audacity: Jean Nouvel renovated a building that was constructed in an overly classic manner and transformed it into the National Opera House, with its glass dome that glows red in the sunset. Place des Terreaux also found a new image in 1994: the Bartholdi Fountain was moved and granite paving stones striped with black and white were designed by Daniel Buren. The square, where pedestrians reign supreme once more, is chequered beautifully with 69 mini fountains, lit up at night with optical fibre.

+ To discover Lyon, its heritage and its secrets:

- Tourist Office of Lyon
Place Bellecour - 04 72 77 69 69 - Open Monday through Saturday from 10:00 am to 5:30 pm - www.lyon-france.com
- Lyon en direct au 04 72 10 30 30
- Go to the official site of the City of Lyon: www.lyon.fr, as well as www.lyoncampus.org (heading "Sortir – Loisirs et Culture")
- Go to the Tourist Office:
• Audio-guided tours: explore Lyon at your own pace. Rent a player for €8 at the Tourist Office, follow the itinerary and discover the history, anecdotes and secrets of the Croix-Rousse quarter or of Vieux-Lyon. You can also visit Lyon aboard a motor boat or an excursion boat, you can cruise through town on a double-decker bus, or you can try out the Cyclopolitains, the bike taxi!

■ BIENNALE DE LA DANSE
■ FESTIVAL D'AMBRONAY
■ HERITAGE DAY
■ LES MUSICADES

■ LA FÊTE DE LA SCIENCE

■ LE BEAUJOLAIS NOUVEAU !

SEPTEMBRE

OCTOBRE

NOVEMBRE

2 MAJOR CULTURAL EVENTS

To find out everything you need to know about cultural events in Lyon, take a look at www.lyon.fr (heading: culture) or check the "Culture" brochure published by the City of Lyon, available for free on the campuses, in the cultural services of the universities and at the Multi-Service Student Centres (EME; see p.5). You can also check the culture schedule on the website www.lyoncampus.org.

All the festivals of interest in Rhône-Alpes are featured on www.festivals-ra.com: music, theatre, cinema, dance, world music and more.

Biennale de la danse

9 - 30 SEPTEMBER 2006

40 dance companies will participate in the 12th festival, and 20 cities will be represented. Organised every other year in Lyon, alternating with the Biennale d'art contemporain, this cultural event of international scope attracts over 100,000 visitors each time it is held. There is a Dance Parade on Sunday, September 17, at 2 :30 pm, going from Place des Terreaux to Bellecour via rue de la République. Find out more on: www.biennale-de-lyon.org

Festival de musiques anciennes d'Ambronay

SEPTEMBER 15 - OCTOBER 13, 2006

www.ambronay.org

Heritage Day

18 AND 19 SEPTEMBER 2006

The city and its heritage are all yours. www.lyon.fr

Les Musicades

SEPTEMBER

Festival de musique contemporaine en septembre.

www.musicades.com

La Fête de la Science

IN OCTOBER

Events proposed by the laboratories of ENS Lyon at the "Double Mixte" venue on Doua Campus (County Village of the Festival of Science) www.ens-lyon.fr

Le Beaujolais nouveau !

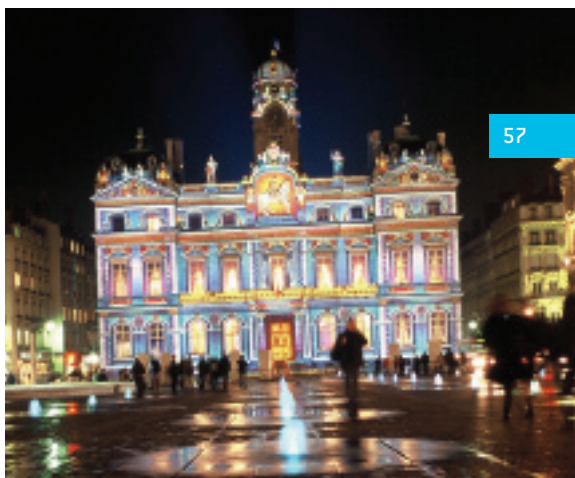
ON THE 3RD THURSDAY OF NOVEMBER

France celebrates the new Beaujolais wine.

Fête des Lumières

FROM THURSDAY 7 THROUGH SUNDAY 10 DECEMBER 2006 FROM 6:00 PM TO 1:00 IN THE MORNING.

Originally a Catholic feast day, December 8 is now a festival of lights held throughout the city. Many events take place on the theme of light, and the city's monuments glow in their most beautiful colours. This is an event of international scope that attracts bigger and bigger crowds every time. www.lyon.fr



57

Festival du Vieux Lyon

DECEMBER

Early music festival at Trinity Chapel (Lyon 2nd district)

Le Printemps des Poètes

AT THE BEGINNING OF MARCH

This festival dedicates more than a week to poets and poetry, with performances in the quarters and districts, encounters and readings in cafés, retirement homes, hospitals and other public places

- FÊTE DES LUMIÈRES
- FESTIVAL DU VIEUX LYON
- LE PRINTEMPS DES POÈTES

DÉCEMBRE

- A VAULX JAZZ FESTIVAL
- LA FÊTE DU LIVRE DE BRON
- LES NUITS SONORES

MARS

- LES 24 HEURES DE L'INSA DE LYON
- LES INTRANQUILLES

MAI

A Vaulx Jazz Festival

FROM 15 THROUGH 25 MARCH 2007

This music festival in Vaulx-en-Velin has been held since 1987.

www.avaulxjazz.com

La fête du livre de Bron

MARCH 9 THROUGH 11, 2007

For 3 days at the Parilly Racecourse, this event focuses on readers, authors and bookstores.

Les Nuits sonores

IN MAY

This event, which is dedicated to electronic music and culture, takes place in fifty venues around town.

Les 24 Heures de l'INSA de Lyon

IN MAY

This festive event is organised by INSA students on Doua Campus. It features bike, foot and rollerblade races, as well as a large selection of entertainment and concerts.

www.24heures.org

Les Intranquilles

MAY-JUNE (LYON 4TH DISTRICT)

This event, organised by Villa Gillet and the Substances, is four weeks full of creation in dance, theatre and literature, at several different venues.

www.lesintranquilles.net

Fête de la Musique

21 JUNE

This annual French celebration of music has become a real favourite. Wander through the city's streets and listen to all sorts of music, around every corner. This festival will be music to your ears! Programme : www.lyon.fr

Les Invites de Villeurbanne

JUNE

For three days, Villeurbanne buzzes with the excitement of sharing music and theatre, and of meeting artists and production designers throughout the city. You can find the schedule of concerts on www.mairie-villeurbanne.fr

Festival Jazz à Vienne

IN JUNE/JULY

Two weeks of concerts at the first jazz festival in France, in the Roman Theatre of Vienne (30 km from Lyon) - www.jazzavienne.org

"Tout l'monde dehors" Festival

ALL SUMMER LONG,

the city offers a busy and very eclectic schedule of events (festivals, theatre, cinema and music) in extraordinary outdoor venues. Not to be missed under any circumstances [it's free].

Programme : www.lyon.fr

Les Nuits de Fourvière

FROM JUNE TO AUGUST, the antique theatre resumes its original role: a showplace where theatre, dance and music mix.

www.nuits-de-fourviere.org

Cinéma Nouvelle Génération Festival

EARLY JULY (Lyon 1st district)

This is the one and only gathering of the digital cinema scene in Europe.

www.cinemanouvellegeneration.com

For the programme of all the festivals in Rhône-Alpes, you can also take a look at www.festivals-ra.com

CULTURE AND MARKETS...

Art Market

This art market, in which artists show their work, is held every Sunday on Quai de Saône (near St-Jean). Stop by and you're sure to be enthralled; maybe you'll even want to show your work here too someday!

Booksellers'

find many booksellers at this outdoor market on Quai de la Pêcherie (Lyon 1st district). It's usually held every weekend, depending on the weather.

Artisan and Artist Market

Every Sunday morning, over 150 artisans and

■ FÊTE DE LA MUSIQUE
■ LES INVITES DE
VILLEURBANNE
■ FESTIVAL JAZZ À VIENNE
■ JAZZ À VIENNE FESTIVAL

■ « TOUT L'MONDE DEHORS »
FESTIVAL
■ LES NUITS DE FOURVIÈRE
■ CINÉMA NOUVELLE
GÉNÉRATION

■ LES NUITS DE FOURVIÈRE

JUIN

JUILLET

AOÛT

artists exhibit their work: wood, glass, leather, inlaid and porcelain objects, silk painting and engraving; but also flower arrangements, jewellery, work by potters, painters, cloth weavers, fashion designers and more. It happens in the St Paul quarter, on the banks of the Saône. Quai de Bondy - Lyon 5th district - Sundays from 8:00 am to 1:00 pm.

Canal Flea Market

At the Flea Market in Villeurbanne, haggling for good deals starts at opening time, which is 6 o'clock in the morning! Thursday and Saturday: 8:00 am 12:00 noon and Sundays: 6:00 am – 1:00 pm 1, rue du Canal - 69110 Villeurbanne - 04 72 04 65 65

www.pucesducanal.com

* If you are an antique lover, don't miss the Cité des Antiquaires : 117 boulevard Stalingrad - 69100 Villeurbanne – www.cite-antiquaires.fr or the Auguste Comte quarter (Lyon 2nd district) www.augustecomte.com.

3 LIVE ENTERTAINMENT

If you love dance, the opera, café theatre, traditional theatre, contemporary theatre and the like, then Lyon is the place for you, as the city is especially keen on promoting artistic and creative work.

GET A CULTURE PASS!

In partnership with 16 cultural institutions, the City of Lyon offers a pass for €33, providing admission to 7 shows throughout the academic year, to be chosen from the full selection of cultural events at the following venues: Opéra National de Lyon - Maison de la Danse - les Célestins Théâtre de Lyon - Espace Gerson - Complexe du Rire - Nouveau Théâtre du 8e - Ninkasi Kao - Les Nuits Sonores, etc. Tickets are sold from mid-October to mid-November at the institutions of higher education, at Com'Et (25, rue Jaboulay Lyon 7th district) and at the CROUS (59 rue de la Madeleine Lyon 7th district).

To see the list of partner institutions, the complete list of outlets and the monthly programme for the Culture Pass, go to www.lyoncampus.org

. You will find the programmes for all the cultural institutions on www.lyon.fr

. Discover the cultural landscape of the region, in terms of entertainment, music, literature and "art de vivre" on www.plumart.com

+ **Good deals from Com'Et** Support – info - culture All year long, the PUL (Lyon University Network) offers you show tickets at discount rates (between €8 and €10), encounters with professionals from the entertainment industry, opportunities to attend rehearsals and tours of cultural sites in Lyon (with student card).

+ **Le Plan'Et Culture**, published by Com'Et, keeps you up-to-date on monthly cultural programmes in the city and in the institutions of higher education. Com'Et : 25 rue Jaboulay - Lyon 7th district 04 37 28 05 06.

www.lyoncampus.org/comet

www.universite-lyon.fr/vie-etudiante

59



Enjoying the cultural

3 1 THEATRES

- Théâtre des Célestins

4, rue Charles Dullin - Lyon 2nd district
04 72 77 40 00 - www.celestins-lyon.org
Admission: €10 for people under 26

- Théâtre de la Croix-Rousse

Place Joannes Ambre - Lyon 4th district
04 72 07 49 50 - www.croix-rousse.com
Admission: €12 to €20 for people under 28

- Théâtre le Point du Jour

7, rue Aqueducs - Lyon 5th district
04 78 15 01 80 - www.lepointdujour.fr
Admission: €15 for people under 25

- Théâtre Nouvelle Génération

23, rue Bourgogne - Lyon 9th district
04 72 53 15 15 - www.tng-lyon.fr
Student admission: €13

TNP – Théâtre National Populaire de Villeurbanne

8, place du docteur Lazare Goujon
www.tnp-villeurbanne.com
69100 Villeurbanne - 04 78 03 30 00
Admission for people under 26: €13

- Théâtre de l'Iris

331, rue Francis de Préssensé - Villeurbanne
04 78 68 86 49

- Théâtre de Vénissieux

8, bd Laurent Gérin - 69200 Vénissieux
04 72 90 86 68 - www.ville-venissieux.fr/theatre/

- Théâtre de la Renaissance

7, rue Orsel - 69600 Oullins
04 72 39 74 91 - www.theatrelarenaissance.com

- Théâtre les Ateliers

3, rue petit David - Lyon 2nd district
04 78 37 46 30 - www.theatresateliers-lyon.com
Student admission: €14
Youth card: €10 (with the card, you can have any seat for €6)

- Théâtre des Marronniers

7, rue Marronniers - Lyon 2nd district
04 78 37 98 17
Admission for people under 25: €11
Bon plan: le jeudi, tarif unique à 9 € !

- Théâtre de Poche

19, rue Juiverie - Lyon 5th district
04 78 28 99 94

- Théâtre l'Oseraie

6, rue Pierre Blanc - Lyon 1st district
04 78 28 05 86

- Théâtre des Asphodèles

84, avenue Félix Faure - Lyon 3rd district
04 72 61 12 55

- Les Subsistances (Artistic creation centre)

8 bis, quai Saint-Vincent - Lyon 1st district
04 78 39 10 02 - www.les-subs.com
Admission for people under 25: 8 €

- Espace 44

44, rue Burdeau - Lyon 1st district
04 78 39 79 71 - www.espace44.com
Admission for people under 28: €11

- Café théâtre de la Mi graine

11, place Saint-Paul - Lyon 5th district
04 78 27 73 88 - www.la-mi-graine.com
Openings, improv night every Monday, DJs, philosophy and drinks hour

- Café théâtre le nombril du monde

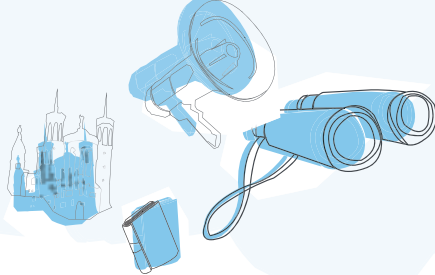
1, place Chardonnet - Lyon 1st district
04 72 07 04 44

- Boui Boui

Café comique
7, rue Mourguet - Lyon 5th district
04 78 37 40 30

- Espace Gerson

1, place Gerson - Lyon 5th district
04 78 27 96 99 - www.espacegerson.com



- Auditorium, Orchestre National de Lyon

149, rue Garibaldi - Lyon 3rd district
04 78 95 95 95

- Maison de la Danse

8, avenue Jean Mermoz - Lyon 8th district
04 72 78 18 18 - www.maisondeladanse.com

- Halle Tony Garnier

20, place Antonin Perrin - Lyon 7th district
04 72 76 85 85 - www.halle-tony-garnier.com

- Complexe du rire

7, rue des Capucins - Lyon 1st district
04 78 27 23 59 - www.complexedurire.com

Student admission €9

Find all the theatres and café theatres on
www.lyon.fr, www.lyoncampus.org,
www.fra.webcity.fr - 04 72 10 30 30

CULTURE UPDATES IN THE PRESS

- “Le Petit Bulletin”, a free weekly newspaper distributed at over 1,000 locations, features the schedule of cultural events in Lyon.
- “491”, a free monthly on cultural life, is available at targeted “culture and recreation” spots. It lists exhibitions, evening events, shows and concerts.

3 2 OPERA, MUSIC AND DANCE

- Opéra National de Lyon

Place de la Comédie - Lyon 1st district - 08 26 30 53 25
Admission for people under 28:

- €10 for show tickets, for the first show, then all year long.
- €8 for remaining seats available 30 minutes prior to showtime.

GREAT DEAL : every day at half past noon, there is a free 45-minute concert highlighting young talents from the local music schools and from all horizons!
www.opera-lyon.org

- Transbordeur

3, bd Stalingrad - Lyon 1st district
04 72 43 09 99

- Hot Club Lyon

26, rue Lanterne - Lyon 1st district
04 78 39 54 74 - www.hotclubjazz.com

- Ninkasi-Kao

267, rue Marcel Mérieux - Lyon 7th district
04 72 76 89 09 - www.ninkasi.fr

- Rail théâtre

69, rue Gorge de Loup - Lyon 9th district
04 78 83 05 68

- Radiant

1, rue Jean Moulin - 69642 Caluire et Cuire
04 78 23 84 02 - www.leradiant.com

- Bourse du Travail (salle Albert Thomas)

205, place Guichard 69003
04 78 60 11 77

- Toboggan centre culturel

14, avenue Jean Macé - 69150 Décines
04 72 93 30 00 - www.letoboggan.com

Admission for people under 26: €10 to €21

- Espace Albert Camus

1, rue Maryse Bastié - 69500 Bron
04 72 14 63 40
www.ville-bron.fr/albertcamus.html

Enjoying the cultural

4 MUSEUMS

If you enjoy strolling through museums, Greater Lyon is the place to be, as it counts about one hundred of them. Whatever your tastes and interests, you'll find a museum to satisfy your curiosity. Here are a few of them...

- Museum of Fine Arts of Lyon

The rich collection of this museum, which is located in St. Pierre Palace, draws enough visitors to rank it the second-most visited museum in France, after the Louvre Museum. Admission is free for people under 26! Keep it in mind! www.lyon.fr

- Museum of Contemporary Art

81, quai Charles de Gaulle - 69006 Lyon - 04 72 69 17 18

- Gadagne Museum - History of Lyon and Puppets of the World

1, place du petit collège - 69005 Lyon - 04 78 42 03 61
www.museegadagne.com

- Centre for the History of the Resistance and Deportation (CHRD)

14, avenue Berthelot - 69007 Lyon - 04 78 72 23 11
www.lyon.fr

- Printing Museum of Lyon

13, rue de la Poulallerie - 69002 Lyon
www.imprimerie.lyon.fr

- Natural History Museum - Guimet Museum

28, bd des Belges - 69006 Lyon - 04 72 69 05 00
www.museum-lyon.org

- Decorative Arts and Textile Museum

34, rue Charité - 69002 Lyon - 04 78 38 42 00
www.musee-des-tissus.com

- Museum of Gallo-Roman Civilisation

17, rue Cléberg - 69005 Lyon - 04 72 38 49 30
www.musees-gallo-romains.com

- Fourvière Museum

8, place de Fourvière - 69005 Lyon - 04 78 25 13 01
www.lyon-fourviere.com

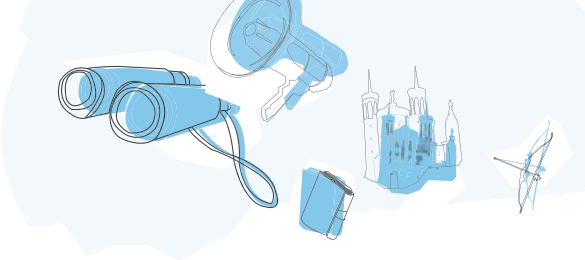
- Tony Garnier Urban Museum

4, rue Serpollières - 69008 Lyon
04 78 75 16 75
www.museeurbaintonygarnier.com

You will find all the museums on

www.lyon.fr, www.lyoncampus.org,
04 72 10 30 30





5 CINEMAS, LIBRARIES AND BOOKSTORES

5.1 CINEMAS

You will find movie schedules in “Le Petit Bulletin”, the widely-distributed free newspaper that comes out on Wednesdays. If you love the cinema, you’ll be pleased to learn that Lyon and the Lyon area are home to plenty of art movie houses. They are associated through the Regional Cinematographic Action Group (GRAC), which you will find on www.grac.asso.fr. This website features all the initiatives of the 30 cinemas in the Lyon region. It offers, amongst other things, encounters with directors and writers, festivals and more.

LUMIÈRE INSTITUTE

Lyon is also the birthplace of the Lumière brothers, who invented the cinema in the 19th century. All year long, this institute offers original programmes, tributes and theme festivals to introduce you to films and directors from different periods.

Lumière Institute - 25, rue du 1er film - Lyon 8th district
You can find their full programme (cinema, visits and library) on www.institut-lumiere.org

Outdoor cinemas

. In summertime, Place Ambroise Courtois, next to the house of the Lumière brothers.

. In July and August: in Villeurbanne and Place Saint Martin d’Ainay (2nd district).



5.2 LIBRARIES

+ Part Dieu Municipal Library and Multimedia Centre

30, bd Vivier Merle - (Part Dieu shopping mall metro stop) - Lyon 3rd district - 04 78 62 18 00
www.bm-lyon.fr

+ **Municipal library branches** branches can also be found in each district. A single library card allows you to borrow from all the libraries. Annual student rate for books, periodicals and paper documents: €5.40 - 10 documents for 3 weeks.

You can also borrow CDs for €18.30 a year (4 CDs at a time), video cassettes and DVDs for €32 a year (3 at a time). The municipal libraries also feature books in foreign languages.

+ **Fast fact:** many cultural events are organised by the municipal libraries. You can find the schedule in the TOPO magazine (bimonthly, available from any library and from Com’Et).

THE “KNOWLEDGE KIOSK” (GUICHET DU SAVOIR)

This service of the municipal libraries of Lyon enables you to ask any reference question. The librarians should answer you within three days by e-mail. It’s free and open to all. Sign up on

www.guichetdusavoir.org.

New: “catalogue+” now offers an instant reply on www.bm-lyon.fr

+ Gerland Inter-University Library

The City of Lyon has a large and diverse collection of works! In addition to its numerous university libraries, the new Gerland Inter-University Library is an extremely rich resource centre for research and documentation:

5, parvis René Descartes - Lyon 7th district
04 37 37 65 00

Enjoying the cultural

5 3 BOOKSTORES

As a student, you will probably want to go to one of these five general, even classic, bookstores:

FNAC Bellecour

85, rue de la République - Lyon 2nd district

www.fnac.com

FNAC Part-Dieu

Part-Dieu shopping mall

Décitre

www.decitre.fr

6 et 29, place Bellecour - Lyon 2nd district

Gibert

3, quai Gailleton et 6, rue de la Barre - Lyon 2nd district

Librairie Privat

19, place Bellecour - Lyon 2nd district

+ And for a more specialised selection...

Raconte-moi la terre

Travel library par excellence and conference centre
- www.raconte-moi.com

38, rue Thomassin - Lyon 2nd district

Passages bookstore

11, rue de Brest - Lyon 2nd district

La librairie des nouveautés

26, place Bellecour - Lyon 2nd district

A plus d'un titre bookstore

4, Quai de la pêcheirie - 69004 - Lyon

Terre des Livres bookstore

86, rue de Marseille 69007 Lyon

WWW.ZAZIEWEB.COM

Recommended for all bookworms: this site has a schedule of literary events, book selections, reviews etc. In other words, it's the ideal online bookstore.

FOREIGN PRESS

Some stores, especially "Points Relais" shops in train stations and airports, sell magazines and newspapers in several languages. You will also find most of the foreign daily newspapers at newspaper kiosks.

In addition, there are several bookstores that carry foreign press and books: Librairie Decitre (6 Place Bellecour), Fnac (rue de la République, Lyon 2nd district), Flammarion (19 place Bellecour), Virgin (43 rue Edouard Herriot, Lyon 2nd district). The municipal libraries also have foreign-language materials.



6 CULTURAL LIFE AT YOUR EDUCATIONAL INSTITUTION

At each university and at most institutions, there are cultural services whose purpose is to bring you into contact all year long with the cultural life of Lyon in general, and most of all, with culture on your campus, through their active participation. All year round, through these services, you can take dance classes, join a choir or a movie club, stay up-to-date by checking their newsletters and choose shows to see on your campus and in town. vos campus et en ville.

Cultural services of the CROUS in Lyon Saint-Etienne

59, rue de la Madeleine - Lyon 7

Contact : Eric MARTIN - 04 72 80 17 74

eric.martin@crous-lyon.fr

On campus:

- Cultural Services of Lyon 1

Doua Science Park - Astrée Building - Bâtiment Astrée

Manager: Pascal Michalon - 04 72 43 19 11 -

www.univ-lyon1.fr

- Cultural Services of Lyon

Bron Campus

Contact : Patrice Charavel - 04 78 77 23 10 -

www.etu2.univ-lyon2.fr

- Point Culture at Lyon 3

Manufacture des Tabacs Campus

Contact : Christine Durand - 04 78 78 71 68 ou

04 78 78 78 00 - cdurand@univ-lyon3.fr

A FEW WEBSITES FOR INFORMATION ON CULTURE:

www.lyoncampus.org

(all the museums, theatres, cinemas etc.)

www.lyon.voila.fr

(information on culture in Lyon)

www.lyonweb.net

www.alyon.org

(geographical, historical, literary, musical, technical and other types of information)

www.lyon-France.com

(the Tourist Office: sights, guided tours etc.)

www.lyon.webcity.fr

(sorties cinéma, petites annonces, plan de la ville)

www.culture.fr/rhone-alpes

(news on culture in the region)

www.petitpaume.com

(great places to go in Lyon)

CROUS cultural initiatives : 04 72 80 17 74 04 72

80 17 74 www.crous-lyon.fr

...And dial 04 72 10 30 30: Helpline of the City of Lyon, for all kinds of information



Integrating and participating

To take on an active role in student life and make your integration process a positive experience, you can get involved in the life of your university or school, and even of the CROUS, through its governing bodies, culture and associations. There are a large number of associations to join in Lyon, and many opportunities for playing sports. These are all ways of setting down roots to help you integrate into the city quickly.

1	GOVERNING BODIES AND ASSOCIATIONS	68
2	FORUMS FOR DEBATE	73
3	PLACES OF WORSHIP	74
4	PLAYING SPORTS	75



Integrating and participating



1 GOVERNING BODIES AND ASSOCIATIONS

1.1 GOVERNING BODIES

+ At the university

At your educational institution, there are different councils in which you can participate in the decision-making process with the instructors and staff.

At the universities, these councils are, at a minimum, the Board of Governors (CA), the Studies and Academic Life Council (CEVU) and the Scientific Council (CS):

- The CA is organised into finance, logistics, international relations and other types of commissions. It makes decisions regarding general policy and budget matters.
- The CEVU focuses on the organisation of the courses and on educational theory, as well as on improving the living conditions of students. It also participates in managing the educational institution's equipment.
- The CS concerns itself with research.

The students who participate are elected for two or three years, depending on the university. These include student vice presidents (VPE) who are your direct contacts and can transmit your opinion to the decision-making bodies. Here are the current representatives for each university:

Lyon 1 University

- Sciences VPE : Julien Garcia - 04 72 43 19 91 - vpe-sciences@univ-lyon1.fr
- Health VPE: Marc-André Charrel - 04 78 77 75 06 vpe-sante@univ-lyon1.fr

Lyon 2 University

etu.univ-lyon2.fr

VPE contacts: Baptiste Trallero - 04 78 77 43 39

Baptiste.Trallero@univ-lyon2.fr

Chaineze Kabouya - 04 78 77 31 50

Chaineze.Kabouya@univ-lyon2.fr

Lyon 3 University

- VPE - arts, languages and humanities: Sébastien Bobillon (for the AE2L)

- VPE – economics, law and IUT: Jérémie Garcin (for the Corpo Lyon III) 04 78 78 74 67 - vpe@univ-lyon3.fr06

+ At the CROUS

Of the 25 members who sit on the Board of Directors of the CROUS, seven are students elected for two-year terms. During elections, you can vote and choose your representatives. The last elections were held in March 2006. The following students were elected at the CROUS of Lyon Saint-Etienne :

INTER-ASSO:

- 1 Full member: Fabrice SIMONET
Alternate: Ahmed TRABELSI
- 2 Full member: Thomas CORNILLON
Alternate: Diane BERLUCCHI
- 3 Full member: Julien KLEPPING
Alternate: Frédéric LOMBERGET
- 4 Full member: Marine COURTEMANCHE
Alternate: Maité BUBREUIL
- 5 Full member: Jean-Nicolas VALLA
Alternate: Miriam MEDAGHRI

UNEF (French national student union) :

- 1 Full member:

Elsa FERRI-BATTINI / Alternate: Nicolas GOUGAIN

EMF (Muslim Students of France) :

- 1 Full member:

Recep SAMANCI / Alternate: Lamia BOUAERS



They participate in all the commissions and actions of the CROUS alongside representatives of the university, the city, mutual insurance companies and the Office of the Rector. These representatives are mostly from politically active associations, and they are committed to protecting student interests and rights, as well as to upholding the democratic process within institutional bodies. These are either national organisations that incorporate various ideological and political schools of thought, or more local associations stemming from university courses [corpos, BDE and others].

+ In other representative student organisations

UNEF

"The UNEF (French national student union), which is featured at all French universities, is the leading student union in Lyon and in France. It enables students to voice their opinions and to exercise their right to vote on the management of the university's infrastructures: research, the university cafeteria, student housing and discrimination issues." www.unef.fr

- At Lyon 1 University:
Doux Scientific Park, in the association basement building 741
- At Lumière Lyon 2 University:
Bron-Parilly Campus - 5, avenue Pierre Mendès-France - 69676 Bron cedex 11
04 78 77 23 23 (extension 531)

- At Jean Moulin Lyon 3 University:

4, cours Albert Thomas - 69008 Lyon - 04 78 78 78 46
www.uneflyon3.net

FAGE

"In 1989, the student associations founded the Federation of General Student Associations (FAGE). This organisation now has 1,400 member associations grouped together within about thirty city student federations and 11 single-discipline federations. Through the FAGE, student associations get institutional recognition on a national scale and an effective tool to make their voices heard and get organised in the field." www.fage.asso.fr

PDE

"Student Promotion and Defence embodies the independent, apolitical association movement. It represents this movement at a national level by participating in the decision-making process of the various French national institutions of higher education."
www.pde.fr

L'UNI

"The National Inter-university Union is a student movement representing the right wing. The UNI is also present in each university through its elected student representatives."

- Central location: Jean Moulin Lyon 3 University, on the site of the Manufacture des Tabacs – 6, cours Albert Thomas Lyon 8e – 04 78 78 75 40. A new location has been open for a year at the Lumière-Lyon 2 University in Bron.
www.uni.asso.fr - www.droiteuniversitaire.fr

Integrating and participating

1 2 ASSOCIATIONS

+ Your educational institution

- There are a great deal of student associations, of all sorts. You are sure to find one that suits you; simply take a look! There are so many associations that it is difficult to list them all; you can find them on: www.lyoncampus.org/initiatives
- On Welcome Day on the Doua Campus next October, you will find all the active associations at Lyon 1.
- The association village that will be organised at Lyon 2 at the beginning of the academic year will enable you to discover all the associations at Bron and at the "Quais".

70 SESAME

Association Service of the Students' House Lyon 2
Association contact: Farielle SIDHOUM
04 78 77 26 13
Bron Campus - Maison de l'Etudiant
bureau 112

- Note that every higher-education school, regardless of its size, always has a students' office (BDE). Find out more about the activities it offers. From integration days to orientation advice and from party evenings to sporting events and humanitarian actions, you can find every type of association at your institution.
- **FEL**
The Federation of Lyon Students (FEL) features 30 associations. You will find it on all the university campuses, at the higher-education schools (grandes écoles) and the engineering schools. It organises the famous "Bacwinners" gala evening. Its purpose is above all else to support and inform students and to promote involvement in associations. 46, rue Raulin Lyon 7
04 78 61 72 31 / 04 78 72 12 67 lafel@wanadoo.fr

+ Organisations that can guide you in making your choice

• Campus Initiatives

25, rue Jaboulay - 69007 Lyon
04 78 58 51 89

This resource centre is here to help you promote your student initiatives and develop your projects! Find out more on www.lyoncampus.org/initiatives

• Culture-Action

The CROUS offers this programme to support your cultural and other types of projects, in a wide variety of fields: economics, humanitarian, solidarity, citizens' rights, sports, the environment etc. Commissions are held four times a year. Find out more from the CROUS Cultural Services: 04.72.80.1774 and download the application form on www.crous-lyon.fr



• **Espace Associatif du Rhône** (Rhône Association Space)

Immeuble le drapeau

26, rue de la Part-Dieu – 69007 Lyon

04 72 61 71 66

Come here to find advice, information and training on all the issues surrounding the management of associations

+ **A few social and humanitarian associations**

Lyon has a humanistic heritage and is home to many social, humanitarian and solidarity-related associations. You can participate in their projects, work by their sides as a citizen activist and propose your ideas and services to them:

• **AFEV (Association of the Student Foundation for the City)**

www.afev.org

The AFEV aims to involve volunteer students in actions of solidarity towards people in disadvantaged neighbourhoods, to fight the inequality and exclusion that frustrate a large segment of young people. The guidance and educational projects in which students participate are conducted in various fields of public intervention: education, delinquency prevention, social and professional integration, illiteracy, healthcare etc. A wide variety of people are concerned: children or teenagers experiencing problems at school, young people looking for work, gypsies, illiterate people etc.

• **Avenir Santé (Health and the future)**

15, rue Bancel - 69007 Lyon

04 78 58 95 04 ou 06 77 95 10 52

www.avenir-sante.com

An association that works for student health, Avenir Santé strives to improve the health of young people through:

- local actions carried out by other young people who have received specialised training (medical students, paramedical students and others)

- communication campaigns focusing on new themes (cigarette smoking, marijuana use etc.). A lot of students are active in this association and are deeply committed to it.

• **Maison rhodanienne de l'environnement** (County House of the Environment)

32, rue Sainte-Hélène - Lyon 2

04 72 77 19 80

maisonenvironnement69@wanadoo.fr

This is a centre for information, exchange, action and resources related to the environment. It hosts 25 associations and organises many activities on these themes.

• **Habitat et humanisme**

9, rue Mathieu Varille – 69007 Lyon

04 72 71 16 00 - www.habitat-humanisme.com

This association, which involves students in its actions, becomes a sort of footbridge between the economic and social worlds, at the beginning of each academic year. It builds and renovates housing for families in precarious situations and collaborates with various associations

• **Les blouses roses** - Recreation and entertainment in hospitals

17, place Bellecour – 69002 Lyon

04 78 92 90 44 - lesblouses.roses.lyon@free.fr

This association operates at around 15 institutions in Lyon; it is constantly searching for new volunteers. Their function is to go to hospitals once a week to comfort patients and families and give them a taste for life again. Volunteers will be involved by listening, playing, doing manual activities, singing etc. for children, adults and the elderly. For more information, visit

www.annuaire-aas.com

Integrating and participating



- **ATD Quart Monde (ATD Fourth World)**

28, rue de l'Annonciade - 69001 Lyon

04 78 39 34 30 - www.atd-quartmonde.asso.fr

Well known on the national level, ATD Rhône Alpes, the regional delegation of the movement, has had a home since 1980; this is a place for support, discussion and exchange. It organises discussion forums, exhibitions and a popular university where academics and people from the Fourth World can meet and have discussions.

- **Terre d'amitié (Land of friendship)**

17, rue de Gerland – 69007 Lyon

04 78 61 20 07 - www.terredamitie.org

This association, which started in Lyon, collects and sorts medicine, old x-rays and old glasses through chemists', then sends them throughout the world, mainly to Africa.

- **GENEPI** - (Association for prisoner reintegration)

Rhône Alpes regional delegation - Auvergne Lyon
5 bis Place de la Ferrandière – 69003 Lyon

04 72 13 08 65 / 06 12 26 47 18 - www.genepi.fr

The GENEPI works to promote prisoner reintegration into society by developing contact between students in higher education courses and the prison environment.

- **CIEDD**

This is an inter-student commission for sustainable development. Its objective is to create a network between various student initiatives concerning sustainable development and to carry out actions in Lyon to promote this concept.

cieddlyon@yahoo.fr - <http://ddpourtous.free.fr>

- **Handicap International**

The association operates in around forty countries around the world to improve the living conditions of disabled and vulnerable people.

www.handicap-international.org

+ Associations for the defence and respect of human rights

- **Lyon Chair for Human Rights**

Maison des avocats

42, rue Bonnel - 69484 Lyon cedex 03

Contact : Hugo Iannucci, Geneviève Dufour - 04

72 60 60 00 genevieve.dufour@barreau-lyon.com

<http://www.aidh.org/cldh>

Its main objective is to develop all sorts of initiatives (conferences, colloquiums and roundtables) with the aim of fostering debate and research on human rights. To this end, every year the Chair hosts men and women from around the world who are committed to serving human rights.

- **LICRA** (International League against Racism and Anti-Semitism)

1, rue Lavoisier - Lyon 3 - 04 78 95 22 87 -

licra.lyon@laposte.net

www.licra.org

(International League against Racism and Anti-Semitism)

- **Amnesty international**

The main causes of this international association are fighting to free prisoners of conscience, abolishing capital punishment, torture and all other cruel, inhuman and degrading treatments inflicted on prisoners and ending extrajudicial executions and "disappearances".

www.amnesty.asso.fr

- **Association Stop Racisme**

(Lyon region committee of SOS Racisme)

10, rue Lanterne - 69001 Lyon

Tél : 04 78 39 24 44 - Fax : 04 78 30 04 03

stopracisme@chez.com

The purpose of this association is to fight all forms of racism and discrimination.



- **MRAP (Movement against racism and for friendship between peoples)**

Maison Berthy Albrecht

14 place Jules Grandclément - 69100 Villeurbanne

04 72 91 69 49

<http://perso.wanadoo.fr/mrap.rhone/>

- **LDH (Human Rights League)**

5 Place Bellecour – 69001 Lyon

04 78 92 90 60 - www.ldh-france.org - ldh-lyon.entre@voila.fr

The LDH is an association that enables people to get involved in the fight against human rights violations in all areas of civic, political and social life.

- **Lesbian and gay pride of Lyon**

co-forum gay et lesbien

17, rue Romarin – 69001 Lyon

04 78 39 97 72 - <http://fgl.lyon.free.fr/> -

contact@fgllyon.org This Lyon association organises the annual parade in June.

- **INSA exit**

www.exit-lyon.org

Doua Campus- INSA Lyon: centre for homosexual support and discussion.

2 FORUMS FOR DEBATE

Want to learn, express yourself and exchange ideas? Go to cafés and forums! Check the “Agenda Métropole” schedule online, on the Greater Lyon website: www.millenaire3.com. You can also receive it at home. You will find information on the Metropolitan Area of Lyon, its future, the debates it raises, projects under way etc.

+ Conferences

- **CCSTI du Rhône (Rhône Centre for Scientific, Technical and Industrial Culture)**

This centre notably aims to organise encounters and exchanges between the general public and the world of science; to inform about research careers and to highlight innovative work done by laboratories. Pôle Universitaire de Lyon - Quartier Sergent Blandan 37 rue du Repos - 69365 Lyon cedex 07 Phone: 04 37 37 26 86 fax : 04 37 37 26 71 - www.universite-lyon.fr

- **Major Conferences of Lyon**

This series of 5 public conferences, organised by the PUL (Lyon University Network) and the City of

Integrating and participating



Lyon, is open to the general public and hosts internationally-renowned researchers to speak about a variety of themes.

www.universite-lyon.fr

- **FNAC forums**

These are free, open forums in the Bellecour and Part-Dieu stores. They will enable you to discover authors and exhibitions, participate in debates and attend mini-concerts. Check the schedule in FNAC stores, www.fnac.fr, or in "Le Petit Bulletin", a free newspaper with entertainment schedules.

- **La Villa Gillet**

25, rue Chazière Lyon 4 – bus 61 - 04 78 27 02 48 www.villagillet.net. (French/English website) Participate in conferences, shows, seminars and debates at Villa Gillet. This is a forum for art criticism and encounters between artists and thinkers from all geographical horizons (30% of participants are foreign). It is open to everyone and to all contemporary forms of culture: literature, philosophy, the humanities, music, visual arts, performance art etc. It works in partnership with the universities, researchers and cultural actors of the region.

+ Café debates

- **Café de la Cloche**

This is a philosophical café that holds weekly debates on current affairs.

4, rue de la Charité - 2nd district

04 78 37 44 54 - www.cafe-de-la-cloche.org

- **Science and Citizens Café - 1000 et 1 Sciences Association** (at the Café de la Cloche)

Here you will find encounters with the scientific community, for debates on varied scientific themes. On the first Monday of the month, the debate is open to all from 6:45 pm to 8:45 pm, then dinner is served until around 10:30 pm.

- **Le carré 30**

12, rue Pizay - 1st district - 04 78 39 74 61

Every Tuesday, this café hosts either an author for a "Writing Café" or a poet for a "Poetic Café". You will also find a "Psych Café", a "Short Film Café", and the "Carré 30 Philosophy Café". The Carré 30 also features theatre programming.

Carre30@free.fr

- **ISH Luncheons**

14 avenue Berthelot – 69007 Lyon

www.ish-lyon.cnrs.fr

The ISH (Science of Man Institute) features conferences open to the general public on a wide range of themes. Free admission and refreshment. One Friday a month from 12 noon to 2:00 pm at the ISH. – Information and reservations:

Ms. Gallitre (04 72 72 64 64)

or by e-mail: valerie.bernardo@ish-lyon.cnrs.fr

And don't forget that your life as a citizen also begins when you sign up to vote. Find out more from your city hall.

3 PLACES OF WORSHIP

Many religions are represented in Lyon through cultural organisations. A few are listed below. Some of them are ecumenical.

- **Mains Ouvertes (Open arms)**

Part-Dieu Shopping Mall, level 0 (metro) Shop 06 04 78 62 74 10

Open everyday, except Sundays, from 10:00 am to 7:00 pm.

This is an inter-religion association for support, debate and prayer, featuring a library, reference materials and information on the various religions (contacts and places of worship).



+ Various churches

- **Catholic Church**

<http://catholique-lyon.ccf.fr/>

Lyon Diocese - University chaplaincies
2, bd des Tchécoslovaques – 69007 Lyon
04 72 72 07 90

- **Le Cha (Catholic Students' House)**

5, quai Claude Bernard - Lyon 7th district
04 72 71 66 00 - lecha@lecha.net

- **AEE - Chaplaincy for International Students**

69, rue Pasteur - 69007 Lyon
mguillaud@yahoo.fr

- **Anglican Church**

92, rue de Créqui - - Lyon 6th district
04 72 74 96 23 (service in English)
Reverend Martin - www.lyonchurch.org

- **Evangelical Free Church of Lyon**

Lyon Pastoral Association (Protestant
Federation of France) Pastor: Frédéric Sépari
49, rue Louis - Lyon 3 - 04 78 53 21 00

- **APLU'S (Lyon University Protestant Events)**

6, Cours de la Liberté - 04 78 62 30 04
Pastor: Olivier Raoul-Duval
olivier.raoul-duval@protestants.org
<http://www.erfbancel.com>

- **(University Mission)**

44, rue de l'Université - Lyon 7th district
04 72 74 18 37
Pastor: Michel Chiner: michel.chiner@wanadoo.fr

- **Great Mosque of Lyon**

Kamel Kabtane, director of the Great Mosque of
Lyon - 146, bd Pinel - Lyon 8th district
04 78 76 00 23



- **Great Rabbinate and Regional Consistory - Synagogue**

13, quai Tilsitt - Lyon 2nd district - 04 78 37 13 43
Hebrew classes, conferences

- **Jewish chaplain for students: Guy Spingarn**

- **UEJF Lyon (Union of Jewish Students of France)**

8, rue Duhamel - Lyon 2nd district
04 72 77 98 52 - www.uejf.org

- **Buddhist Centre**

220, Grande rue de la Guillotière - 69007 Lyon
04 72 71 96 28 - www.bouddhismelyon.org

75

4 PLAYING SPORTS

4.1 SPORTS AT THE UNIVERSITY

Participating in the activities proposed will improve your skills or introduce you to new sports. It's also a way to meet other students and become part of an association.

La pratique intégrée

Le sport fait partie du cursus de différentes façons : il peut représenter une unité d'enseignement (UE), une partie d'une UE ou des points de bonification pour l'examen. Il existe un service des sports (ou SUAPS) dans chaque université, et le plus souvent un bureau des sports dans les écoles : renseignez vous auprès de votre établissement.

Integrating and participating

Competitive sports

The sports association of each educational institution organises training. Competitions, which are held on Thursdays, are organised by the FFSU (French Federation for University Sport): 43, bd du 11 novembre - 69100 Villeurbanne - 04 72 44 80 89 sport-u-lyon.com

Medical services

Find out more from the social services of the educational institution.

High-level sports

High-level athletes and national and regional hopefuls can have adjusted academic schedules that allow for the demands of training and competition. Certain facilities that are recognised as "Pôle Espoirs" are included on the organisation chart of the Regional Youth and Sports Division.

Student events

Sports associations and the Student Offices organise sporting events all year long.

The 10-Kilometre Race of Lyon

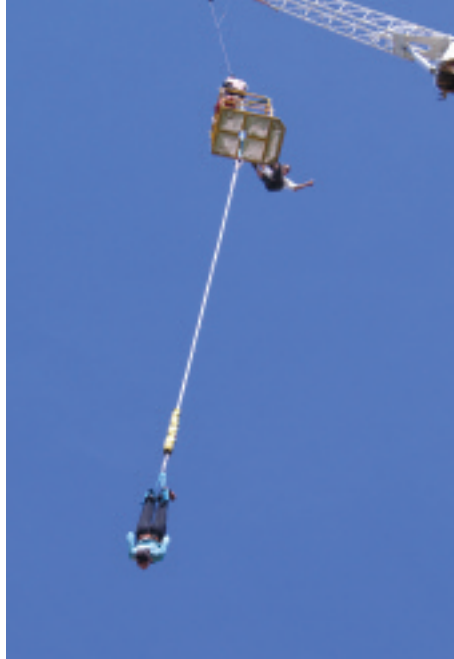
In April, the institutions of higher education participate in the 10-Kilometre Race of Lyon, as part of the Lyon Marathon. Sign up at the sports department of each institution or online, at the PUL website:

www.universite-lyon.frwww.universite-lyon.fr

4 2 SPORTS AND THE CITY

Lyon has no less than 550 sports clubs throughout the town's districts, as well as many open playing fields, 48 gymnasiums, 28 stadiums, 56 sports fields etc.

For more information on Lyon sports clubs, call the city's sports department (04 26 99 63 01), visit the official site of the City of Lyon www.lyon.fr or send an e-mail to sports@mairie-lyon.fr.



To reserve sports facilities: go to the Sports Division of Lyon City Hall
198 avenue Jean Jaurès, Lyon 7th district
Phone: 04 26 99 62 81 / 85

To undergo sports-medicine tests, make an appointment with the "Centre médico-sportif" (Sports medicine centre):
23, rue Félix Brun -1er étage – 69007 Lyon
04 78 58 11 90

+ The major sports facilities of the urban area
Here are a few sports facilities not to be missed:

• Gerland Stadium

This stadium, which is known for hosting the World Football Cup in 1998, can accommodate up to 44,000 spectators for football and rugby matches. Come cheer on our team, Olympique Lyonnais, at Cup Tournament, Championship and even Champion League matches.

Buy your tickets starting at €8 on
0 892 46 1230.

• The Astroballe

This 5,500-seat arena is home to one of the best basketball teams in Europe, the ASVEL. Tickets start at €7.50
Reservations : 04 72 14 16 70



- **Le palais des sports**

350, avenue Jean Jaurès - Lyon 7th district
This facility hosts many sports events, such as the Grand Prix de Tennis de Lyon, but also Indoor Trial, World Championship of Acrobatic Rock 'n Roll Dancing etc. This venue can accommodate up to 6,500 spectators.

- **Charlemagne Ice-skating Rink**

At this rink, you can see ice-skating shows, international and national competitions and ice hockey. From €2.30 to €3.20 with student card.

- **La halle des sports**

91, bd Vivier Merle - Lyon 3rd district
This huge gymnasium features 3 basketball courts that can be converted into 3 tennis courts or 3 volleyball courts and a gymnastics room.

- **Rhône Pool**

Quai Claude Bernard - Lyon 7th district
This is the largest pool in the urban area, with an Olympic pool that measures 50 x 21 metres and another pool that measures 68 x 24 metres. It opened in 1965.

- **Vaise Pool**

50, avenue Sidoine Apollinaire - Lyon 9th district
This pool hosts national and international competitions.

There are lots of other pools in the various districts and in neighbouring towns (pool information: 04 78 60 18 18). The City of Lyon offers discount admission to students at all municipal pools (€2.10).

+ Ski trips

As Lyon is close to the Alps, you can go skiing for one day or a couple of days, without having to worry about organisation, transportation or housing:

- **Skimania**

17, quai Jean Moulin - 69007 Lyon – Info / Reservations on 0821 801 802
www.skimania.com

- **Magic Evasion**

22, quai Fuchiron 69005 Lyon - 04 72 40 92 48
www.magicvasion.com

Rates are around €34 for the day and €100 for weekends. You can even take week-long trips

Good deal: Satobus Alps

There is a daily shuttle service between Lyon-Saint-Exupéry Airport and the main Alps ski resorts all year long. Students get a 25% discount off Satobus rates. Ask for details at the airport or go to www.altibus.com. With Altibus.com you can reserve your trip from train stations to 60 ski resorts in the Alps. Phone: 04 37 25 52 55

+ Sports events in Lyon

- **Grand prix de tennis de Lyon**

October 2006

This is one of the biggest French tennis tournaments, where some of the best players on the planet play against each other

- **Lyon free VTT - September**

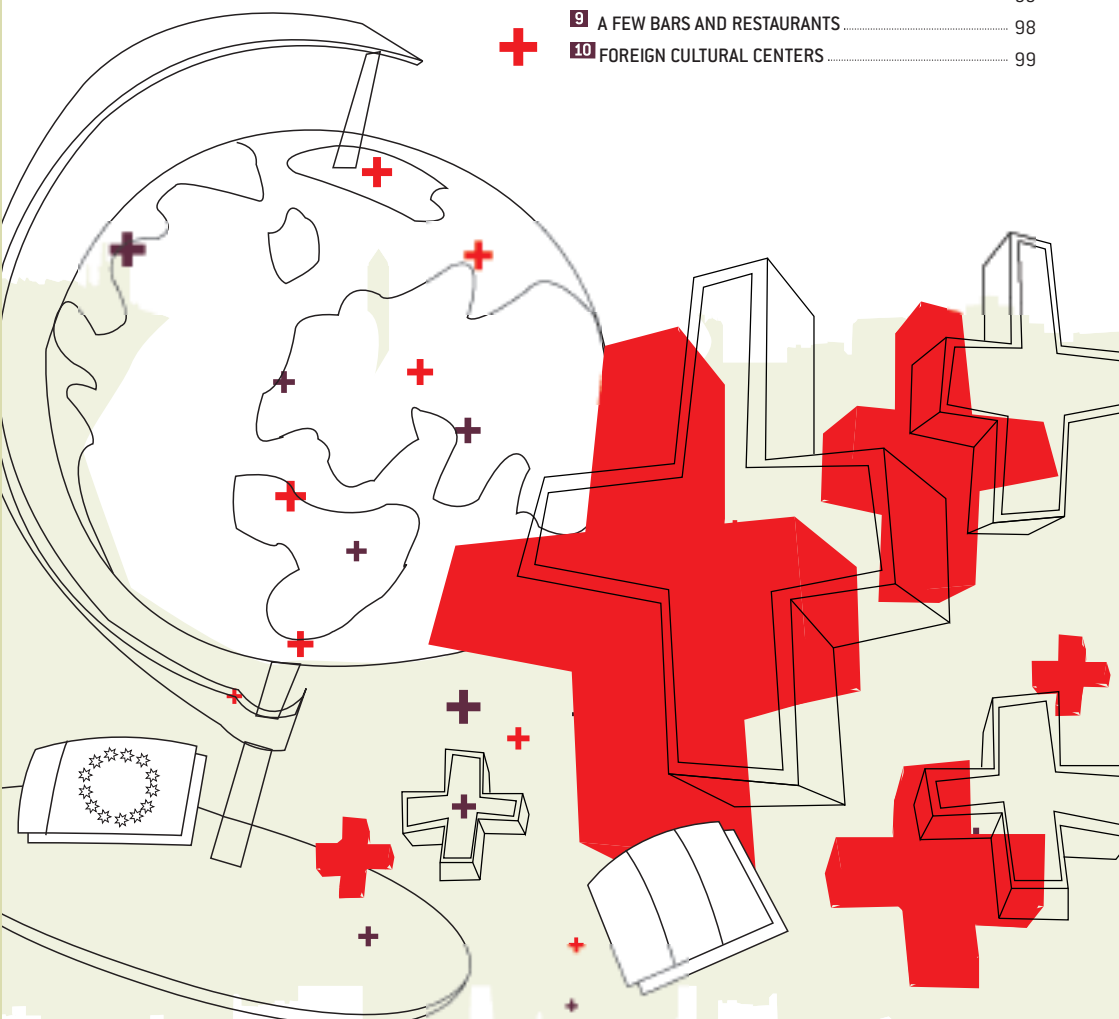
This event, which is open to all, offers mountain bike trails in an exclusively urban setting: 42, 34, 24 or 13 kilometres long. There are trails to suit everyone's tastes and levels. Discover the city like you've never seen it before.

www.lyonfreevtt.com



You are one of the 15,000 students who have come from foreign countries to study in Lyon. Welcome!
The information below is especially for you. It supplements the other sections of the guidebook, to make it easier for you when you arrive, while you are settling in and during your stay in Lyon.

1	THE ADMINISTRATIVE STEPS TO TAKE WHEN YOU ARRIVE	80
2	THE EUROPEAN HIGHER EDUCATION AREA	84
3	IMPROVING YOUR FRENCH IN FRANCE	86
4	GETTING INSURANCE AND HEALTHCARE	88
5	WORKING WHILE YOU STUDY	90
6	BANKS AND MONEY	92
7	EATING	94
8	ASSOCIATIONS TO HELP YOU INTEGRATE	95
9	A FEW BARS AND RESTAURANTS	98
10	FOREIGN CULTURAL CENTERS	99



International students - Find out more



1 THE ADMINISTRATIVE STEPS TO TAKE WHEN YOU ARRIVE

As soon as you arrive in Lyon, you will need to go to the Prefecture to take the necessary steps towards obtaining your student residence permit. Definitive enrolment in your host educational institution will be required to obtain the residence permit. As long as you do things in the right order, the process will go smoothly.

1.1 RESIDENCE PERMIT AND ENROLMENT: THE MAIN STEPS

✚ You will have to get a residence permit if you will be staying in France for more than three months. The long-stay student visa entitles you to a student residence permit, for which you have to apply within three months maximum. The residence permit will be valid until the end of your study programme (one year maximum), but it may be renewed every year.

Helpful hint: if you are a national of the European Economic Area (EEA) (the 25 countries of the European Union, as well as Liechtenstein, Norway and Iceland) or of the Swiss Confederation, you do not need a residence permit. Your valid identity card or passport suffices.

STEP 1: MAKE AN APPOINTMENT AT THE PREFECTURE ONLINE → NOTIFICATION

STEP 2: COMPLETE THE ENROLMENT PROCEDURES AT YOUR EDUCATIONAL INSTITUTION → STUDENT CARD

STEP 3: APPOINTMENT AT THE PREFECTURE → TEMPORARY STUDENT RESIDENCE PERMIT

STEP 1: MAKING AN APPOINTMENT AT THE PREFECTURE ONLINE

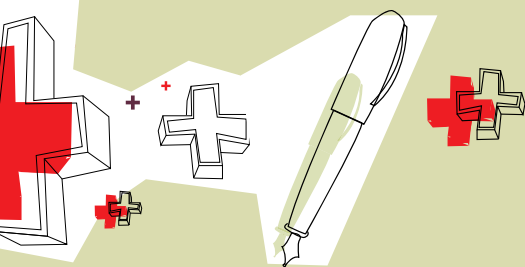
As soon as possible, go to the website of the Prefecture: www.rhone.pref.gouv.fr, click on "titres de séjour des étudiants étrangers : prise de rendez-vous", you will get a notification with a date set for an appointment at the Prefecture to file your application, as well as a list of all the documents you will have to bring to the appointment. The day, time and reception desk number are indicated on the notice.

IMPORTANT: it is not easy to get an appointment quickly. We recommend going to the website of the Prefecture every week. It is extremely important to go to your appointment with a complete application. If you are unable to show up at the appointment, cancel it online and make another one.

STEP 2: COMPLETING ENROLMENT PROCEDURES IN YOUR EDUCATIONAL INSTITUTION

✚ When you arrive in France, you should already be familiar with the details of the enrolment process. If you do not have a notification or an appointment, get in touch with the "Service Scolarité" (Registrar's Office) of your educational institution.

✚ At the universities, the enrolment period runs from July to the end of September. When you enrol, you pay tuition fees, cost-sharing fees, the membership contribution to the student health service and, if you wish, membership fees to join a student mutual health insurance company. This means you should plan to have a means of payment you can use as soon as you arrive in France; it's the key to getting a student card.



✚ As an indication, tuition fees at a public university in 2005/2006 were 156 euros for licence-level (i.e. bachelor-level) courses, 199 euros for master-level courses and 305 euros for doctorate-level courses (fees for some diplomas can be as much as 700 euros). National health service contribution (Sécurité Sociale): 186 euros.

✚ In some cases, you will be required to produce a notice certifying that you have an appointment at the prefecture, or more simply, your student visa. You will get a student card that is valid for the whole academic year. This is what will prove that you are a duly enrolled student at an institution of higher education. It features important information such as payment of enrolment fees, membership with the national health service and registration at the university library. You will need it to take exams, get a job and obtain many discounts.

✚ Documents to provide with the enrolment application

each educational institution makes its own list. Here is a standard list:

- Proof of level of studies reached: original diplomas, certificates or transcripts and their French translations, certified by an official French service.
- If the institution so requests, the score obtained on a French test
- Passport with student visa, identity card for EEA and Swiss Confederation nationals
- 2 certified copies of your birth certificate
- If you have followed the DAP procedure (see below): the record from the DAP application signed by the president of the institution
- If you have a grant from the French government: original and photocopy of the grant certificate
- "Civil liability" insurance certificate



- 2 recent passport photos (bring extras)
- Stamped envelopes
- Means of payment: bank card, cheque, cash

Don't forget to bring the originals of your diplomas!

✚ **Registration for classes** will take place in a second phase, at the office of your institution. Signing up for classes is free; go to the office of the "Unité de Formation et de Recherche" (UFR) in charge of the course. At this time, you will choose your major and minor classes, your work groups and your schedule.

ENROLLING AT THE UNIVERSITY IN FIRST AND SECOND-YEAR COURSES

If you have a foreign secondary school diploma, you have to file a request called a demande d'admission préalable (DAP, or preliminary request for admission), and take a language test.

You can obtain a DAP form between December 15 and January 15 before you come to France, from the university you wish to attend (if you are living outside of France at that time, file it before February 1 with the Cultural Department of the French Embassy).

International students - Find out more



STEP 3: YOUR APPOINTMENT AT THE PREFECTURE TO OBTAIN YOUR RESIDENCE PERMIT

Go to the prefecture on the date and at the time indicated on your notice, with all the necessary paperwork, including originals and photocopies.

“Accueil Etudiants Etrangers”:
97, rue Molière, 69003 Lyon, phone:
04 72 61 60 60

If your file is complete, you will immediately obtain a slip valid for three months certifying that you have applied for a residence permit. Don't hesitate to have your application checked before the appointment (go to the MAEVA office at Lyon 2 University, or the International Information Centre, internationally-oriented associations, the students' office etc.).

Then you will receive a notification to return to the prefecture to pick your residence permit up in person (the wait can vary widely; it is usually between one and three weeks).

Documents to provide: you will have to provide the originals as well as photocopies.

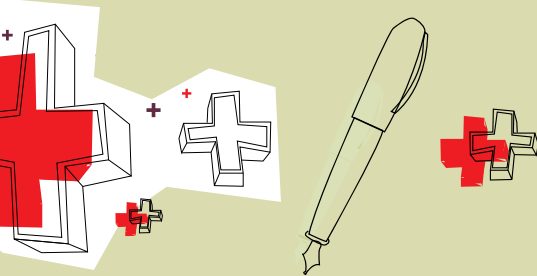
+ If you are applying for a student residence permit for the first time:

- Valid passport with a long-stay student visa stating: “carte de séjour à solliciter dès l'arrivée” (residence permit application to be filed on arrival)
- Certified copy of birth certificate (if you are single) plus a certified copy of your marriage certificate (if you are married), translated into French
- Copy of the study plan that you submitted to obtain the visa
- Student card or school attendance certificate, indicating the year of studies and the subject matter

- Proof of address issued within the last 3 months
- **Proof of sufficient income, which may be:**
 - > A student grant (certificate or notice of transfer)
 - > A bank account showing a balance to last one year, roughly €3,842
 - > Coverage by an individual residing in France:
 - Coverage affidavit from the individual
 - The last three pay slips
 - The individual's last tax notice
 - Photocopy of the individual's ID card or residence permit
 - > Income from a foreign country:
 - Bank attestation indicating an automatic standing order for at least €427 a month, bearing the bank's stamp
 - > A part-time job:
 - Your employment contract, indicating the type and duration of the job held. (Later, you will have to submit, on request, a copy of your first pay slip and of the temporary work permit corresponding to the position held).
- If you are an “au pair”: the placement agreement endorsed by the Direction Départementale du Travail, de l'Emploi et de la Formation Professionnelle DDTEFP (county labour, employment and vocational training division).
- 3 recent passport photos, which must be identical (3x4), front view, without any head covering, against a white background. Photocopied photos are not accepted.

IMPORTANT: your job must pay enough to provide you with the income to meet current legal requirements.

First-time applicants will be summoned by the “Agence Nationale de l'Accueil des Etrangers et des



Migrations" (ANAEM, the National Agency for the Reception of Foreigners and Migration) concerning the medical visit required by law:

ANAEM 7 rue Quivogne - 69002 Lyon

Phone: 04 72 77 15 40 fax : 04 72 77 15 59

VERY IMPORTANT: you will have to provide an excise stamp worth 55 euros when your first temporary student residence permit is issued. The excise stamp required for the ANAEM medical visit is for sale at tobacconists who are authorised to sell excise stamps

+ If you are renewing your residence permit:

- Original passport and photocopies of the identity and validity pages of your passport and of the last residence permit obtained
- Student card or school attendance certificate indicating the subject matter and the year of instruction. Transcripts and definitive scores for the past year. Diploma obtained or certificate of graduation. If you are working on a dissertation, you must submit a statement from your thesis advisor indicating the progress of your work and indicating the expected date of conferral of the doctorate.

If you are a trainee: the three-part (employer /trainee/institution) trainee-period agreement indicating the type, effective duration and unpaid nature of the trainee period.

- The latest scores or the latest diploma obtained
- If your marital status has changed, provide proof of the change
- Proof of address issued within the last 3 months
- Proof of income (around €3,842 for one year or around €427 a month) over the past 12 months, which may be:
 - a bank attestation or bank statements
 - pay slips along with a temporary work permit

- international money transfer notices
- if an individual residing in France is covering your costs:

- > Coverage affidavit from the individual
- > Your last three pay slips
- > Your last tax notice
- > A photocopy of the ID card or residence permit

if you have a student grant: grant certificate for the current year

- for au pairs, if you are extending or renewing the placement agreement:

- > New placement agreement endorsed by the DDTEFP (county labour, employment and vocational training division)

- > Renewed temporary work permit

- 3 recent passport photos, which must be identical [3x4], front view, without any head covering, against a white background. Photocopied photos are not accepted.

- * Medical certificate issued by the ANAEM

DRIVER'S LICENCE

- International students who have a driver's licence issued by an EEA member state can use it in all countries of the European Union, including France, as long as it is valid.
- International students who have a driver's licence issued by a country outside of the EEA are authorised to drive in France with their foreign licence for the whole duration of their studies, if they have a residence permit bearing the indication "student".
- Students remaining in France after completing their studies have one year to make a request to exchange their foreign driver's licence for a French licence. This one-year period is determined from the date on which the residence permit bearing an indication other than "student" was issued.

International students - Find out more

HELPFUL WEBSITES AND CONTACTS

+ The French Ministry of Foreign Affairs publishes on its website, France Diplomatie, a questionnaire to help you check easily if you need a visa to come to France, depending on your nationality and the duration and purpose of your stay in France: www.diplomatie.gouv.fr/venir/visas/index.html

+ The heading "Vos droits et démarches" on the website **Service-Public.fr**

Is a guide for the general public on the rights and required procedures of people living in France. The heading "Etrangers en France" provides information on the entry and stays of foreigners in France. The site features a section that is updated on a regular basis, featuring many frequently asked questions on administrative matters. It also enables you to ask your own question:

www.service-public.fr

+ **SOS NET,**

the legal-assistance website of the association "Droit pour Tous", has a special section on the rights of foreigners:

www.sos-net.eu.org/etrangers/indexetr.htm

+ **The GISTI**

[foreigners' information and support group] provides expertise and advice on regulations concerning foreigners in France. GISTI, 3 Villa Marcès, 75011 Paris:

www.gisti.org

+ **CII** www.universites-lyon.fr

+ **CROUS** www.crous.fr

2 THE EUROPEAN HIGHER EDUCATION AREA

To be awarded a Licence, i.e. a bachelor's degree, the student must earn 180 credits in six semesters, and for a Master's degree the student must earn 120 credits in four semesters after the Licence. Doctorate studies can then be initiated once 300 credits have been earned (180 at the Bachelor level + 120 at the Master level).

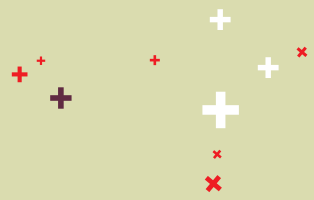
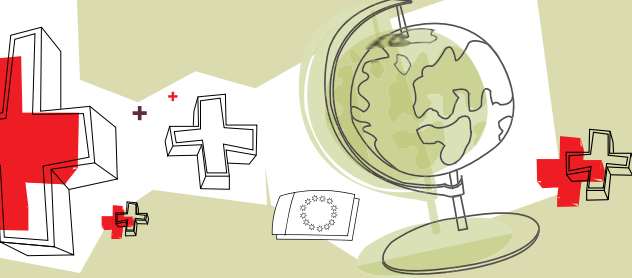
An intermediate degree called a DEUG can be awarded after the first 120 credits of the licence, and an intermediate degree called a Maîtrise may be awarded once the student has earned the first 60 credits of the Master's degree.

+ LEVELS AND CREDITS

To be awarded a Licence, i.e. a bachelor's degree, the student must earn 180 credits in six semesters, and for a Master's degree the student must earn 120 credits in four semesters after the Licence. Doctorate studies can then be initiated once 300 credits have been earned (180 at the Bachelor level + 120 at the Master level). An intermediate degree called a DEUG can be awarded after the first 120 credits of the licence, and an intermediate degree called a Maîtrise may be awarded once the student has earned the first 60 credits of the Master's degree.

+ **The LMD reform (L="Licence", i.e. Bachelor's degree, M=Master's, D=Doctorate),**

aims to facilitate student mobility. For example, a "licence" earned in France will be recognised in Italy. In case of international mobility, a descriptive appendix to the diploma, called a diploma supplement, clearly indicates the knowledge areas and aptitudes acquired during the study programme.



Nearly all higher-education institutions in Lyon have completed implementation of this reform.

For more information on the French system of higher education:

- www.onisep.fr (English and Spanish versions)
- www.egide.asso.fr (English version)
- www.edufrance.fr (many language versions)



International students - Find out more

3 IMPROVING YOUR FRENCH IN FRANCE

Given that most classroom instruction is in French, taking French language classes may be a choice or a necessity.

Indeed, the DAP (preliminary request for admission), which is mandatory for students from countries outside of the EEA wishing to enrol in the first cycle of a French university, includes a French language test. Having the DELF (basic French language diploma) or the DALF (advanced French language diploma), both of which are recognised by the French Ministry of Education, exempts you from taking the test. Furthermore, having a French language diploma can lend credibility to your application for admission to a French university.

International students can take intensive French courses at any level in Lyon, and then take the language tests. If they are duly registered university students, they can also take French courses at the same time, in the non-intensive French language programmes offered by the institution in which they are enrolled.

3.1 CENTRES OF FRENCH AS A FOREIGN LANGUAGE AT THE UNIVERSITY OF LYON

Two institutions of the University of Lyon offer intensive and non-intensive programmes of French as a foreign language at all levels.

Open to all, they offer the possibility of preparing for the DELF and the DALF. These institutions offer packages including everything: welcome services, housing and social and cultural programmes, with the aim of offering high-quality services to their students. INSA of Lyon also offers courses in French as a foreign language, but only to their own students or to groups by special request.

Centre international d'études françaises (CIEF)

<http://cief.univ-lyon2.fr>

Université Lumière-Lyon 2

16, quai Claude-Bernard - 69365 Lyon Cedex 07

Phone: 0 4 78 69 71 35/36

Contact : cief@univ-lyon2.fr

Institut de Langue et de Culture Française (ILCF)

www.ilcf.net

Université Catholique de Lyon

25, rue du Plat - 69288 Lyon Cedex 02

Phone: 0 4 72 32 50 53

Contact : ilcf@univ-catholyon.fr

Usually, three types of programmes are offered:

- Programmes lasting a semester or a year to which students with highly varying levels of French are accepted.
- Intensive courses, which specifically target students with a beginning or advanced level of French. Generally, these sessions last a month and are held in summertime. These courses are preferably for students with short-term plans, i.e. enrolling in a French university. (see table)
- Courses for French teachers

At a glance:

✚ LYON 2/CIEF

Semester courses

Approximate number of participants and cost

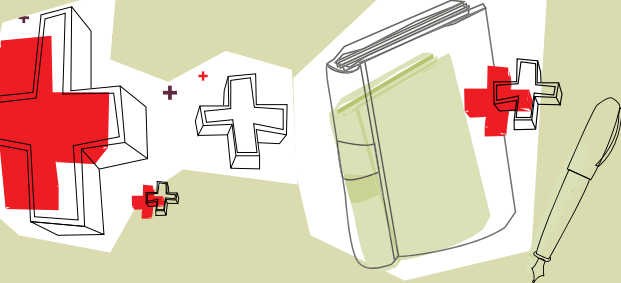
450 students. 12h or 20h/weeks

07/09/05 to 18/01/06

23/01/06 to 09/06/06

Cost for 20h/week for 14 weeks: €1,700

semester language and civilisation courses, yearlong specialty courses (law, political science, economics and literature)



Summer courses – Intensive programmes

Approximate number of participants and cost

300 students

18h to 20h/week

01/07/05 to 22/07/05

01/09/05 to 16/09/05

Cost for 72h: €440

Language and culture courses, specialty courses, pre-university admission courses

+ UCL/ILCF

Semester courses

Approximate number of participants and cost

435 students

16, 19 or 20h/week

17/10/05 to 29/01/06

20/02/06 to 04/06/06

Cost for 20h/week per quarter: €1,196

Month-long, semester and yearlong courses

Summer courses – Intensive programmes

Approximate number of participants and cost 340 étudiants

340 students

16 and 20h/week

Sessions in July, August and September

Cost for 80h : €553

The prices are given as indications (2004-2005)

3 2 OTHER FRENCH LANGUAGE INSTRUCTION INSTITUTIONS

These institutions offer intensive courses lasting a quarter, a semester, or a year, as well as evening classes. They offer courses to prepare you for the DELF and the DALF. Most of them also emphasize the welcome they extend to their students. We recommend getting in touch with the CII to check the full list. Here are a few of them:

Alliance Française de Lyon 11 rue Pierre Bourdan

69003 Lyon - Phone: 04 78 95 24 72

Contact : info@aflyon.org

www.aflyon.org

Institut lyonnais pour la diffusion de la langue et de la culture françaises (ILDIF)

40 rue de Gerland – 69007 Lyon

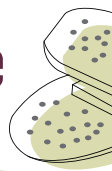
Phone: 0 4 78 69 25 04 - Contact :

secretariat@ildif.com

www.ildif.com



International students - Find out more



3 DIPLOMAS AND PROFICIENCY LEVEL TESTS

The DELF (Basic French Language Diploma) and the DALF (Advanced French Language Diploma) are respectively the basic and advanced French language proficiency diplomas recognised by the French Ministry of Education. Having the DALF exempts you from taking the language proficiency level test when you go through the DAP procedure.

To find out more, take a look at: www.ciep.fr

There are two French language proficiency evaluation tests intended for international students in their country of origin, which are helpful for establishing their level of French proficiency for university admission:

- The French evaluation test (TEF) of the Chamber of Commerce and Industry of Paris (CCIP) www.fda.ccip.fr
- The French proficiency test (TCF) www.ciep.fr

+ The Alliance Française has five French proficiency levels, corresponding to the following certificates and diplomas:

- Practical French Level One Certificate (CEFP1)
- Practical French Level Two Certificate (CEFP2)
- Alliance Française Language Diploma (DL)
- Advanced Modern French Diploma (DS)
- Higher Education French Diploma (DHEF)
- Advanced Commercial French Diploma (DSEC)

+ International students can earn undergraduate degrees (DU) at three levels:

- Certificate of Practical French Level One (CPLF)
- French Studies Diploma (DEF)
- Advanced French Studies Diploma (DSEF)

4 GETTING INSURANCE AND HEALTHCARE

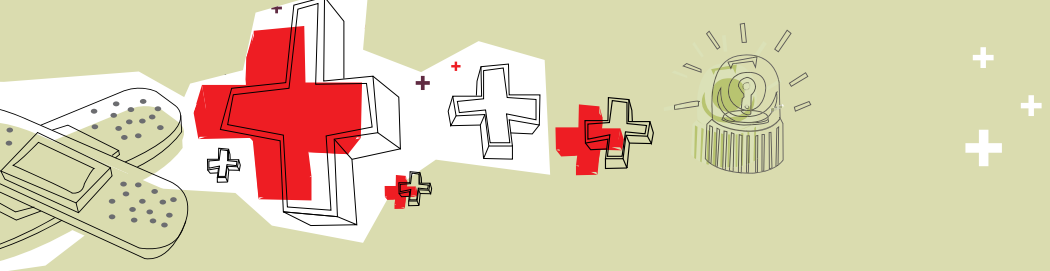
4.1 ACCESS TO THE STUDENT HEALTHCARE SYSTEM

+ International students have access to the student system of the French national health service (Sécurité Sociale) subject to the same conditions as French students: being enrolled in an institution of higher education that enables them to join the student health service, being under 28 years of age and submitting a document or residence permit proving that their stay in France is legal, as well as a certified copy of their birth certificate translated into French (except if it is in English, Italian, Spanish, Portuguese or German). You will sign up with the student health service at the same time as you enrol in your educational institution, in the same way as other students.

+ The following students are exempted from joining the student health service, if they are already insured for the whole academic year in their country of origin:

- students who are nationals of the EEA or of Switzerland, who have a European Health Insurance Card (or a certificate) or a certificate of membership with a private insurance company, with the policy in French, indicating the term of validity. Remember to have your European Health Insurance Card validated in France (by the CPAM (national health service centre) or by your mutual insurance company in order to be entitled to the "tiers payant" system, which exempts you from paying anything up front with certain healthcare providers.
- Monegasque and Quebec students with the official agreement form.

IMPORTANT: in some cases, you are not entitled to the student system of the French national health



service: this is the case if you are enrolled in an institution that does not enable its students to join the student health service [i.e. some centres that provide courses in French as a foreign language], or if you are over 28 years of age.

In this case, you may be entitled to the CMU, which is basic universal health insurance, once you have been in France for three months as a legal resident and as long as you meet the income requirements.

Otherwise, you will be required to take out a personal insurance policy, either before you leave your country of origin or on your arrival:

- Contact the CPAM (national health service centre), which will offer you a personal insurance policy to cover reimbursements for your highest treatment costs (around 1,900 euros). All the addresses of the CPAM centres are listed on: www.lyon.ameli.fr
- The student mutual insurance companies (LMDE and SMERRA) can also offer you insurance, the rates of which may vary from roughly €120 to €650 a year, depending on the guarantees offered (usually appropriate for people staying in France for less than three months).
- Private insurance companies also offer various types of guarantees, at highly variable price and coverage levels. Be careful when taking out this type of policy.

REPATRIATION INSURANCE

If you haven't already done so, it is highly advisable to take out a repatriation insurance policy, in case you have a serious or long-lasting problem. Find out more from your student mutual insurance company.

4.2 THE MANDATORY MEDICAL VISIT

- **A medical visit on arrival is mandatory** for students who are nationals of a country outside of the European Economic Area (EEA) and who

are staying in France for more than 3 months.

- This medical visit is a prerequisite to obtaining the residence permit, which is valid for a renewable period of one year. If you decide to extend your residence permit, you will not have to undergo the medical visit again, except if you have left France in the meantime.
- This medical visit must take place in France; you cannot do it in your country of origin. It is a prevention, check-up and orientation visit. Although no vaccination is required to come to France, three are highly recommended (mandatory for young people under 15 years of age) in France: these are Hepatitis B, Rubella (for young women) and Diphtheria-Tetanus-Polio.
- **In France, the ANAEM (the National Agency for the Reception of Foreigners and Migration) is the organisation that carries out this visit**, and that will contact you for an appointment when you have filed your application at the Prefecture. You won't pay the doctor directly; when you have an appointment at the Prefecture, the 55-euro excise stamp that you have to provide at the Prefecture notably covers the cost of this medical visit.

ANAEM (French national agency for incoming foreigners and migration)

7, rue Quivogne - 69002 Lyon - 04 72 77 15 40

lyon@anaem.social.fr

www.anaem.social.fr

Monday through Friday from 8:30 am to 12:00 noon and from 1:30 pm to 4:30 pm

- **A savoir** : the CPAM (national health service centre) features an "International Relations Group" that manages social and healthcare rights arising from international agreements: 102, rue Masséna - 69471 Lyon cedex 06 04 72 13 87 88- walk-in public: 12, rue d'Aubigny - 69003 Lyon.

International students - Find out more

4.3 IF YOU HAVE TO BE HOSPITALISED

The City of Lyon has a comprehensive hospital infrastructure and top-notch medical teams.

In France, there are several different kinds of hospitals. The quality of the care should be identical everywhere, but the type of hospital you go to affects how much you will be reimbursed. So, except in emergencies, it is better to find out more before being hospitalised.

+ **Public hospitals or regulated (conventionnés) clinics:** 80% of the cost of care is reimbursed the first month, then 100 % after that, if you are hospitalised for an illness. 100% of the cost of surgery is reimbursed.

+ **Private clinics that are approved but not regulated (agrée mais non conventionnés):** roughly 10% of the cost is reimbursed.

If you are hospitalised, either in a public hospital or a private clinic, a flat fee of 10.67 euros per day is required to cover the cost of accommodation. This flat fee is not reimbursed unless you have complementary insurance.

4.4 REIMBURSEMENTS FOR HEALTHCARE COSTS

Claims should be addressed to the CPAM (national health service centre), specifically, to the Groupe Relations Internationales (International Relations Office) - 69907 Lyon cedex 20 - 0 820 90 41 23), or to your student mutual insurance company, who will answer all your questions.

When you make your first refund claim, send or bring in your feuille de soins (claim form) to your mutual insurance company, filled in and signed, along with a RIB (a slip from your bank indicating your personal bank details), a photocopy of your residence permit and, if you have one, a photocopy of your European Health Insurance Card (EHIC).

MEDICATION

In France, pharmacies have a monopoly on the sale of medication. Pharmacists, who have Doctor of Pharmacy degrees, are fully capable of advising you on which medicine to take in any given circumstances.

5 WORKING WHILE YOU STUDY

Employment of foreign students is authorised in France, but it is regulated and requires a temporary work permit (APT). It is normal to want to supplement your income when you are a student, but there is an official limit to the number of hours you can work to ensure that your job does not prevent you from succeeding in your studies in France.

+ **Nationals of the European Economic Area**

Foreign students from member countries of the European Economic Area (EEA) can work during their study programme without having to request a temporary work permit (APT). However, there are restrictive measures for nationals of the member states, with the exception of Cyprus and Malta, that joined the European Union on 1 May 2004. These students must obtain a work permit during the transition period (5 years from 1 May 2004).

+ **Non-nationals of the European Economic Area**

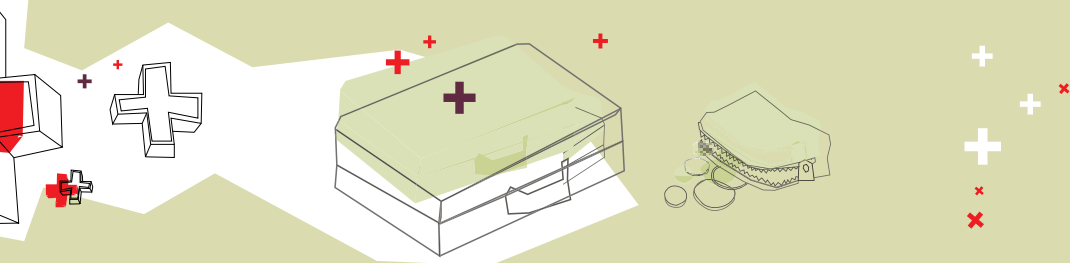
All other foreign students must request a temporary work permit (APT) from the foreign labour department of the county labour, employment and vocational training division (DDTEFP):

• DDTEFP - Service de la main d'œuvre étrangère

8/10, rue Nord - 69100 Villeurbanne
Phone: 04 72 65 57 36 (ou 57 38) (ou 57 66)

EXCEPTIONS

Students who are nationals of the Principalities of Andorra and Monaco are exempted from obtaining a temporary work permit (APT).



+ Requirements:

- being enrolled in an institution that enables its students to belong to the student health system
- not working more than 850 hours in the year, which corresponds to a part-time job during the week (i.e. 16 hours a week) or a full-time job for 3 consecutive months
- signing an employment contract: the contract specifies the qualification, the gross monthly salary or the gross hourly rate, the duration of employment and the days and hours worked.

The APT is issued for a maximum period of 9 months. You can have it renewed by submitting all your pay slips dated as of January 1 of the current year.

+ Documents to submit to the DDTEFP:

- an employment commitment letter signed by the employer, or a promise of employment
- a photocopy of your valid student residence permit or a the slip certifying that you have filed your application (or the notification) from the Rhone Prefecture, as well as photocopies of the pages of your passport that indicate its validity and your identity
- your student card for the current year
- a stamped, self-addressed envelope

IMPORTANT: lthe documents you submit should be in the form of photocopies, but you need to bring the originals as well.

For more information:

www.admifrance.gouv.fr

www.service-public.fr

Fast facts:

> Some institutions, such as those that only offer courses in French as a foreign language, do not enable their students to join the student system of the national health service (find out more from

them). If this is the case, you will not be able to apply for a temporary work permit.

> The legal limit on the number of hours you can work a week is 35, except in certain sectors (i.e. hotels, cafes and restaurants), where higher durations are considered equivalent to 35 hours. Likewise, overtime can increase the number of hours you work.

+ Trainee periods

Students who complete a trainee period during their studies are exempted from getting a temporary work permit (APT) as long as this trainee period is an integral part of their study programme and it is covered by a three-part agreement between the school or university, the student and the host company or administrative body.

However, students who are required to complete a work placement after the end of their study programme (accountants, notaries etc.) in order to obtain their diploma, have to acquire a temporary work permit. In addition to the student card and residence permit, the documents required (originals and photocopies) are the draft employment contract and a statement from the relevant professional organisation (Accountants Guild, Elected Board of the Notary Profession etc.) proving that the work placement is required to earn the degree. In either case, the trainee period may be full-time.



International students - Find out more

+ Grants and aid from the French government

Every year, the French Ministry of Foreign Affairs awards grants to international students through its French Embassies, within the framework of pre-established cooperation programmes. If you have received such a grant, your stay in France will be managed either by the CROUS in Lyon, or by the EGIDE (French centre for international exchange programmes). These two organisations pay grants, help you get settled and make sure that your stay goes smoothly. The CROUS and the EGIDE also manage the stays of students with grants from some foreign governments and other financial backers.

However, you will not be able to apply for a grant from the French government once you are in France.

CROUS (Regional centre for university and school affairs) 59, rue de la Madeleine - 69365 Lyon cedex 07 04 72 80 13 20 - www.crous-lyon.fr

EGIDE (French centre for international exchange programmes)
Délégation Rhône-Alpes - Immeuble Le Brumaire, 42, rue de l'Université 69007 Lyon
04 78 69 28 99 www.egide.asso.fr

A SAVOIR : unlike many other countries, the French state provides substantial indirect aid to all students, by paying the majority of the cost of tuition in the public institutions of higher education, both for French and international students. On average, the real cost is equivalent to 6,000 euros per student, per year.

+ Grants from the Hostater Foundation

These are grants managed by the CROUS for French and foreign students who do not have other grants already, who are in their last year of study and are experiencing major financial difficulties.

6 BANKS AND MONEY

6.1 YOUR BUDGET

Being a student entitles you to discount rates in many areas (accommodation, restaurants, transportation, recreation etc.). Nonetheless, you should make a precise budget of your needs in France.

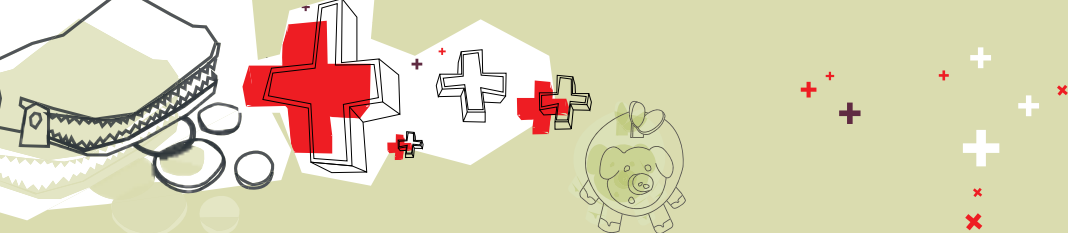
Reckon on at least 600 euros a month to have a reasonable standard of living, and more the first month (more than 800 euros due to the advance expenses for housing). For the record, a minimum income of 430 euros a month is required for the residence permit application.

COST OF LIVING: A FEW EXAMPLES

- Housing: between 200 and 450 euros/month for a room, a studio or a one-bedroom flat.
- Monthly electricity/gas and telephone bills: 55 euros/month on average
- Public transport: 10.50 euros for a book of 10 bus/train/metro tickets (pass/month: 30.60 euros)
- Roundtrip Lyon-Paris TGV (high-speed train) ticket: 60 euros (with 12-25 pass)
- Groceries: around 250 euros/month
- Meal at university cafeteria: 2.70 euros
- Meal at a pizza restaurant (with dessert, without drinks): 12 euros
- Baguette (250 grams): 0.70 euros
- Cinema ticket: 7.50 euros on average

6.2 OPENING A BANK ACCOUNT

Any foreign resident staying in France for more than three months may open a bank account. However, many banks are more reticent in the case of stays under three months. Opening an



account will enable you to have a chequebook and a bank card.

You can request a chequebook and a bank card: they will be sent to you within ten days of opening the account. Chequebooks are usually free. However, bank cards, which are valid for two years, cost between 15 and 45 euros a year, depending on the bank and on the type of card you choose: international or national, debiting your account immediately or debiting deferred to the end of the month.

The two main types of accounts are the checking account, which does not accrue interest, and the savings account, which enables you to make your money grow. You can easily open a savings account for a short-term visit lasting less than three months.

+ Steps to take:

Before your appointment at the bank, organise all the paperwork you'll need to open a bank account:

- A piece of identification (passport, visa, residence permit etc.)
- A proof of address (telephone or electricity bill, rent receipt etc.)
- A certificate of school attendance or a student card (depending on the bank)

+ Business hours:

Most of the time, you will have to go to the bank, either to the counter or the ATM, to carry out your operations. Remote banking services are becoming more common, mainly online, but also over the phone. Banks are usually open Monday through Friday, between 8:00 am and 9:00 am, and they close between 12 noon and 1:30 pm, and in the evening they close at 6:00 pm at the latest. Some are closed on Mondays and most are not open on Saturday afternoons.

BEWARE OF OVERDRAFTS!

They can be very costly: when the balance of the account is negative, the bank charges fees called "agios".

When the account is opened, the bank determines the maximum amount of overdraft that will be tolerated. If this amount is exceeded, you may get your banking privileges suspended, with your chequebook and bank card cancelled.

+ In case of loss or theft

inform your bank as soon as possible, in order to stop payment. You will then need to confirm this procedure in a letter to the bank.

+ To receive money from a foreign country:

Les La Poste offers Western Union services for transferring money very safely and quickly. No account is needed to use this service: the money is paid out in cash to the beneficiary when it is received.

For more information: www.westernunion.com

93

THE EURO

The euro is the single currency used since January 2002 in twelve member states of the European Union: Germany, Austria, Belgium, Spain, Finland, France, Greece, Italy, Ireland, Luxembourg, the Netherlands and Portugal. It facilitates travel between countries and price comparisons.

+ To help you understand the French banking system:

« Les Clés de la Banque »

(free information service for the general public)

<http://www.lesclesdelabanque.com>

International students - Find out more

7 EATING

In France, the country of gastronomy, there is a broad diversity of regional cooking. Each French region has its own special dish, its own cheese (there are supposedly as many different kinds of cheese in France as there are days in the year), and its own wine.

Lyon defends its reputation as the “world capital of gastronomy” through its famous chefs, such as Bocuse. You will be able to taste typical Lyon food (based on cold cuts) and wash it down with wines from the region (Beaujolais and Côte du Rhône) in traditional restaurants called “bouchons” (for a list, go to www.lyonresto.com).

You can also taste cooking from all around the world in ethnic restaurants

THE EATING HABITS OF THE FRENCH

In France, people usually eat three meals a day: breakfast in the morning, lunch around 12 noon or 1:00 pm and dinner around 8:00 pm. Petit déjeuner usually features a hot drink (coffee, tea or hot cocoa) and toast with butter and jam. The midday meal (déjeuner) and the evening meal (dîner) usually feature a starter, a hot dish (meat or fish and vegetables) cheese and a dessert (fruit, pastry, ice cream etc.). The most common drinks at lunchtime and dinnertime are water and wine and sometimes beer. Restaurants do not serve meals between 2:00/3:00 pm and 7:00 pm, except for bars and fast-food restaurants. Many restaurants are closed on Sundays.

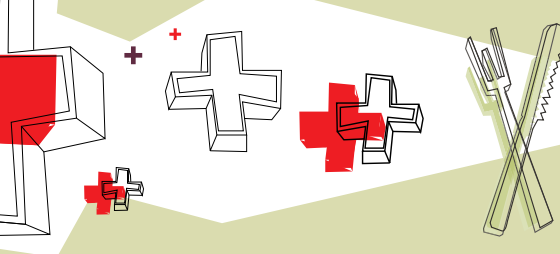
7 1 GROCERY SHOPPING

Superstores (hypermarkets and supermarkets), which feature a huge selection of products, are usually open Monday through Saturday from 9:00 am to 7:00 pm (sometimes later, and now some Sundays in the year). The main inconvenience of these stores is that they are usually located outside of town. You can also order your groceries online and have them delivered within 48 to 72 hours. (websites: Têlêmark, Hôura, Ooshon, etc.).

It is also pleasant to take the time to buy your fresh groceries in the morning at the many markets in Lyon, which are very lively (by quarter, one to several mornings a week) or on Wednesday evenings, on Place Carnot (Lyon 2nd district). You will find all sorts of local products (cheese, cold cuts, vegetables, fruit etc.).

There are also many high-quality small shops: neighbourhood delicatessens, bakeries, caterers and grocery stores, that may be more expensive but that have the advantage of staying open very late at night.





HOME DELIVERY:

you can have dishes, or even whole meals, delivered to your home within an hour of ordering by phone: pizza (around 15 euros for 2 or 3 people) is the most common choice, but you can get food from around the world delivered to your doorstep.

+ In France, “haggling” is not customary. Situations in which you can negotiate prices are rare. However, during the sales (2 periods lasting about 6 weeks in summer and winter), shop owners will offer really good deals!

8 ASSOCIATIONS TO HELP YOU INTEGRATE

In Lyon there are many clubs and associations whose goal is to promote cultural exchanges between French and international students, through diverse and varied activities (happy hours, theme evenings, outings, trips etc.). A lot of them are also dedicated to welcoming and assisting international students just arriving in Lyon.

Here is a non-exhaustive list of some associations oriented towards all international students, or focusing on students from countries with large communities in Lyon. This list is in addition to all the student associations represented on every campus. They have all been chosen for their capability to act locally, to promote encounters and to bring students of different nationalities together.

+ CosmoLyon - www.cosmolyon.com

06 74 48 41 86

This association is part of the network of international associations, called the Erasmus Student Network (ESN). It organises international evenings and events all year round in Lyon. The ESN-CosmoLyon membership card offers a wide

range of advantages and discounts (housing, restaurants, bars etc.). rant, bars...).

+ AEGEE (European Students' Forum) c/o Maison de l'Europe - 18 avenue Félix Faure 69007 - Lyonhttp://aegEE-lyon.org

This is one of the largest interdisciplinary student organisations, which promotes integration and communication between students. They have meetings every Tuesday at 9:00 pm at the bar called “Le Kotopo”. They organise “Tandem” social evenings to help international students meet each other (14, rue Leynaud, Lyon 1st district).

+ Kotopo - International cultural association www.esperanto.org/internacia/kotopo

Membership fee: €2 for the year

14, rue René Leynaud - 69001 Lyon - 04 72 07 75 49

Promoting linguistic and cultural diversity

Debates, exhibitions, conferences, world language courses, encounters

+ Lyon International

Hôtel municipal Major Martin

7, rue Major Martin - 69001 Lyon

Phone: 04 78 30 59 37

www.lyon-international.org

lyon-international@wanadoo.fr

They welcome international 3rd-cycle students and trainees staying in Lyon. They will invite you into the homes of Lyon families (for meals) and they offer a wide variety of events: social evenings, conferences, international buffets (wine and cheese), and tours of Lyon and its surroundings.

+ Fédération des Etudiants Lyonnais (FEL)

The FEL will put you in contact with a large number of associations led by French and international students. Phone : 04 78 61 72 31 -

lafel@wanadoo.fr

International students - Find out more

+ **AECAL** [Association of Students of African Culture of Lyon]

At Lyon II University, the AECAL is an association that is open to all, promoting exchanges between African and Western students (artists, academics etc.) through cultural and scientific events. It assists students with administrative procedures, defends their interests and encourages academic cooperation between France and Third-World countries. Contact : Local sur le Campus de Bron Parilly, 5, avenue Pierre Mendès-France, 69500 Bron 04 78 77 30 18 - <http://assos.aecal.free.fr>

+ **Café international** [Lumière Lyon 2 University]

This initiative enables international and French students to meet each other in a more enjoyable setting than in class, through a monthly meeting on the first Tuesday of each month.

Le Café International - Association ALEL
Maison de l'Etudiant - 5 avenue Pierre Mendès-France - 69676 Bron cedex - <http://cafeinter.free.fr>

+ **EIGLY** [International Students of Greater Lyon] 14, Place Grandclément - 69100 Villeurbanne Phone: 04 72 13 90 02

Etudiants-internationaux.lyon@voila.fr

This association aims to encourage encounters between international students in Lyon (encounters, outings, debates etc.) Membership fee: 5 euros per year.

+ **Sixième Continent**

51, rue saint Michel - Lyon 7e
04 37 28 98 71 / 06 73 10 19 74 -

www.sixiemecontinent.net

This association strives to (re)discover the cultures of the world, from the nearest to the farthest, through multidisciplinary artistic and cultural projects: art, cinema, music, literature, storytelling and conferences. They feature an auditorium and a community bar and they organise the 6th Continent Multidisciplinary Festival. Membership fee: €2 per year.

+ **Maison de l'Europe de Lyon et du Rhône** Pôle européen de Lyon et Rhône-Alpes

18, av. Félix Faure – 69007 Lyon - 04 78 42 42 76
Daniel HULAS (president)

Open all year round Monday through Friday from 9:00 am to 6:00 pm <http://europe-lyon.info>

The House of Europe is a real hub, as it hosts 60 associations with very different aims.

Student membership: €10. Debates are held about European issues (conferences, workshops, seminars etc.). They aim to promote the European Union and provide neutral, objective information. They encourage encounters between members of the EU, organise Europe Month and welcome trainees.

+ **Les Jeunes européens - Lyon**

13, rue de l'arbre sec - 69001 Lyon - 06 67 21 54 21

www.jeunes-europeens.org

The Young Europeans lead activities that aim on the one hand to inform the general public about the construction of Europe, and on the other hand, to promote their vision of Europe.

+ **Association des chercheurs et étudiants chinois** [Association of Chinese researchers and students]

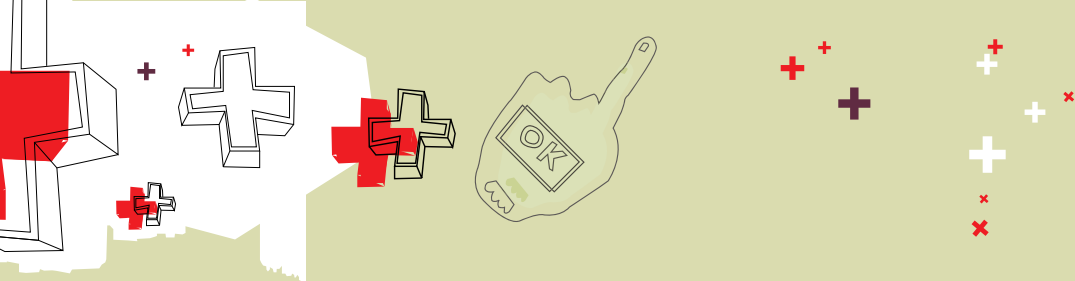
www.xuelian-lyon.com - Contact : Xingyu CHENG
04 78 60 69 91 – 06 23 62 26 86

They welcome Chinese students to Lyon, provide them with assistance for administrative procedures and help them integrate. They organise a social evening in October and a New Year celebration, and they organise an outing around Lyon in June.

+ **Association des Amitiés franco-chinoises** [Association of Franco-Chinese Friendship]

7, rue Major Martin – Lyon 1er - 04 78 40 58 11 -
www.chine-france.com

Provides support and advice to Chinese students arriving in Lyon.



+ France-Canada Lyon Rhône-Alpes Association

7, rue Major Martin – Lyon 1er - 04 78 31 52 82 -
<http://www.niouze.info/france-canada/>

This association essentially focuses on Canadian culture in Lyon.

+ Association des Gabonais de Lyon et ses environs [Association of the Gabonese of Lyon and the Lyon area] (AGLE)

Maison des Associations de Bron - Square Grima
 BP 5 - 69500 Bron

contact : Jacques-Alain Bitsi au 06 60 92 27 82 -
<http://aglyon.free.fr>

They welcome new arrivals, organise sports tournaments, a Christmas Eve party, cultural evenings and conferences. They publish a guide for new arrivals and provide tutoring. Membership fee: €25/year.

+ Centre Japonais de Lyon [Japanese Centre of Lyon]

53, rue Montesquieu - Lyon 7e - Phone/fax : 04 78 69 25 46 - Open on Tuesdays from 3:00 to 6:00 pm. Promotes cultural exchanges between the French and Japanese living in Lyon and its region.

They organise several Franco-Japanese social

evenings from October to June.

<http://japonlyon.online.fr> -Membership fee: €20

+ France-USA Association

www.france-usa.net-04 78 37 97 63 (answering machine). They bring French and American students (and other Americans) together. They organise social evenings for American nationals living in France (Thanksgiving dinner in November, Super Bowl Party in January etc.).soirées pour les ressortissants américains en France (Thanksgiving dinner en novembre, Super Bowl party en janvier, ...)

+ Brasil Para Ti

20, Avenue Albert Einstein – Bât. Centre d'Accueil,
 appt. 1122 - 69621 - Villeurbanne

brasilparati@yahoogroupes.fr

Phone: 06.86.11.36.90

<http://brasilparati.free.fr/>

Membership fee: €3

They welcome Brazilian students to the Rhone region. They help Brazilian families integrate into French life (host families) and they introduce the general public to all aspects of Brazilian civilisation.

International students - Find out more

+ Rassemblement des étudiants tunisiens à Lyon RETAL (Tunisian student association of Lyon)
12, rue Sainte Catherine – Lyon 1er - 06 66 61 67 70
www.retal.org

Nizar Msakni - retal@hotmail.fr

They welcome Tunisian students (and others) to Lyon, assist with administrative procedures and with housing searches. They organise intercultural events, outings, social evenings and trips to Tunisia.

Membership fee: between €10 and €30

+ Centre franco-scandinave (Franco -Scandinavian centre)

7, rue Major Martin – 69001 Lyon - 04 78 27 18 42
cfs@cfslyon.com - www.cfslyon.com

This association brings together people from the Rhone region who are interested in Scandinavia, through cultural exchanges and events focusing on culture and current affairs.

+ Association des Etudiants Libanais de Lyon (AELL) (association of Lebanese students in Lyon)

www.aell.org - info@aell.org

Welcome nights, Lebanese dances, sightseeing outings in the other major cities of France and sports activities. They help students with formalities (administrative procedures, opening bank accounts, housing etc.).

Membership fee: 10 euros

+ AFAL Association France Amérique Latine (France/Latin-America Association)

11, rue Léon Chomel - 69100 Villeurbanne
Tél/fax : 04 78 84 57 70 – Contact : Emilie Boch,
Présidente : 06 83 29 02 51

<http://afalafal.free.fr> - afalafal@voila.fr Open

Thursdays from 7:00 pm to 9:00 pm.

Promotion of Latin-American culture, social evenings (once a month), conferences, movie

screenings, cooking specialities, support of cooperation projects in Latin America etc.

Membership fee: €25/year

THE NIGHT OF STUDENTS OF THE WORLD

On 19 October 2006, the City of Lyon invites 1,500 students from all over the world newly residing in Lyon to come to the Transbordeur to party and meet each other. Information is available in September on the website :

www.lyoncampus.org

9 A FEW BARS AND RESTAURANTS

...that organise events aiming to integrate international students.

+ Red House

2, petite rue de Montplaisir 69008 Lyon
04 78 01 85 67

Located near Lyon 3 University (Manufacture), this bar works in cooperation with the International Relations Department at Lyon 3: they organise social evenings, happy hours and the like to help international students integrate. What's more, as it's a pub, it has a lot of English-speaking patrons.

+ Downunder

12, rue Griffon 69001 Lyon - 04 78 27 35 86

This bar works in cooperation with certain associations, i.e. Cosmolyon, that bring French and international students together: social evenings, happy hours and such.

+ Johnny Walsh's

56, rue Saint Georges 69005 Lyon - 04 78 42 98 76

This is a real Irish pub, full of English speakers!



+ Café du Bout du Monde

3, rue d'Austerlitz 69004 Lyon - 04 72 98 39 08

This is a friendly place where languages cross paths in a relaxing, open-minded atmosphere. Membership card: 2 euros/year

10 FOREIGN CULTURAL CENTRES

Cultural centres have several roles: welcoming international students, giving language courses and sometimes dance classes, promoting the culture of the country, holding exhibitions and conferences etc.

The following list is not exhaustive. For more information, go to the various consulates in Lyon.

+ Institut Goethe / Centre Culturel Allemand :

18, rue François Dauphin 69002 Lyon, 04 78 42 88 27 ou 04 72 77 88 88

+ Institut culturel italien :

45, rue de la Bourse - 69002 Lyon, 04 78 42 13 84

+ Institut de langue et de culture portugaise :

107, rue de Marseille 69007 Lyon, 04 78 93 38 88
www.instituteilcp.net

+ Institut de langue portugaise,

Institut Camoës : Université Lyon 2 - Campus de Bron - 04 78 77 26 30

+ Centre Linguistique franco-russe :

2, rue Therme - 69001 Lyon - 04 72 98 80 00

+ Espace Latino Américain :

4, rue Diderot 69001 Lyon - 04 78 29 82 00

+ Instituto Cervantes :

58, Montée de Choulans, 69005 Lyon
04 78 38 72 41

+ Maison de la culture arménienne :

68, avenue Marcel Cerdan – 69100 Villeurbanne
04 78 26 28 71

+ Centre culturel slave :

1, rue Thomassin 69002 Lyon – 04 78 42 72 54

+ Consulates : Find the full list and the contact details of all the consulates on www.lyon.fr (under the International heading).





Understand abbreviations

AIE : exceptional individualised assistance

AL OR ALS : housing benefit based on social criteria

AME : state medical aid

ANAEM : National Agency for the Reception of Foreigners and Migration

ANPE : national employment agency

APEC : association for the employment of executives

APL : personalised housing benefit

APT : temporary work permit

ASS : social worker

BGE : foreign-government grant holder

BGF : French-government grant holder

BTS : advanced vocational diploma, two years post-Baccalaureate

BU/BIU : university library, interuniversity library

BVE : office for student life

CA : board meeting

CAF : benefits agency

CB : bank card

CDD : fixed-duration work contract

CDI : permanent work contract

CEAM : European Health Insurance Card (EHIC)

CEVU : council for studies and university life

CIDJ : youth information and documentation centre

CII : youth information and documentation centre

CIO : information and guidance centre

CITÉ'U : university residences run by the CROUS

CLLAJ : local committee for youth housing

CMU : universal health insurance cover

CNOUS : national student welfare service

CPAM : National Health Service centre

CPGE : preparatory classes for entrance into the "Grandes Ecoles"

CRIJ : regional center for youth information

CROUS : regional student welfare service

CV : Curriculum Vitae

DALF : advanced diploma of the French language

DAP : prior request for admission

DDTEFP : county work, employment and vocational training division

DEA : diploma of advanced studies (1 year postgraduate)

DELFI : basic diploma of French language studies

DESS : diploma of specialised superior studies (1 year postgraduate, vocational)

DEUG : diploma of general university studies (2 years post-

Baccalaureate)

DEUST : diploma of scientific and technical university studies

DSEO : student social dossier

DU : university diploma

DUT : university technology diploma

ECTS : European Credit Transfer System

EDF : French electricity company

EEE / EEA : European Economic Area

EME : student multi-services area

ETE : temporary student work

FNSU : national federation of university sport

FSU : university solidarity fund

GDF : French gas company

HLM : low rent accommodation (council housing)

IUP : professionalised university institute

IUT : university institute of technology

LMD : Bachelor-Master-Doctorate

LMDE : Complementary health insurance for students

MAEVA : Mission for welcoming students from elsewhere

MPU : university preventive medicine

MST : Master of science

and technology

OFFRA : French office for the protection of refugees and the stateless

ONISEP : National office for information on teaching and professions

OTU : Student Tourist Office

PUL : Lyon University

QCM : multiple choice questions

RESTO'U / RU : university restaurant

RIB : personal banking information

SCUIO : communal university service for information and orientation

SMERRA : complementary health insurance company for students in the Rhone-Alps region

SMIC : minimum wage

SOIE : service for the professional orientation and integration of students

SRI / DRI : international relations service or division

SS : National Health Service

STS : advanced technician department in high school

TD : tutored assignments

TP : practicals

TVA : VAT/value-added tax

UE : course unit